## MAR(:)

SUNDAY MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Bible Study** 

Wednesday's @ 2:30 **2nd Floor Activity Room** 

Ash Wednesday

9:45 Seniors in Motion Fitness: L2 11:00 Kevin Costner: National Parks 1:30 Coffee & Reading Aloud L2 3:00 Movie & Popcorn (both floors) 4:15 Evening One to One's Eve: Classical Music & Relax

9:45 Seniors in Motion Fitness: L2

11:00 Kevin Costner: National Parks

3:00 Movie & Popcorn (both floors)

9:45 Seniors in Motion Fitness: L2

11:00 Kevin Costner: National Parks

3:00 Movie & Popcorn (both floors)

1:30 Coffee & Reading Aloud L2

4:15 Evening One to One's

Eve: Classical Music & Relax

1:30 Coffee & Reading Aloud L2

4:15 Evening One to One's

Eve: Classical Music & Relax

9:45 Seniors in Motion Fitness: L2 11:00 Reading Group L1 1:30 Traveling Manicures 2:30 Yahtzee! L2 4:30 Words in a Word L1 Eve. Calming Music & Adult Coloring

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**Daylight Savings Begins** 

9:45 Seniors in Motion Fitness: L2 11:00 Reading Group L1 1:30 Traveling Manicures 2:30 Yahtzee! L2 4:30 Words in a Word L1 Eve. Calming Music & Adult Coloring

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9:45 Seniors in Motion Fitness: L2 11:15 Soup Makers L1 Dining Room 1:15 Hand Massages for Arthritis 2:30 Bingo L2 (1 Hour) 4:30 Evening Reading Group L1 Eve. MeTV Channel 117

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17 St. Patrick's Day

9:45 Seniors in Motion Fitness: L2 11:15 Soup Makers L1 Dining Room 1:30 St. Patty's Day Social L2 3:00 Bingo L2 (1 Hour) 4:30 Evening Reading Group L1 Eve. MeTV Channel 117

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9:45 Seniors in Motion Fitness: L2 11:15 Soup Makers L1 Dining Room 1:15 Hand Massages for Arthritis 2:30 Bingo L2 (1 Hour) 4:30 Evening Reading Group L1 Eve. MeTV Channel 117

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9:45 Seniors in Motion Fitness: L2 11:15 Coffee & Catch Up 1:30 Scenic Drive L2 3:30 MMC "Game Room" L1 4:00 Paint Hour Eve. Movie & Ice Cream L1 & 2

11:15 Coffee & Catch Up

1:30 Mukilteo Library Visit

11:15 Coffee & Catch Up

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1:30 Mukilteo Library Visit

2:30 MMC "Game Room" L1

Eve. Movie & Ice Cream L1 & 2

2:30 MMC "Game Room" L1

Eve. Movie & Ice Cream L1 & 2

9:45 Seniors in Motion Fitness: L2

1:30 Scenic Drive L1

4:00 Paint Hour

4:00 Paint Hour

4:00 Paint Hour

2:30 MMC "Game Room" L1

Eve. Movie & Ice Cream L1 & 2

9:45 Seniors in Motion Fitness: L2

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9:45 Seniors in Motion Fitness: L2 11:15 Adventure Time! 1:30 Mind Works: Pictionary L2 3:00 Reading Group 4:00 Tabletop Freestyle Drawing Eve. Singalong L2

9:45 Seniors in Motion Fitness: L2 11:15 Costco Walk About 1:30 Mind Works: Animal Trivia L2 3:00 Readina Group 4:00 Tabletop Freestyle Drawing Eve. Singalong L2

9:45 Seniors in Motion Fitness: L2 9:45 Seniors in Motion Fitness: L2 10:30 Bob Theis Live Music L1 11:15 Adventure Time! 1:30 Mind Joggers 1:30 Mind Works: Pictionary L2 3:30 National Oreo Day! 3:00 Reading Group Social & How Oreos Came to Be 4:00 Tabletop Freestyle Drawing Eve. Word Search Puzzle Packs Eve. Singalong L2

9:45 Seniors in Motion Fitness: L2 11:00 Cornhole Tournament L1 1:30 Mind Joggers 3:00 Cabaret Live Music L1 Eve. Word Search Puzzle Packs

20 1st Day of Spring

11:00 Cornhole Tournament L1

Eve. Word Search Puzzle Packs

9:45 Seniors in Motion Fitness: L2

3-4 PM Sushi & Sake

Friends & Family Social

11:00 Cornhole Tournament L1

1:30 Origami Craft for Social

Eve. Word Search Puzzle Packs

1:30 Mind Joggers

9:45 Seniors in Motion Fitness: L2

3:30 Kent Morgan:

**Guest Speaker** 

9:45 Seniors in Motion Fitness: L2 11:15 Traveling Manicures 1:30 Bingo with Joe L1 (1 Hour) 3:30 Bundle Up & Go Walk 4:30 ScatterGories Game Eve. Game Show TV: Channel 161

9:45 Seniors in Motion Fitness: L2

Eve. Game Show TV: Channel 161

11:15 Traveling Manicures

1:30 Bingo with Joe L1 (1 Hour)

3:30 Bundle Up & Go Walk

4:30 ScatterGories Game

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Resident Birthday's

Rancey 3/2 Maxine 3/6 Connie 3/7 Adela 3/11 Joyce 3/23 Miriam 3/24 Sharon D. 3/29

