

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

<p>Assembly Room and Exercise Room Open All Day!</p> <p>10:00- Seahawks vs Ravens in the Theater</p> <p>2:00-Movie in the Theater</p>	<p>10:30- Rise & Stretch</p> <p>12:30- Watercolor Painting</p> <p>1:30- Activity Meeting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Ring Toss</p>	<p>DR APPTS</p> <p>10:30-Catholic Mass</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Reading in Memory Care</p>	<p>10:30- Walmart & Fred M</p> <p>10:30- Hot Chocolate Hour</p> <p>12:30-Ginkgo Leaf Butterflies</p> <p>2:00-Movie in the Theater</p> <p>3:00-Group Workout</p>	<p>DR APPTS</p> <p>10:30- Tai Chi</p> <p>1:00- Resident Townhall Meeting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Support Group</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Happy Hour!</p> <p>6:00- Late Night Movie</p>	<p>9:30- Chair Yoga</p> <p>10:30- South Tacoma Antique Mall</p> <p>2:00-Movie in the Theater</p> <p>3:30- Art w/ Savannah</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>10:00- Seahawks vs Ravens in the Theater</p> <p>2:00-Movie in the Theater</p>	<p>10:30- Rise & Stretch</p> <p>12:30- Acrylic Pull Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Paint & Sip</p>	<p>DR APPTS</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour!</p> <p>2:00-Movie in the Theater</p> <p>3:30- New Resident Mixer</p>	<p>10:30- Walmart & Fred M</p> <p>10:30- Ladies Teatime</p> <p>12:30- Pet Treat Making</p> <p>2:00-Movie in the Theater</p> <p>3:00- Group Workout</p>	<p>DR APPTS</p> <p>10:30- Tai Chi</p> <p>10:30-Village Cooking Crew Planning Meeting</p> <p>1:00- Bingo!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Veteran's Group</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Veteran's Social Hour w/ Lisa Hutchins</p> <p>6:00- Late Night Movie</p>	<p>9:30- Chair Yoga</p> <p>10:30- Point Defiance Zoo (Veterans Get in Free)</p> <p>2:00-Movie in the Theater</p> <p>3:30-Art w/ Savannah</p> <p>Veterans Day Remembrance Day (Canada)</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>1:25- Seahawks vs Commanders in the Theater</p> <p>Diwali (Hindi)</p>	<p>10:30- Rise & Stretch</p> <p>12:30- Watercolor Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Beer Pong</p>	<p>DR APPTS</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Reading in Memory Care</p>	<p>10:30- Walmart & Fred M</p> <p>10:30- Village Cooking Crew Prep Day</p> <p>12:30- Soap Making</p> <p>2:00-Movie in the Theater</p> <p>3:00- Group Workout</p>	<p>DR APPTS</p> <p>10:30- Tai Chi</p> <p>10:30- Village Cooking Crew Cooking Day!</p> <p>1:00- Bingo!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Book Club</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Happy Hour!</p> <p>6:00- Late Night Movie</p>	<p>9:30- Chair Yoga</p> <p>10:30-Point Ruston Scenic Drive</p> <p>2:00-Movie in the Theater</p> <p>3:30- Art w/ Savannah</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>1:25- Seahawks vs Rams in the Theater</p>	<p>10:30- Rise & Stretch</p> <p>12:30- Watercolor Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Beer Pong</p>	<p>DR APPTS</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Reading in Memory Care</p>	<p>10:30- Walmart & Fred M</p> <p>10:30- Ladies Teatime</p> <p>12:30- Wreath Making</p> <p>2:00-Movie in the Theater</p> <p>2:30- Group Workout</p> <p>3:00 Live Music</p>	<p>NO DR APPTS</p> <p>9:30- Giving Thanks: Early Morning Social</p> <p>10:30- Silver Sneakers Dance: Motown</p> <p>5:20- Seahawks vs 49ers in the Theater</p> <p>Thanksgiving Day (US)</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Happy Hour!</p> <p>6:00- Late Night Movie</p>	<p>9:30- Chair Yoga</p> <p>10:30- Olive Garden</p> <p>2:00-Movie in the Theater</p> <p>3:30-Art w/ Savannah</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>2:00-Movie in the Theater</p>	<p>10:30- Rise & Stretch</p> <p>12:30- Acrylic Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Paint & Sip</p>	<p>DR APPTS</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Manicure & Hand Massage</p>	<p>10:30- Walmart & Fred M</p> <p>10:30- Quilting</p> <p>1:00- Hot Chocolate Hour w/ Carson Lilley</p> <p>2:00-Movie in the Theater</p> <p>3:00- Group Workout</p>	<p>DR APPTS</p> <p>10:30- Tai Chi</p> <p>1:00- Bingo!</p> <p>2:00-Movie in the Theater</p> <p>3:00- Walking Club</p> <p>5:00- Seahawks vs Cowboys in the Theater</p>		