	Sunday	Monday	Tuesday	Wednesday		Thursday	Friday	Saturday	
	_ 4		11:30 Power for Parkinson's 1 Workout-GYM		2	Hair Salon with Marilyn 3	Hair Salon with Marilyn 4		5
		000E	2:00 Jim & Judy's Dime Bingo!	11:00 Yoga- GYM		11:00 Van Runs*	11:00 Yoga- GYM	10:00 Prayer Circle- MC2	
	July	ZUZD	- ACT	1:30 Walking Club- Lobby		11:30 Silver Sneakers- GYM	12:00 Fourth of July BBQ- DR	10:15 Pt. Defiance Garden*	
			3:30 St. Vincent de Paul	5:30 Wii Bowling-TH		3:00 Karaoke with Kellie- ACT	1:30 Bible Study- LIB	10:30 Manicures- ACT	
			Communion Service			5:30 Games with Carol- ACT	3:00 Happy Hour-Bistro	2:00 Saturday Matinee-TH A Yankee Doodle Dandy	
			National Postal Worker's Day				Independence Day (U.S.)	A funde boodie bundy	
	6	11:30 Silver Sneakers- GYM ⁷	Hair Salon with Nature 8 11:30 Power for Parkinson's	11:00 Yoga- GYM	9	Hair Salon with Marilyn 10		10:00 Prayer Circle- MC2	12
6	1:10 Mariners vs. Pirates- TH	1:30 Hand and Foot- LIB	Workout-GYM 2:00 Jim & Judy's Dime Bingo!	1:30 Resident Council		11:00 Van Runs*	11:30 Drumming with Diane- ACT	10:30 Manicures- ACT	
	2:00 Sparkel's Dime Bingo! -	2:00 Coloring Club- ACT	- ACT	meeting- TH		11:30 Silver Sneakers- GYM	11:00 Yoga-GYM	2:00 Saturday Matinee-TH	
	ACT		3:30 St. Vincent de Paul	5:30 Mexican Train-ACT		4:00 Accordian Music with Cameron-DR	1:30 Bible Study- LIB	The In-Laws	
			Communion Service 4:00 Dinner out-			5:30 Games with Carol- ACT	3:00 Happy Hour-Bistro		
			Puerta Vallarta*				Gorgeous Grandmas Day!		
	13	14 11:30 Silver Sneakers- GYM	11:30 Power for Parkinson's	11:00 Yoga- GYM	16	Hair Salon with Marilyn 17	Hair Salon with Marilyn		19
4	10:40 Mariners @ Tigers- TH	1:30 Hand and Foot- LIB	Workout-GYM	1:30 Walking Club- Lobby		11:00 Van Runs*	11:00 Yoga- GYM	10:30 Manicures with Gisel ACT	lle-
	1:30 Church of The Nazarene Service MC1	2:00 Coloring Club- ACT	2:00 Jim & Judy's Dime Bingo! - ACT	5:30 Tea & Trivia-ACT		11:30 Silver Sneakers- GYM	11:00 Sip And Paint- ACT	11:00 Farmer's Market*	
	2:00 Sparkel's Dime Bingo! -	2.00 Coloring Glub ACT	3:30 St. Vincent de Paul	5.50 rea & rivia Act		3:00 Karaoke with Kellie- ACT	1:30 Bible Study- LIB 3:00 Music with Monte Asken	2:00 Saturday Matinee-TH	
	ACT		Communion Service			5:30 Games with Carol- ACT	& Happy Hour- Bistro	Thoroughly Modern Millie	
	20	A A A A A A A B B C C C C C C C C C C	Hair Salon with Nature 22		23	Hair Salon with Marilyn 74	Hair Salon with Marilyn 25		26
	1:10 Mariners vs. Astros- TH	11:30 Silver Sneakers- GYM	11:30 Power for Parkinson's	11:00 Yoga- GYM		11:00 Van Runs*	11:00 Yoga- GYM	10:00 Prayer Circle- MC2	20
	2:00 Sparkel's Dime Bingo! -	1:30 Hand and Foot- LIB	Workout-GYM	1:30 Walking Club- Lobby		11:30 Silver Sneakers- GYM	11:30 Drumming with Diane- ACT	10:30 Manicures with Gisel ACT	lle-
	ACT	2:00 Coloring Club- ACT	2:00 Jim & Judy's Dime Bingo! - ACT	5:30 Chair Volleyball-TH		2:00 Town Hall- TH	1:30 Bible Study- LIB	2:00 Saturday Matinee-TH	
			3:30 St. Vincent de Paul			5:30 Games with Carol- ACT	3:00 Dan Haulser Music &	A Fish Called Wanda	
			Communion Service				Happy Hour -Bistro		
ľ	27	28	11:30 Power for Parkinson's	11:00 Vogo CVM	30	11:00 Van Dunat 31			
	1:07 Mariners @ Angels- TH	11:30 Silver Sneakers- GYM	Workout-GYM			11:00 Van Runs*			
		1:30 Hand and Foot- LIB	12:30 July Birthday Celebration- DR	1:00 The Gathering with Rick Denney- LIB		11:30 Silver Sneakers- GYM			
	2:00 Sparkel's Dime Bingo! -	2:00 Coloring Club- ACT	2:00 Jim & Judy's Dime Bingo! - ACT	1:30 Walking Club- Lobby		3:00 Karaoke with Kellie- ACT			
	ACT		3:30 St. Vincent de Paul	5:30 Tenzi! -ACT		5:30 Games with Carol- ACT			
			Communion Service	Friendship Day!					
	ACT- Activity Room	TH- Theater DR-	Dining Room LIB- L		Sig	n up 👝 Calendar sub	ject to change-		
	1								