

July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Happy Birthday!</u> Pam W. 7/3 Linda Mo. 7/13 Vic W. 7/21 Ted R. 7/26 Linda Mag. 7/27		1 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Culinary Crew L1: Muffins 1:30 Walks Outside 3:30 History's Mysteries: L2 Eve. Coloring & Music	2 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Guess in 10 2:30 Bible Study & Hymns L2 3:00 Craft Hour: Paracord Bracelet 4:00 Evening Cool Down & Visit Eve. Singalong	3 9:45 Seniors in Motion Fitness: L2 10:30 Live Music with Bob Theis L1 1:30 Sensory Hour: Homemade Playdough 3:00 Living Room Trivia 4:00 Flower Check & Prune Eve. Armchair Travels L1	4 Independence Day. 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness Resident, Family & Friends 4th Of July BBQ Lunch 1:30 Bingo with Joe L2 (1 Hour) 3:30 Star Wars Marathon 4:00 Manicures Eve. Yahtzee! L2 	5 9:45 Seniors in Motion Fitness: L2 10:45 PBn'J Classic "Sack Lunch": Jennings Park 11:15 Morning Walks Around the Block 2:30 Gulls with Goals 4:00 Ping Pong L1 Eve: Tea & Cookies L1
6 9:45 2 nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Manicures 1:30 Patio Games in the Courtyard 3:00 Reading Groups 4:00 Words in a Word Eve. After Dinner Block Walks	7 <u>National Strawberry Sundae Day.</u> 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Memory Joggers Trivia 1:30 Bingo L1 (1 Hour) 3:30 Strawberry Sundae Social Eve. Sun Deck Reading Group	8 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Culinary Crew L1: Stuffed Cucumbers 1:30 Walks Outside 3:30 Resident Council: L2 Eve. Coloring & Music	9 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Market Shopping with Sarita 2:30 Bible Study & Hymns L2 3:00 Craft Hour: Floral Watercolor 4:00 Evening Cool Down & Visit Eve. Singalong	10 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 1:00 Cooking with Sarita 3:00 Live Music with the Cabaret 4:00 Flower Check & Prune Eve. Armchair Travels L1	11 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Coffee, Tea & Poetry 1:30 Bingo with Joe L2 (1 Hour) 3:30 Star Wars Marathon 4:00 Manicures Eve. Yahtzee! L2	12 9:45 Seniors in Motion Fitness: L2 10:45 PBn'J Classic "Sack Lunch": Heritage Park 11:15 Morning Walks Around the Block 2:30 Gulls with Goals 4:00 Cornhole L1 Eve: Tea & Cookies L1
13 Spirit Week Starts 7/14 9:45 2 nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Manicures 1:30 Patio Games in the Courtyard 3:00 Reading Groups 4:00 Words in a Word Eve. After Dinner Block Walks	14 Lemon Yellow Shirts & Dresses  9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:15 Memory Joggers Trivia 1:30 Bingo L1 (1 Hour) 3:30 Lemonade & Lemon Bar Social Eve. Sun Deck Reading Group	15 Tacky Tourist  9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Culinary Crew L1: Mini Quiche 2:00 Girls Youth Group Visit 3:30 History's Mysteries: L2 Eve. Coloring & Music	16 Tye Dye  9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Guess in 10 2:30 Bible Study & Hymns L2 3:00 Craft Hour: Acrylics 4:00 Evening Cool Down & Visit Eve. Singalong	17 Hawaiian Vaca  9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 1:30-3:30 MMC "POOL PARTY" & Banana Splits Eve. Armchair Travels L1	18 Sun Hats & Shades  9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Coffee, Tea & Poetry 1:30 Bingo with Joe L2 (1 Hour) 3:30 Star Wars Marathon 4:00 Manicures Eve. Yahtzee! L2	19 9:45 Seniors in Motion Fitness: L2 10:45 PBn'J Classic "Sack Lunch": Light House Park 11:15 Morning Walks Around the Block 2:30 Gulls with Goals 4:00 Balloons & Noodles L1 Eve: Tea & Cookies L1
20 9:45 2 nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Manicures 1:30 Patio Games in the Courtyard 3:00 Reading Groups 4:00 Words in a Word Eve. After Dinner Block Walks	21 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:15 Memory Joggers Trivia 1:30 Bingo L1 (1 Hour) 3:30 Guest Speaker: Kent Morgan L1 Eve. Sun Deck Reading Group	22 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Culinary Crew L1: Ambrosia 1:30 Walks Outside 3:30 History's Mysteries: L2 Eve. Coloring & Music	23 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Guess in 10 2:30 Bible Study & Hymns L2 3:00 Craft Hour: Fruit/ Veggie Stamping 4:00 Evening Cool Down & Visit Eve. Singalong	24 MMC Director's Day!!! 9:45 Fruit Kabobs with Jordan L2 10:00 Yahtzee with Cricia L2 10:00 Dirt Cups with Stephanie L1 11:00 Words in a Word with Jessica L2 1:30 Armchair Travel & Eats: Itaty with Sarah L1 2:30 Bingo with Jennifer L2 4:00 Acrylic Painting with Kayla L1 6:00 Root Beer Floats with Jackolin	25 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Coffee, Tea & Poetry 1:30 Bingo with Joe L2 (1 Hour) 3:30 Star Wars Marathon 4:00 Manicures Eve. Yahtzee! L2	26 9:45 Seniors in Motion Fitness: L2 10:45 PBn'J Classic "Sack Lunch": Paine Field Community Park 11:15 Morning Walks Around the Block 2:30 Gulls with Goals 4:00 Bucket Ball L1 Eve: Tea & Cookies L1
27 9:45 2 nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Manicures 1:30 Patio Games in the Courtyard 3:00 Reading Groups 4:00 Words in a Word Eve. After Dinner Block Walks	28 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:15 Memory Joggers Trivia 1:30 Live Music with Jeffrey L1 3:30 Bingo L1 (1 Hour) Eve. Sun Deck Reading Group	29 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Culinary Crew L1: Caprese Salad Cups 1:30 Walks Outside 3:30 History's Mysteries: L2 Eve. Coloring & Music	30 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 11:00 Guess in 10 2:30 Bible Study & Hymns L2 3:00 Craft Hour: Bird House Painting 4:00 Evening Cool Down & Visit Eve. Singalong	31 National Chili Dog Day. 9:45 2nd Floor Fitness 10:45 1 st Floor Fitness 1:30 Sensory Hour: Shaving Cream Puffy Paint 3:00 Chili Dog & Soda Social 4:00 Flower check & Prune Eve. Armchair Travels L1		