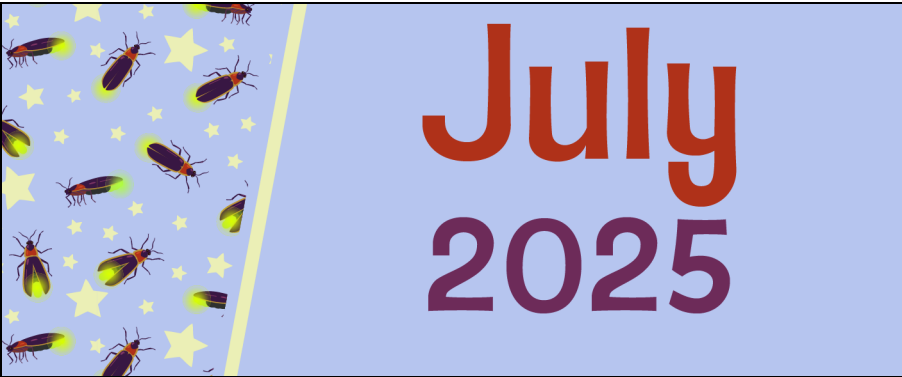
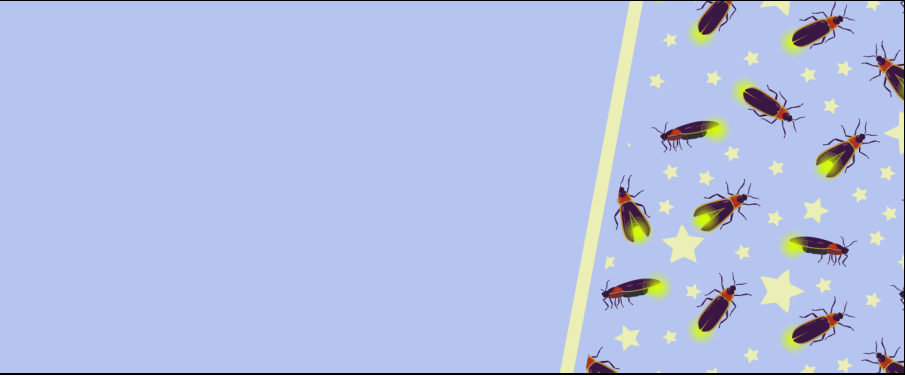


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Armchair Travels-Canada MC3 2:30 Activity Snack Cart- all floors CANADA DAY	2 10:15 Silver Sneakers MC3 11:00 Singing for the Brain MC1 11:45 Seniors in Motion MC2 1:30 Patio Sip & Chat-all floors 2:30 Yahtzee! MC3 3:15 Chair Volleyball MC1 4:00 Roy Orbison- Black and White- MC2	3 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Music and Magazines MC3 3:00 Happy Hour Cart- all floors	4 10:15 Sit and Be Fit MC3 11:00 Singing for The Brain MC1 11:45 Silver Sneakers MC2 12:00 Fourth of July BBQ 2:00 Parachute Circle MC1 3:00 Words in a Word MC3 Independence Day (U.S.)	5 10:00 Prayer Circle with Rev. Phyllis MC2 10:15 Coffee and Crosswords MC3 11:00 Watercolor MC1 11:45 Arts & Crafts MC2 1:30 Afternoon Manicure Trolley- All Floors Saturday Movie - All floors
6 10:15 Coffee Talk MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 1:10 Mariners vs. Pirates MC3 2:15 Bingo with Giselle! MC2 3:00 Gardening Club- all floors	7 10:15 Silver Sneakers MC3 11:00 Seniors in Motion MC1 11:45 Sit and Be Fit MC2 1:30 Bingo! MC3 2:15 One to Ones MC1 3:00 Yahtzee! MC2	8 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 10:45 Dash Point State Park 1:30 Armchair Travels-Germany MC3 2:30 Activity Snack Cart- all floors	9 10:15 Silver Sneakers MC3 11:00 Singing for the Brain MC1 11:45 Seniors in Motion MC2 1:30 Patio Sip & Chat-all floors 2:30 Yahtzee! MC3 3:15 Chair Volleyball MC1 4:00 Concert for George- MC2	10 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Music and Magazines MC3 3:00 Happy Hour Cart- all floors 4:00 Accordion with Cameron- Main Building	11 10:15 Sit and Be Fit MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 1:45 Parachute Circle MC1 3:00 Words in a Word MC2	12 10:00 Prayer Circle with Rev. Phyllis MC2 10:15 Coffee and Crosswords MC3 11:00 Watercolor MC1 11:45 Arts & Crafts MC2 1:30 Afternoon Manicure Trolley - All Floors Saturday Movie- All floors
13 10:15 Coffee Talk MC3 10:40 Mariners @ Tigers- MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 1:30 Church of The Nazarene MC1 2:15 Bingo with Giselle! MC2 3:00 Gardening Club- all floors	14 10:15 Silver Sneakers MC3 11:00 Seniors in Motion MC1 11:45 Sit and Be Fit MC2 1:30 Bingo! MC3 2:15 One to Ones MC1 3:00 Farkle MC2	15 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:30 Drums with Diane- MC2 1:30 Armchair Travels-Ireland MC3 2:30 Activity Snack Cart- all floors	16 10:15 Silver