



December 2024 Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Food Drive for Meals on Wheels 1 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Educational Videos [LR] 10:45 ☕ Coffee & Tea Social Hour [DR] 12:00 🌸 Lunch Music Jam [DH] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🏠 Sunday Movie [LR]	Clothing Drive for Meals on Wheels 2 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Educational Videos [LR] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Holiday Movie [LR] 3:00 🏠 Mellow Music & Snack [LR]	9:30 🚗 Outing - Gresham Library [B] 3 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - How are snowflakes formed? [LR] 11:00 🎈 Balloon Volleyball! [LR] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🎮 Bingo with Assited Living	10:15 🔄 Morning Exercises [ACT] 4 10:30 🌟 Buzzing Brain - History of Christmas [LR] 11:00 🎮 Blazing Bingo [ACT] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Reading Books With Christine [ACT] 3:00 🌟 Trivia! [LR]	10:15 🔄 Morning Exercises [ACT] 5 10:30 🌟 Buzzing Brain - History of Hannukah [LR] 12:00 🌸 Lunch Music Jam [DH] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 2:00 🌸 Amy & Angus Volunteer Dog [IND] 2:30 ☕ Terrific Tea Time [ACT] 3:30 🎮 Bingo with Assited Living	10:15 🔄 Morning Exercises [ACT] 6 10:30 🌟 Buzzing Brain - History of Kwanzaa [LR] 11:00 🎈 Balloon Volleyball! 12:00 🌸 Lunch Music Jam [DH] 1:00 🌸 TV Time: The Office [LR] 2:30 🌸 Happy Hour Fun & Snack [DH]	10:15 🔄 Morning Exercises [ACT] 7 10:30 🌟 Buzzing Brain - Holiday Season Around the World [LR] 11:00 🎈 Crafting Corner [COMM] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:30 🎮 Movie with Popcorn [LR]	
10:15 🔄 Morning Exercises [ACT] 8 10:30 🌟 Buzzing Brain - Educational Videos [LR] 10:45 ☕ Coffee & Tea Social Hour [DR] 12:00 🌸 Lunch Music Jam [DH] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🏠 Sunday Movie [LR]	Geraldine V Birthday 9 9:30 🚗 Outing - Scenic Drive (Sellwood Area) [B] 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Educational Videos [LR] 12:00 🌸 Lunch Music Jam [DH] 1:30 🎵 Cello & Flute Duo [DH] 2:00 🌸 Holiday Movie [LR] 2:00 🐾 Pet therapy with Judd & Bowen [LR] 3:00 🏠 Mellow Music & Snack [LR]	10:15 🔄 Morning Exercises [ACT] 10 10:30 🌟 Buzzing Brain - National Lager Day [LR] 11:00 🎈 Balloon Volleyball! [LR] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🎮 Bingo with Assited Living	10:15 🔄 Morning Exercises [ACT] 11 10:30 🌟 Buzzing Brain - History of Santa Claus [LR] 11:00 🎮 Blazing Bingo [ACT] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Reading Books With Christine [ACT] 3:00 🎮 Baking Bread in a Bread Machine [DH]	9:30 🚗 Outing - Scenic Drive (Milo McIver State Park) [B] 12 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - National Poinsettia Day [LR] 12:00 🌸 Lunch Music Jam [DH] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 2:00 🌸 Amy & Angus Volunteer Dog [IND] 2:30 ☕ Terrific Tea Time [ACT] 3:30 🎮 Bingo with Assited Living	9:30 🚗 Outing - Scenic Drive (Columbia River Gorge) [B] 13 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - National Violin Day [LR] 11:00 🎈 Balloon Volleyball! 12:00 🌸 Lunch Music Jam [DH] 1:00 🌟 TV Time: Great British Baking Show [LR] 2:30 🌸 Happy Hour Fun & Snack [DH]	10:15 🔄 Morning Exercises [ACT] 14 10:30 🌟 Buzzing Brain - How to build a Gingerbread House [LR] 11:00 🎈 Crafting Corner [COMM] 11:00 🎮 Elena with Cello [DH] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:30 🎮 Movie with Popcorn [LR]	
Carol J Birthday 15 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Educational Videos [LR] 10:45 ☕ Coffee & Tea Social Hour [DR] 12:00 🌸 Lunch Music Jam [DH] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🏠 Sunday Movie [LR]	SPiRiT WEEK DAY 1: Candy Cane Day 16 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Educational Videos [LR] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Holiday Movie [LR] 3:00 🏠 Mellow Music & Snack [LR] 5:30 🚗 Outing - Peacock Lane Walk (DRESS WARM) [B]	SPiRiT WEEK DAY 2: Ugly Sweater Day 17 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Wright Brothers Day [LR] 11:30 🎮 Live Music with Phil Hall, Accordionist [DH] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🎮 Bingo with Assited Living 5:30 🚗 Outing - Christmas Ship Parade (DRESS WARM) [B]	SPiRiT WEEK DAY 3: Winter Wonderland Day 18 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - History of Elf on the Shelf [LR] 11:00 🎮 Blazing Bingo [ACT] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Reading Books With Christine [ACT] 3:00 🎮 Winter Wonderland Craft [ACT]	SPiRiT WEEK DAY 4: Be Merry & Bright 19 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - History of Christmas Lights [LR] 12:00 🌸 Lunch Music Jam [DH] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 2:00 🌸 Amy & Angus Volunteer Dog [IND] 2:30 ☕ Terrific Tea Time [ACT] 3:30 🎮 Bingo with Assited Living	SPiRiT WEEK DAY 5: Cozy Christmas 20 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Yule Traditions [LR] 11:00 🎈 Balloon Volleyball! 12:00 🌸 Lunch Music Jam [DH] 1:00 🌟 TV Time: Holiday Cooking [LR] 2:30 🌸 Happy Hour Fun & Snack [DH] 2:30 🌸 Holiday Party during Happy Hour [DH] 3:00 🎮 Live Music We Remember [DH]	10:15 🔄 Morning Exercises [ACT] 21 10:30 🌟 Buzzing Brain - What is the Winter Solstice? [LR] 11:00 🎈 Crafting Corner [COMM] 12:00 🌸 Happy Holidays Lunch [DH] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:30 🎮 Movie with Popcorn [LR] 5:30 🎮 Santa is Coming! 5:30 - 7:30 [1FP]	
Susan W Birthday 22 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Educational Videos [LR] 10:45 ☕ Coffee & Tea Social Hour [DR] 12:00 🌸 Lunch Music Jam [DH] 12:00 🎮 Susan W. Birthday 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🏠 Sunday Movie [LR]	10:15 🔄 Morning Exercises [ACT] 23 10:30 🌟 Buzzing Brain - Educational Videos [LR] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Holiday Movie [LR] 2:00 🌸 Pet therapy with Judd & Bowen [LR] 3:00 🏠 Mellow Music & Snack [LR] 5:30 🚗 Outing - Peacock Lane Drive [B]	Christmas Eve 24 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Holiday Food Traditions [LR] 11:00 🎈 Balloon Volleyball! [LR] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🎮 Bingo with Assited Living 5:30 🚗 Outing - Peacock Lane Drive [B]	Christmas Day Hanukkah Begins Ronald M Birthday 25 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Holiday Traditions [LR] 11:00 🎮 Blazing Bingo [ACT] 12:00 🌸 Lunch Music Jam [DH] 12:00 🎮 Ronald "Ron" M. Birthday 2:00 🌸 Holiday Cornhole [DR] 3:30 🌟 Holiday Trivia! [LR] 6:30 🎮 Holiday Movie & Hot Cocoa [LR]	Kwanzaa Begins 26 9:30 🚗 Outing - Scenic Drive (Bald Peak) [B] 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - Hanukkah Traditions [LR] 12:00 🌸 Lunch Music Jam [DH] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 1:30 🚶 Neighborhood Walk [Dependent on Weather] 2:00 🌸 Amy & Angus Volunteer Dog [IND] 2:30 ☕ Terrific Tea Time [ACT] 3:30 🎮 Bingo with Assited Living 4:30 🌸 Keeping up with Katie 1st floor dining room [DR] 5:30 🌸 Family Council Meeting 3rd floor activity room [COMM]	10:15 🔄 Morning Exercises [ACT] 27 10:30 🌟 Buzzing Brain - History of Fruitcake [LR] 11:00 🎈 Balloon Volleyball! 12:00 🌸 Lunch Music Jam [DH] 1:00 🌟 TV Time: The Office [LR] 2:30 🌸 Happy Hour Fun & Snack [DH] 5:30 🚗 Outing - Winter Wonderland Drive [B]	10:15 🔄 Morning Exercises [ACT] 28 10:30 🌟 Buzzing Brain - History of Winter Activities [LR] 11:00 🎈 Crafting Corner [COMM] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:30 🎮 Movie with Popcorn [LR]	
10:15 🔄 Morning Exercises [ACT] 29 10:30 🌟 Buzzing Brain - Educational Videos [LR] 10:45 ☕ Coffee & Tea Social Hour [DR] 12:00 🌸 Lunch Music Jam [DH] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🏠 Sunday Movie [LR]	10:15 🔄 Morning Exercises [ACT] 30 10:30 🌟 Buzzing Brain - Educational Videos [LR] 12:00 🌸 Lunch Music Jam [DH] 2:00 🌸 Holiday Movie [LR] 3:00 🏠 Mellow Music & Snack [LR]	New Year's Eve 31 9:30 🚗 Outing - Scenic Drive (Washougal River State Park) [B] 10:15 🔄 Morning Exercises [ACT] 10:30 🌟 Buzzing Brain - New Year Traditions [LR] 11:00 🎈 Balloon Volleyball! [LR] 11:00 🎮 Noel Live Music [DR] 12:00 🌸 Lunch Music Jam [DH] 2:30 🚶 Neighborhood Walk [Dependent on Weather] 3:00 🌸 Mellow Music & Snack [ACT] 3:30 🎮 Bingo with Assited Living			Resident Birthdays Geraldine V. 12/9 Carol J. 12/15 Susan W. 12/22 Ronald M. 12/25		Location Keys 1st Floor Fire Place Living Room 1FP 3rd Floor Community Room COMM Bus B Dining Room DR Independent IND MC Activities Room ACT MC Dining Hall DH MC Living Room LR