

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

						Covid/Flu Shot Clinic 9-12PM 1 11:00 Yoga- GYM 11:30 Drumming with Diane-ACT 1:30 Bible Study- LIB 2:00 Dia de los Muertos- Bistro 3:00 Happy Hour-Bistro SEAHAWKS BLUE FRIDAY	10:30 Manicures- ACT 2:00 Saturday Matinee-TH Dave
3 1:25 Seahawks vs. Los Angeles- DR 1:30 Church of The Nazarene MC1 2:30 Cards and Games- ACT	4 11:30 Silver Sneakers- GYM 1:30 Hand and Foot- ACT	Election Day 5 10:30 St. Vincent Communion Service- TH 11:30 Beginning weights- GYM 2:00 Dime Bingo! - ACT	6 11:00 Yoga- GYM 2:00 Western Wednesday! Blue Steel - TH 6:00 Karaoke- ACT	7 11:00 Van Runs* 11:30 Silver Sneakers- GYM 5:30 Games with Carol- SR3	8 11:00 Yoga- GYM 1:30 Bible Study- LIB 3:00 Happy Hour-Bistro SEAHAWKS BYE WEEK	9 10:30 Manicures- ACT 1:00 Ambassador Meeting- CON 2:00 Saturday Matinee-TH Calamity Jane	
10 2:30 Cards and Games- ACT	11 11:00 Dan Hausler Veteran's Day Music Program-DR 11:30 Silver Sneakers- GYM 1:30 Hand and Foot- ACT Veterans Day Remembrance Day (Canada)	12 10:30 St. Vincent Communion Service- TH 11:30 Tai Chi- GYM 1:30 Cooking with Chef Jose- Bistro 2:00 Dime Bingo! - ACT	13 11:00 Yoga- GYM 1:30 Resident Council meeting- TH 6:00 Karaoke- ACT	14 11:00 Van Runs* 11:30 Silver Sneakers- GYM 5:30 Games with Carol- SR3	15 11:00 Yoga- GYM 11:00 Musical Guest Harry Bruce- DR 1:30 Bible Study- LIB 3:00 Happy Hour-Bistro SEAHAWKS BLUE FRIDAY	16 10:30 St. Matthew's Holiday Bazaar and lunch out* 2:00 Saturday Matinee-TH Seems Like Old Times	
17 1:05 Seahawks @ San Francisco- DR 1:30 Church of The Nazarene MC1 2:30 Cards and Games- ACT	18 11:30 Silver Sneakers- GYM 1:30 Hand and Foot- ACT	19 10:30 St. Vincent Communion Service- TH 11:30 Beginning weights- GYM 2:00 Dime Bingo! - ACT 4:00 Azteca dinner out*	20 11:00 Yoga- GYM 1:30 Christmas Wreath Craft- ACT 6:00 Karaoke- ACT	21 11:00-1:00 Van Runs* 11:30 Silver Sneakers- GYM 1:00 Food Committee- TH 2:00 Town Hall- TH 5:30 Games with Carol- SR3	22 11:00 Yoga- GYM 11:30 Drumming with Diane-ACT 1:30 Bible Study- LIB 3:00 Happy Hour-Bistro SEAHAWKS BLUE FRIDAY	23 10:30 Manicures- ACT 2:00 Saturday Matinee-TH Planes, Trains and Automobiles	
24 1:25 Seahawks vs. Arizona- DR 2:30 Cards and Games- ACT	25 11:30 Silver Sneakers- GYM 1:30 Hand and Foot- ACT	26 10:30 St. Vincent Communion Service- TH 11:30 Tai Chi- GYM 12:30 November birthday celebration!- DR 2:00 Dime Bingo! - ACT	27 11:00 Yoga- GYM 12:30 "The Gathering" with Retired Pastor Rick Denney-LIB 1:30 Tea and Trivia - ACT 6:00 Karaoke- ACT	28 11:30 Silver Sneakers- GYM 12:00 Thanksgiving Celebration- Friends and Family Event 5:30 Games with Carol- SR3 Thanksgiving Day	29 11:00 Yoga- GYM 1:30 Bible Study- LIB 3:00 Happy Hour-Bistro SEAHAWKS BLUE FRIDAY	30 10:30 Manicures- ACT 1:30 Special Matinee-TH Sound of Music Sing A Long!	

ACT- Activity Room TH- Theater DR- Dining Room LIB- Library CON- Conference Room *Requires sign up