Sneakers MC3 11:00 Singing for the Brain MC1 11:45 Seniors in Motion MC2 1:30 Patio Sip & Chat-all floors 2:30 Yahtzee! MC3 3:15 Chair Volleyball MC1 4:00 Neil Diamond- Hot August Nights MC2	17 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Music and Magazines MC3 3:00 Happy Hour Cart- all floors	18 10:15 Sit and Be Fit MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 1:45 Parachute Circle MC1 3:00 Words and a Word MC3 3:00 Music by Monte Asken- Main Building	19 10:00 Prayer Circle with Rev. Phyllis MC2 10:15 Coffee and Crosswords MC3 11:00 Watercolor MC1 11:45 Arts & Crafts MC2 1:30 Afternoon Manicure Trolley- All Floors Saturday Movie- All floors
20 10:15 Coffee Talk MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 1:10 Mariners @ Astros- MC3 2:15 Bingo with Giselle! MC2 3:00 Gardening Club- all floors	21 10:15 Silver Sneakers MC3 11:00 Seniors in Motion MC1 11:45 Sit and Be Fit MC2 1:30 Bingo! MC3 2:15 One to Ones MC1 3:00 Yahtzee! MC2	22 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 10:45 Steel Lake Park 1:30 Armchair Travels-Rome MC3 2:30 Activity Snack Cart- all floors	23 10:15 Silver Sneakers MC3 11:00 Singing for the Brain MC1 11:45 Seniors in Motion MC2 1:30 Patio Sip & Chat-all floors 2:30 Yahtzee! MC3 3:15 Chair Volleyball MC1 4:00 Elvis Live- MC2	24 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Music and Magazines- MC3 3:00 Happy Hour Cart- all floors	25 10:15 Sit and Be Fit MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 2:00 Music by Dan Hausler- MC3 3:15 Words in a Word MC2	26 10:00 Prayer Circle with Rev. Phyllis MC2 10:15 Coffee and Crosswords MC3 11:00 Watercolor MC1 11:45 Arts & Crafts MC2 1:30 Afternoon Manicure Trolley -All Floors Saturday Movie- All floors
27 10:15 Coffee Talk MC3 11:00 Seniors in Motion MC1 11:45 Silver Sneakers MC2 1:07 Mariners @ Angels- MC3 2:15 Bingo with Giselle! MC2 3:00 Gardening Club- all floors	28 10:15 Silver Sneakers MC3 11:00 Seniors in Motion MC1 11:45 Sit and Be Fit MC2 1:30 Bingo! MC3 2:15 One to Ones MC1 3:00 Farkle! MC2	29 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Armchair Travels-Japan MC3 2:30 July Birthday Party Cart- all floors	30 10:15 Silver Sneakers MC3 11:00 Singing for the Brain MC1 11:45 Seniors in Motion MC2 1:30 Patio Sip & Chat-all floors 2:30 Yahtzee! MC3 3:00 Barry Manilow in Concert- MC2	31 10:15 Seniors in Motion MC3 11:00 Sit and Be Fit MC1 11:45 Silver Sneakers MC2 1:30 Armchair Travels-Canada MC3 3:00 Happy Hour Cart- all floors		

Happy Birthday to Karen, Linda and Leatha!