## OCTOBER 2024 LIFE ENRICHMENT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
QUEEN ANNE Manor	Dining Room (DR) Lobby (L)	Viewing (BO)  1:00pm The Benefits of (ACT)  3:00pm Armchair Travel (ACT)  6:30pm Movie Date (TH)	Conversation (L)  11:00am Tai Chi with Walter (DR)  1:00pm Laughing Legend's Comedy Hour (ACT)  3:30pm Wine Down Wednesday (ACT)  6:30pm Movie Date (TH)	(DR) 1:00pm National Nordic  Museum (BO) 3:00pm History Hour (ACT) 6:30pm Movie Night (TH)	3:30pm Afternoon Stretches (ACT)	10:00am Skagit Valley Festival 5 of Family Farming (BO) 1:00pm Walking Club (L) 3:30pm Parlor games with Walter (L) 6:30pm Movie Date (TH)
11:00am Sunday Worship with Ariana (ACT) 1:00pm Zumba with Ariana (ACT)	1:30pm Crafty Creator's Club (ACT)	1:00pm The Benefits of (ACT)  3:00pm Armchair Travel (ACT) 6:30pm Movie Date (TH)	Conversation (L)  11:00am Tai Chi with Walter (DR)  1:00pm Laughing Legend's Comedy Hour (ACT)  3:30pm Wine Down Wednesday (ACT)  6:30pm Movie Date (TH)	(DR) 1:00pm Thrifting Haul (Redmond Goodwill) (BO)  3:00pm History Hour (ACT)	with Walter (ACT)  1:00pm Scenic Drive (BO)  1:00pm History Hour (ACT)  3:30pm Afternoon Stretches	9:00am Fred Meyers (BO) 11:30am Gentleman's Special Lunch Out (L) 3:30pm Parlor games with Walter (L) 6:30pm Movie Date (TH)
1:00pm Zumba with Ariana (ACT)	Manicures (ACT)  1:30pm Crafty Creator's Club  (ACT)	3:00pm Armchair Travel (ACT) 6:30pm Movie Date (TH)	Conversation (L)  11:00am Tai Chi with Walter (DR)  1:00pm Laughing Legend's Comedy Hour (ACT)  3:30pm Wine Down Wednesday (ACT)	(DR) 2:00pm Chef Demo with Ness (ACT) 3:00pm History Hour (ACT) 3:30pm Ivar's Mukilteo Landing	with Walter (ACT)  1:00pm Scenic Drive (BO)	10:00am Fred Meyers (BO) 2:00pm Old Hollywood Gala with Cordelia! (DR) 6:30pm Movie Date (TH)
(ACT)  11:00am Sunday Worship with Ariana (ACT)  1:00pm Zumba with Ariana	Manicures (ACT)  1:30pm Crafty Creator's Club  (ACT)	3:00pm Armchair Travel (ACT) 6:30pm Movie Date (TH)	Comedy Hour (ACT)  2:30pm Activities Meeting with Nicole and Walter (ACT)	(DR)  1:00pm Pumpkin Patch (O)  3:00pm History Hour (ACT)  6:30pm Movie Night (TH)	with Walter (ACT)  1:00pm Scenic Drive (BO)  1:00pm History Hour (ACT)  3:30pm Afternoon Stretches (ACT)  6:30pm Movie Date (TH)	1:00pm Weighted Walks with Walter (ACT)  1:45pm John Waring at the Piano (DR)  3:30pm Parlor games with Walter (L)  6:30pm Movie Date (TH)
1:00pm Zumba with Ariana (ACT) 3:00pm Revelations in film (ACT)	arrive! 10:00am Music and Manicures (ACT) 1:30pm Crafty Creator's Club	(ACT)  1:00pm House Plants with Shannon (ACT)  3:00pm Armchair Travel (ACT)  6:30pm Movie Date (TH)	10:00am Coffee and Conversation (L)  11:00am Tai Chi with Walter (DR)  1:00pm Laughing Legend's Comedy Hour (ACT)  3:30pm Wine Down Wednesday (ACT)  6:30pm Movie Date (TH)	4:00pm Family and Friend's Spooky Neighborhood		