

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

<p>Assembly Room and Exercise Room Open All Day!</p> <p>2:00-Movie in the Theater</p>	<p>9:00- Coffee & Tunes</p> <p>10:30- Morning One-on-Ones</p> <p>12:30- Painting with Coffee</p> <p>2:00-Movie in the Theater</p> <p>3:00-Pictionary</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Catholic Mass</p> <p>10:30- Qi Gong</p> <p>12:30- Jeopardy</p> <p>2:00-Movie in the Theater</p> <p>3:00- Holiday Redecorating</p> <p>3:30-Book Club</p>	<p>9:30- Hot Chocolate Hour</p> <p>10:30- Errands Run</p> <p>10:30- Group Weights Workout</p> <p>12:00- Soap Making</p> <p>2:00-Movie in the Theater</p> <p>2:30- Poker w/ Justin</p> <p>3:00- Afternoon One-on-One</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Tai Chi</p> <p>1:00- Resident Townhall</p> <p>2:00-Movie in the Theater</p> <p>2:30- Cards Club</p> <p>3:00- Tech Support w/Robert</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Happy Hour</p> <p>6:00- Late Night Movie</p> <p>Groundhog Day</p>	<p>9:30- Chair Yoga</p> <p>10:30- Lakewood Town Center</p> <p>2:00-Movie in the Theater</p> <p>3:00- Music Therapy w/ Justin in Memory Care</p> <p>3:30-Art & Social w/ Savannah</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>2:00-Movie in the Theater</p> <p>5:30- Superbowl Party</p>	<p>9:00- Coffee & Tunes</p> <p>10:30- Morning One-on-Ones</p> <p>12:30- Watercolor Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00-Monopoly</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour</p> <p>2:00-Movie in the Theater</p> <p>3:00- Mardi Gras Social in Memory Care</p> <p>3:30-Support Group</p> <p>Mardi Gras</p>	<p>9:30- Tea & Talk Time</p> <p>10:30- Errands Run</p> <p>10:30- Cooking Crew: Prep Day</p> <p>1:00- V-Day Crafts & Snacks</p> <p>2:00-Movie in the Theater</p> <p>2:30- Poker w/ Justin</p> <p>3:00- Valentines Day Soiree</p> <p>Valentine's Day</p>	<p>DR APPTS</p> <p>9:30-Morning Meditation</p> <p>10:30- Cooking Crew: Cooking Day!</p> <p>10:30- Tai Chi</p> <p>1:00- Bingo</p> <p>2:00-Movie in the Theater</p> <p>2:30- Cards Club</p> <p>3:00- Tech Support w/Robert</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Happy Hour</p> <p>6:00- Late Night Movie</p>	<p>9:30- Chair Yoga</p> <p>10:30-Fort Nisqually Living History Museum (\$)</p> <p>2:00-Movie in the Theater</p> <p>3:00- Music Therapy w/ Justin in Memory Care</p> <p>3:30-Art & Social w/ Savannah</p> <p>Chinese New Year (Year of the Dragon)</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>2:00-Movie in the Theater</p>	<p>9:00- Coffee & Tunes</p> <p>10:30- Morning One-on-Ones</p> <p>12:30-Acrylic Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00-Spy Alley</p> <p>Presidents' Day</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Qi Gong</p> <p>1:00- Carson Lilley</p> <p>2:00-Movie in the Theater</p> <p>3:00- Reading in Memory Care</p> <p>3:30- New Resident Mixer</p>	<p>9:30- Hot Chocolate Hour</p> <p>10:30- Errands Run</p> <p>10:30- Group Weights Workout</p> <p>12:00- Quilting</p> <p>2:00-Movie in the Theater</p> <p>2:30- Poker w/ Justin</p> <p>3:00- Afternoon One-on-One</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Tai Chi</p> <p>1:00- Karaoke!</p> <p>2:00-Movie in the Theater</p> <p>2:30- Cards Club</p> <p>3:00- Tech Support w/Robert</p>	<p>10:30- Errands Run</p> <p>10:30- Coffee Hour</p> <p>1:00- Flower Arranging</p> <p>2:00-Movie in the Theater</p> <p>3:30- Happy Hour</p> <p>6:00- Late Night Movie</p>	<p>9:30- Chair Yoga</p> <p>11:00-Dickey's BBQ (\$)</p> <p>2:00-Movie in the Theater</p> <p>3:00- Music Therapy w/ Justin in Memory Care</p> <p>3:30-Art & Social w/ Savannah</p>
<p>Assembly Room and Exercise Room Open All Day!</p> <p>2:00-Movie in the Theater</p>	<p>9:00- Coffee & Tunes</p> <p>10:30- Morning One-on-Ones</p> <p>12:30-Dot Painting</p> <p>2:00-Movie in the Theater</p> <p>3:00- Battleship</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Qi Gong</p> <p>12:30- Trivia Hour</p> <p>2:00-Movie in the Theater</p> <p>3:00-Manicure & Hand Massage</p>	<p>9:30- Tea & Talk Time</p> <p>10:30- Errands Run</p> <p>10:30- Group Weights Workout</p> <p>1:00- Red & Wild Friends & Family Event</p> <p>2:00-Movie in the Theater</p> <p>2:30- Poker w/ Justin</p> <p>3:00- Afternoon One-on-One</p>	<p>DR APPTS</p> <p>9:30- Morning Meditation</p> <p>10:30- Tai Chi</p> <p>1:00 Scams/Fraud/Identity Theft Seminar</p> <p>2:00-Movie in the Theater</p> <p>2:30- Cards Club</p> <p>3:00- Tech Support w/Robert</p>	<p>*For Saturday outings please bring your own money</p> <p>Entry tickets for the Fort Nisqually Museum are as follows:</p> <p>Adult (18-64) \$13.50</p> <p>Active Military/Senior (65+) \$12.50</p> <p>* Clubs are predominately resident led</p>	