


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>8:45 Shopping Trip 1 10:00 Exercise 10:45 Monday Manicures 1:00 Hot Cocoa and Short stories with Shirley 1:30 Scenic Drive 2:00 BINGO! 3:15 Build a Snowman Dice Game 5:30 Music in the Bistro <small>New Year's Day</small></p>	<p>10:00 Exercise 2 10:45 Movie Matinee: <i>The Sound of Music</i> 11-2:00 Tuesday Lunch Bunch: MOD Pizza 3:00 Help take down and put away decorations. 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 3 10:00 Exercise 10:30 Coffee and News 11:00 Help take down decorations. 1:00 BINGO! 2:00 Bible Church with Danny 3:00 Little Sequoia Store 5:30 Music in the Bistro</p>	<p>10:00 Exercise 4 10:30 Coffee & News 1:00 Help take down and put away decorations. 3:00 Musical Performance: Jim Cockrell 5:30 Music in the Bistro</p>	<p>10:00 Chair Yoga with Deneice Bleha 5 10:30 Coffee & News 1:00 Bible Study with Stephen 1:00 Help take down and put away decorations. 2:00 BINGO! 3:15 Happy Hour with Refreshments 5:30 Music in the Bistro</p>	<p>10:00 Coffee & News 6 1:15 Movie Matinee: <i>The Sandlot</i> 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Open Games (Activity Room) Brain Buster (Front Desk)</p>
<p>10:00 Exercise 10:30 Coffee & News 1:30 Let's Stretch 2:00 Trivia 3:00 Grace Church 3:30 Framed Snowflake Craft 5:30 Music in the Bistro</p>	<p>8:45 Shopping Trip 8 10:00 Exercise 10:45 Monday Manicures 1:00 Hot Cocoa and Short stories with Shirley 1:30 Scenic Drive 2:00 BINGO! 3:15 Sock Snowman Craft 5:30 Music in the Bistro</p>	<p>10:00 Exercise 9 10:45 Movie Matinee: <i>Planet of the Apes</i> 11-2:00 Tuesday Lunch Bunch: Buffalo Wild Wings 2:00 Shell Town Strummers 3:30 Personal Visits 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 10 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:00 BINGO! 3:45 Little Sequoia Store 5:30 Music in the Bistro</p>	<p>10:00 Exercise 11 10:30 Coffee & News 1:30 Let's Stretch 2:00 Cooking Club: Broccoli and Chive Stuffed Mini Peppers. 3:00 Pet Visit with Sitka 5:30 Music in the Bistro</p>	<p>10:00 Chair Yoga with Deneice Bleha 12 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:00 NW Sunshine Band 5:30 Music in the Bistro</p>	<p>10:00 Coffee & News 13 1:15 Movie Matinee: <i>National Treasure</i> 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Open Games (Activity Room) Brain Buster (Front Desk)</p>
<p>Happy Birthday Jose T 14 10:00 Exercise 10:30 Coffee & News 1:30 Let's Stretch 2:00 Rummy Cube 3:00 Grace Church 3:30 Candle Painting 5:30 Music in the Bistro</p>	<p>8:45 Shopping Trip 15 10:00 Exercise 10:45 Monday Manicures 1:00 Hot Cocoa and Short stories with Shirley 1:30 Scenic Drive 2:00 BINGO! 3:15 History of MLK day 5:30 Music in the Bistro <small>Martin Luther King Jr. Day</small></p>	<p>10:00 Exercise 16 10:45 Movie Matinee: <i>Six Black Horses</i> 11-2:00 Tuesday Lunch Bunch: Outback Steak House 3:00 Musical Performance: Joe Lawn 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 17 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 2:00 Bible Church with Danny 5:30 Music in the Bistro</p>	<p>10:00 Exercise 18 10:30 Coffee & News 1:00 Let's Stretch 5:00-6:30 Winter Warm Up Family Night Benefiting the Union Gospel Mission</p>	<p>10:00 Chair Yoga with Deneice Bleha 19 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour with Refreshments 5:30 Music in the Bistro</p>	<p>10:00 Coffee & News 20 1:15 Movie Matinee: <i>One Foot in Hell</i> 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Open Games (Activity Room) Brain Buster (Front Desk)</p>
<p>10:00 Exercise 21 10:30 Coffee & News 1:30 Let's Stretch 2:00 Oh Baby! Trivia 3:00 Grace Church 3:30 Hand and foot card game 5:30 Music in the Bistro <small>Activity Professionals Week</small></p>	<p>8:45 Shopping Trip 22 10:00 Exercise 10:45 Monday Manicures 1:00 Chef Chat with Rich 1:30 Scenic Drive 2:00 BINGO! 3:15 Baking with Shirley 5:30 Music in the Bistro</p>	<p>10:00 Exercise 23 10:45 Movie Matinee: <i>Karate Kid</i> 11-2:00 Tuesday Lunch Bunch: Red Wind Casino 3:30 Let's Talk Activities with Brianna 5:30 Music in the Bistro</p>	<p>Happy Birthday Colleen 24 10:00 Catholic Services (Library) 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 5:30 Music in the Bistro <small>Tu B'Shevat Begins</small></p>	<p>Happy Birthday Phyllis F 25 10:00 Exercise 10:30 Coffee & News 1:30 Safety talk with Brad 2:00 Cooking Club: Homemade Mozzarella Sticks 3:00 Pet Visit with Sitka 5:30 Music in the Bistro</p>	<p>10:00 Chair Yoga with Deneice Bleha 26 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour with Refreshments 5:30 Music in the Bistro <small>Australia Day (Observed)</small></p>	<p>10:00 Coffee & News 27 1:15 Movie Matinee: <i>Down Missouri Way</i> 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Open Games (Activity Room) Brain Buster (Front Desk)</p>
<p>10:00 Exercise 28 10:30 Coffee & News 1:30 Let's Stretch 2:00 Yahtzee 3:00 Grace Church 3:30 Painted Bubbles Craft 5:30 Music in the Bistro</p>	<p>8:45 Shopping Trip 29 10:00 Exercise 10:45 Monday Manicures 1:00 Hot Cocoa and Short stories with Shirley 1:30 Scenic Drive 2:00 BINGO! 3:15 Ping Pong Tealight Craft 5:30 Music in the Bistro</p>	<p>10:00 Exercise 30 10:45 Movie Matinee: <i>Titanic</i> 11-2:00 Tuesday Lunch Bunch: Cheesecake factory 3:30 Personal Visits 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 31 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:00 BINGO! 3:45 Little Sequoia Store 5:30 Music in the Bistro</p>	<h1>January 2024</h1> <p><i>Happy New Year!</i></p>		