

December 2024

Assisted Living

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Food Drive for Meals on Wheels 1</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎬 Holiday movie [4LR]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>Clothing Drive for Meals on Wheels 2</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Dollar Tree Shopping (Milwaukie) [SU\$]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Holiday movie & Hot chocolate</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 3</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Gresham Library [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Brain Health [COMM]</p> <p>10:45 🎮 Wii Bowling [COMM]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 4</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🏠 Medicare Presentation by Advantrust Insurance [COMM]</p> <p>3:30 🎵 Peter's DJ Hour // Music [COMM]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 5</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Fred Meyers Shopping (39th & Hawthorne) [SU\$]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>2:00 🐾 Amy & Angus Volunteer Dog [IND]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 6</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Ilani Casino [SU\$]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Movie and Popcorn [COMM]</p> <p>4:00 🍷 Happy Hour [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 7</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧶 Crafting Corner [COMM]</p> <p>2:00 🎬 Movie Day [4LR]</p> <p>6:30 🎬 Movie Night [4LR]</p>	
<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 8</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Room to Room Check-Ins [RtR]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎬 Holiday movie [4LR]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>Geraldine V Birthday 9</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Scenic Drive (Sellwood Area) [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:00 🐾 Pet therapy with Judd & Bowen [COMM]</p> <p>1:30 🗳 Resident Council Meeting [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 10</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Goodwill Shopping (6th & Mill) [SU\$]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Brain Health [COMM]</p> <p>10:45 🎮 Wii Bowling [COMM]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 11</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Holiday movie [4LR]</p> <p>3:30 🎵 Peter's DJ Hour // Music [COMM]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 12</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Scenic Drive (Milo McIver State Park) [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>2:00 🐾 Amy & Angus Volunteer Dog [IND]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 13</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Scenic Drive (Columbia River Gorge) [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Movie and Popcorn [COMM]</p> <p>4:00 🍷 Happy Hour [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 14</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧶 Crafting Corner [COMM]</p> <p>12:00 🎵 Cello with Elena [DR]</p> <p>2:00 🎬 Movie Day [4LR]</p> <p>6:30 🎬 Movie Night [4LR]</p>	
<p>Carol J Birthday 15</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎬 Holiday movie [4LR]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>SPIRIT WEEK DAY 1: Candy Cane Day 16</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 📖 History of Christmas [COMM]</p> <p>5:30 🚗 Outing - Peacock Lane Walk (DRESS WARM) [SU]</p>	<p>SPIRIT WEEK DAY 2: Ugly Sweater Day 17</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Brain Health [COMM]</p> <p>10:45 🎮 Wii Bowling [COMM]</p> <p>12:00 🎵 Phil Hall Music Playing [DR]</p> <p>3:30 🎲 Bingo [DR]</p> <p>5:30 🚗 Outing - Christmas Ships Parade (DRESS WARM) [SU]</p>	<p>SPIRIT WEEK DAY 3: Winter Wonderland Day 18</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Holiday movie [4LR]</p> <p>3:30 🎵 Peter's DJ Hour // Music [COMM]</p>	<p>SPIRIT WEEK DAY 4: Be Merry & Bright 19</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Michaels Craft Store Shopping (Gresham) [SU\$]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>2:00 🐾 Amy & Angus Volunteer Dog [IND]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>SPIRIT WEEK DAY 5: Cozy Christmas 20</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Holgate Library [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Movie and Popcorn [COMM]</p> <p>3:00 🎉 Holiday Party! [DR]</p> <p>4:00 🍷 Happy Hour [DR]</p> <p>4:00 🎵 Live Music We Remember [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 21</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧶 Crafting Corner [COMM]</p> <p>12:00 🍷 Happy Holidays Lunch [DR]</p> <p>2:00 🎬 Movie Day [4LR]</p> <p>5:30P 🎅 Santa Is Coming!! - 5:30PM to 7:30PM [1FP]</p>	
<p>Susan W Birthday 22</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Room to Room Check-Ins [RtR]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎬 Holiday movie [4LR]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 23</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>1:00 🐾 Pet therapy with Judd & Bowen [COMM]</p> <p>2:00 📖 History of Hanukkah [COMM]</p> <p>5:30 🚗 Outing - Peacock Lane Drive [SU]</p>	<p>Christmas Eve 24</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Brain Health [COMM]</p> <p>10:45 🎮 Wii Bowling [COMM]</p> <p>3:30 🎲 Bingo [DR]</p> <p>5:30 🚗 Outing - Peacock Lane Drive [SU]</p>	<p>Christmas Day Hanukkah Begins Ronald M Birthday 25</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎲 Holiday Cornhole</p> <p>3:30 🎵 Peter's DJ Hour // Music [COMM]</p> <p>6:30 🎬 Holiday Movie & Hot Cocoa [4LR]</p>	<p>Kwanzaa Begins 26</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Scenic Drive (Bald Peak) [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>2:00 🐾 Amy & Angus Volunteer Dog [IND]</p> <p>3:30 🎲 Bingo [DR]</p> <p>4:30 🧠 Keeping up with Katie [DR]</p> <p>5:30 🗳 Family Council Meeting [COMM]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 27</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:00 🎬 Movie and Popcorn [COMM]</p> <p>4:00 🍷 Happy Hour [DR]</p> <p>5:30 🚗 Outing - Winter Wonderland Drive (Portland Raceway) [SU]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 28</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>11:00 🧶 Crafting Corner [COMM]</p> <p>2:00 🎬 Movie Day [4LR]</p> <p>6:30 🎬 Movie Night [4LR]</p>	
<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 29</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>10:45 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎬 Holiday movie [4LR]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO] 30</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Safeway Shopping (44th & Woodstock) [SU\$]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🎮 Wii Bowling [COMM]</p> <p>2:30 📖 History of New Years Traditions [COMM]</p>	<p>New Year's Eve 31</p> <p>9:30 🌱 Gardening Hour- Check on the plants around the courtyard [PATIO]</p> <p>9:30 📺 Morning TV News [COMM]</p> <p>9:30 🚗 Outing - Scenic Drive (Washougal River State Park) [SU]</p> <p>10:00 🚶 Morning Stretching// seated [COMM]</p> <p>10:30 🧠 Brain Health [COMM]</p> <p>10:45 🎮 Wii Bowling [COMM]</p> <p>12:30 🎵 Song Memories Live Music [DR]</p> <p>3:30 🎲 Bingo [DR]</p>	<p>Resident Birthdays</p> <p>Geraldine V. 12/9</p> <p>Carol J. 12/15</p> <p>Susan W. 12/22</p> <p>Ronald M. 12/25</p>				<p>Location Keys</p> <p>*Sign-up & Bring \$\$ SU\$</p> <p>*Sign-up at Front Desk SU</p> <p>1st Floor Fire Place Living Room 1FP</p> <p>1st Floor Outdoor Patio PATIO</p> <p>3rd Floor Community Room COMM</p> <p>4th Floor Living Room 4LR</p> <p>Dining Room DR</p> <p>Independent IND</p> <p>Room to Room RtR</p>

