MC

NOVEMBER 2024

Meeting Places

- 2 F 2nd Floor
- ACT Activity Room
- Cin Cinema
- Din Dining Room
- Lo Lounge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					01 9:00 Reading Newspaper & Coffee Chat ACT 9:30 Scenic Drive ACT 10:00 Morning Exercise ACT 10:30 Building with Legos ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 3:00 Fun & Games ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**02** 9:00 Coffee Chat w/ Owen ACT 10:00 Morning Exercise ACT 10:30 Sing Along ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 2:00 Science Lab ACT 3:00 Yard Games ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT
03 9:00 Bible Study ACT 10:00 Morning Exercise ACT 10:30 Chair Dancing to 50's Music ACT 10:30 Travel Destinations ACT 11:30 Lunch & Music Din 1:30 Fun and Games ACT 3:00 Arts & Crafts 2 F 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**04** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Exercise & Meditation ACT 10:30 Remember When... ACT 11:30 Lunch & Music Din 1:30 Science Lab ACT 3:00 Nail Spa ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**05** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Chair Dancing to 50's Music ACT 11:30 Lunch & Music Din 1:30 Short Stories & Tea ACT 3:00 Arts & Crafts 2 F 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**06** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Rhythm Wednesdays ACT 10:30 Parkinson's Support Group Cin 10:30 Remember When... ACT 11:30 Lunch & Music Din 1:30 Classic Movie & Pop Corn ACT 2:45 Fresh Baked Cookies ACT 3:00 Sing Along w/ John Adams ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**07** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Chair Dancing to 50's Music ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 3:00 Tea & Cookies 2 F 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**08** 9:00 Reading Newspaper & Coffee Chat ACT 9:30 Scenic Drive ACT 10:00 Morning Exercise ACT 10:30 Building with Legos ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 3:00 Fun & Games ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**09** 9:00 Coffee Chat w/ Owen ACT 10:00 Morning Exercise ACT 10:30 Sing Along ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 2:00 Science Lab ACT 3:00 Yard Games ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT
10 9:00 Bible Study ACT 10:00 Morning Exercise ACT 10:30 Chair Dancing to 50's Music ACT 10:30 Travel Destinations ACT 11:30 Lunch & Music Din 1:30 Fun and Games ACT 3:00 Arts & Crafts 2 F 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**11** Veterans Day 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Exercise & Meditation ACT 10:30 Remember When... ACT 11:00 Honoring Our Veterans Lo 11:30 Lunch & Music Din 1:30 Science Lab ACT 3:00 Nail Spa ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**12** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Chair Dancing to 50's Music ACT 11:30 Lunch & Music Din 1:30 Short Stories & Tea ACT 3:00 Arts & Crafts 2 F 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**13** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Rhythm Wednesdays ACT 10:30 Remember When... ACT 11:30 Lunch & Music Din 1:30 Classic Movie & Pop Corn ACT 2:45 Fresh Baked Cookies ACT 3:00 Sing Along w/ John Adams ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**14** 9:00 Reading Newspaper & Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Chair Dancing to 50's Music ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 3:00 Tea & Cookies 2 F 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**15** 9:00 Reading Newspaper & Coffee Chat ACT 9:30 Scenic Drive ACT 10:00 Morning Exercise ACT 10:30 Building with Legos ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 3:00 Fun & Games ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	**16** 9:00 Coffee Chat w/ Owen ACT 10:00 Morning Exercise ACT 10:30 Sing Along ACT 11:30 Lunch & Music Din 1:30 Folding Laundry ACT 2:00 Science Lab ACT 3:00 Yard Games ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT
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