

December 2023

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>December cont'd 31</p> <p>Meals on Wheels Dec food drive</p> <p>New Year's Eve</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>HAWTHORNE GARDENS Senior Living Community</p>	 <p>Wishing you a wonderful HOLIDAY SEASON</p>	<p>Resident Birthdays</p> <p>Geraldine V. 12/9</p> <p>Ernest Q. 12/19</p> <p>Ronald M. 12/25</p>	<p>🚗 *Outing</p> <p>🦋 Emotional</p> <p>💡 Intellectual</p> <p>↔ Physical</p> <p>🌟 Purposeful</p> <p>👥 Social</p> <p>✝️ Spiritual</p>	<p>Meals on Wheels Dec food drive 1</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>9:30 🚗 Uwajimaya Shopping [SU\$]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:00 🚶 Morning neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>4:00 🌟 Happy Hour [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 2</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🚶 Neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🎁 Holiday Cards for Family and Friends [COMM]</p> <p>2:30 🎬 Movie Day [4LR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p> <p>6:30 🎮 Movie Night [4LR]</p>
<p>Meals on Wheels Dec food drive 3</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🎬 Holiday Movie [4LR]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 4</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>9:30 🚗 St Johns Library [SU]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧠 Brain Health [COMM]</p> <p>1:30 🍳 Holiday Cooking [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 5</p> <p>9:30 🚗 Dollar Store Shopping [SU\$]</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🎬 Holiday Movie [4LR]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 6</p> <p>Spirit Day Holiday Hat</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 🚗 Kennedy School Walk [SU]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🍳 Food Forum Meeting [DR]</p> <p>3:30 🎮 Larry Music [DR]</p> <p>3:30 🎮 Peter's DJ Hour // Music [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Hanukkah Begins</p> <p>Meals on Wheels Dec food drive 7</p> <p>9:30 🚗 Casino [SU\$]</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 8</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>9:30 🚗 Scenic Drive to Park Blocks & Pioneer Square [SU]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:00 🚶 Morning neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🎮 Holiday Craft [COMM]</p> <p>4:00 🌟 Happy Hour [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 9</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🚶 Neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:30 🎬 Movie Day [4LR]</p> <p>3:00 🎤 Karaoke sing along [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p> <p>6:30 🎮 Movie Night [4LR]</p>
<p>Meals on Wheels Dec food drive 10</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 11</p> <p>9:30 🚗 Fred Myer Shopping [SU\$]</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🚶 Room to Room Check-Ins [RtR]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧠 Brain Health [COMM]</p> <p>1:00 🗳 Resident Council Meeting [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 12</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 🚗 Belmont Fire Station Tour [SU]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:00 🎤 Sing Along With Blake [DR]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 13</p> <p>Spirit Day Christmas Sweaters</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 🚗 Papa Hyden [SU\$]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:15 🎮 Karen with the Flute [DR]</p> <p>3:30 🎮 Peter's DJ Hour // Music [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 14</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🍳 Holiday Cooking [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Hanukkah Ends</p> <p>Meals on Wheels Dec food drive 15</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:00 🚶 Morning neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>4:00 🍸 Holiday Cocktail & Cocoa Happy hour [DR]</p> <p>4:00 🎮 Live Music with John Van Beek [DR]</p> <p>6:00 🚗 Peacock Lane Walk Dress Warm [SU]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 16</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🚶 Neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🎮 Holiday Craft [COMM]</p> <p>2:30 🎬 Movie Day [4LR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p> <p>6:30 🎮 Movie Night [4LR]</p>
<p>Meals on Wheels Dec food drive 17</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:30 🎬 Holiday Movie [4LR]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 18</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 🚶 Morning Walk</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧠 Brain Health [COMM]</p> <p>2:00 🗳 The Hunt is on [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 19</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>12:00 🎮 Phil Hall Music Playing [DR]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>5:30 🚗 P.I.R winter Wonderland Drive [SU]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 20</p> <p>Spirit Day Christmas Spirit Dress up</p> <p>9:30 🚗 Burlington Coat Factory Shopping [SU\$]</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:30 🎮 Peter's DJ Hour // Music [COMM]</p> <p>5:30 🎮 Santa is coming!!!! 530p-730p [1FP]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 21</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 🚶 Morning Walk</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 22</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:00 🚶 Morning neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>12:30 🎮 Music With Noel & Dana [DR]</p> <p>4:00 🌟 Happy Hour [DR]</p> <p>5:00 🗳 Holiday Dinner [DR]</p> <p>6:00 🚗 Peacock Lane Drive [SU]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 23</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🚶 Neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:30 🎬 Movie Day [4LR]</p> <p>3:00 🎤 Karaoke sing along [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p> <p>6:30 🎮 Movie Night [4LR]</p>
<p>Christmas Eve 24</p> <p>Meals on Wheels Dec food drive</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🍳 Holiday Creations & Social event with refreshments [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Christmas Day 25</p> <p>Meals on Wheels Dec food drive</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧠 Brain Health [COMM]</p> <p>1:30 🎮 Holiday Song Singing [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 26</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>9:30 🚗 Scenic Drive Milo McIver [SU]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 27</p> <p>Spirit Day Red & Green & Sparkles</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:30 🎮 Peter's DJ Hour // Music [COMM]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 28</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 🚶 Morning Walk</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>3:00 🎮 Bingo [COMM]</p> <p>4:00 🚗 Brodey Business [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 29</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 🚗 Kenton Library [SU]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:00 🚶 Morning neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>4:00 🎮 New Years Happy Hour [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p>	<p>Meals on Wheels Dec food drive 30</p> <p>9:30 🚗 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 ↔ Physical Morning Exercises [COMM]</p> <p>10:00 ↔ Morning Stretching// seated [COMM]</p> <p>10:30 🚶 Neighborhood walk</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:30 🎬 Movie Day [4LR]</p> <p>5:00 🗳 December Birthdays Celebration [DR]</p> <p>6:30 🌟 Evening Exercise - Weights and Bands [COMM]</p> <p>6:30 🎮 Movie Night [4LR]</p>

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