Cunday	Manaday	Total	Wednesday	Thursday	Friday	Caturday
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Exercise <b>7</b>	8:45 Shopping Trip 10:00 Exercise 10:45 Monday Manicures 1:00 Histories Biggest Pranks and Pranksters 1:30 Scenic Drive 2:00 BINGO! 3:15 Hydrangea Craft 6:40 MLB: Mariners vs. Guardians All Fools' Day 8:45 Shopping Trip	10:45 Movie Matinee:  The Sound of Music  11-2:00 Tuesday Lunch Bunch:  Denny's  3:00 Personal Visits 6:40 MLB: Mariners vs.  Guardians	(Library) 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 2:00 Bible Church with Danny 3:45 Personal Visits 5:10 MLB: Blue Jays vs. Astros	10:00 Exercise 10:30 Coffee & News 1:30 Decorate for the Season 2:00 Garden Club 3:00 Did you Know: <i>Bill Moyers: Genesis, A Living Conversation</i> 3:15 Pet Visits with Sitka 5:30 Music in the Bistro	2:00 BINGO!	1:15 Movie Matinee:  Blackfish 3:00 Pokeno with Holly & Heather 5:10 MLB Giants vs. Padres  All Day/Resident Led Open Games (Activity Room) Brain Buster (Front Desk)
10:30 Coffee & News 11:00 Little Sequoia Store 1:30 Let's Stretch 2:00 Sock Bunny Craft 3:00 Grace Church 3:30 Come Play <i>Outburst</i> 4:10 MLB: Astros vs. Rangers	10:00 Exercise 10:45 Monday Manicures 1:00 Do you Know your Neighbor Game 1:30 Scenic Drive 2:00 BINGO! 3:15 Pinwheel Craft 4:00 MLB: Mariners vs. Blue Javs	10:45 Movie Matinee:  The Secret Life of Bees 11-2:00 Tuesday Lunch Bunch: Happy Teriyaki 3:00 Vocalist: Susan Markcity 5:00 MLB: Athletics vs. Rangers	(Library) 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 3:45 Personal Visits 5:00 MLB: Athletics vs. Rangers	10:30 Coffee & News 1:30 Walking Club 2:00 Garden Club 3:00 Did you Know: Bill Moyers: Genesis, A Living Conversation 3:15 Pet Visits with Sitka 5:30 Music in the Bistro	Bleha 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:00 Spring Play Performed by Readers Theater 6:40 MLB: Cubs vs. Mariners	1:15 Movie Matinee:  The Real Charlie Chaplin 3:00 Pokeno with Holly & Heather 6:40 MLB: Cubs vs. Mariners  All Day/Resident Led Open Games (Activity Room) Brain Buster (Front Desk)
10:30 Coffee & News 11:00 Little Sequoia Store 1:30 Let's Stretch 2:00 Looking Up at The Trees Craft 3:00 Grace Church 3:30 Come Play <i>Three-peat</i>	Happy Birthday Dennis B. & 15 Maxine L. 8:45 Shopping Trip 10:00 Exercise 10:45 Monday Manicures 1:00 Come Play ABC-it word Game 1:30 Scenic Drive 2:00 BINGO! 3:15 Rummikub 6:30 MLB: Reds vs. Mariners	10:45 Movie Matinee:  Seabiscuit  11-2:00 Tuesday Lunch Bunch:  IHOP  3:00 Musical Performance by  Joe Lawn  6:40 MLB: Cardinals vs.	(Library) 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 2:00 Bible Church with Danny 3:45 Fresh Flower Arranging 4:10 MLB: Guardians vs Red Sox	10:30 Coffee & News 1:00 Walking Club  All Day/Resident Led Open Games (Activity Room) Brain Buster (Front Desk)	10:00 Chair Yoga with Deniece Bleha 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour with Refreshments 5:40 MLB: Mariners vs Rockies	1:15 Movie Matinee:  The Regans 3:00 Pokeno with Holly & Heather 5:10 MLB: Mariners vs Rockies All Day/Resident Led Open Games (Activity Room) Brain Buster (Front Desk)
10:00 Exercise 10:30 Coffee & News 11:00 Little Sequoia Store 1:30 Let's Stretch 2:00 Celebrating Passover Discussion 3:00 Grace Church 3:30 Thank You Cards to Administrative Staff 5:30 Music in the Bistro	10:00 Exercise 10:45 Monday Manicures 1:00 Celebrating Earth Day Discussion 1:30 Scenic Drive 2:00 BINGO! 3:15 Handprint Lilly Craft 6:45 MLB: Mets ys Padres Earth Day	10:45 Movie Matinee:  The Bridges of Madison County 11-2:00 Tuesday Lunch Bunch: Farrelli's Pizza 3:00 Personal Visits 5:00 MLB: Mariners vs. Rangers	(Library) 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 5:00 MLB: Mariners vs. Rangers	10:00 Exercise 10:30 Coffee & News 1:30 Safety talk with Brad 2:00 Resident Council 3:00 Did you Know: <i>Bill</i>	Happy Birthday Sally B. 10:00 Chair Yoga with Deniece Bleha 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour with Refreshments 6:40 MLB: Diamondbacks vs.	10:00 Coffee & News 1:15 Movie Matinee: The Beatles: Eight Days a week 3:00 Pokeno with Holly & Heather 6:40 MLB: Diamondbacks vs. Mariners All Day/Resident Led Open Games (Activity Room) Brain Buster (Front Desk)
10:30 Coffee & News 11:00 Little Sequoia Store 1:30 Let's Stretch 2:00 Hand and Foot Card Game 3:00 Grace Church 3:30 Painted Mugs craft	10:00 Exercise 10:45 Monday Manicures 1:00 Come Play <i>Yahtzee</i> 1:30 Scenic Drive 2:00 BINGO!	10:00 Exercise 10:45 Movie Matinee: Bringing Up Baby 11-2:00 Tuesday Lunch Bunch: Red Robin 3:00 personal Visits 6:40 MLB: Braves vs. Mariners		Apri	1 202	4

The Sequoia Assisted Living Community 825 Lilly RD NE Olympia WA 98506 P: 360-491-0491 F: 360-491-2709 bkrona@thesequoia-olympia.com (Activities subject to change)