

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Occupational Trivia! 1:30 Music Therapy w/Kaylee 2:30 The "Write" Word 3:30 Art Workshop 6:00 Movie & Popcorn	2 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Table Games 3:30 Penny Bingo! 6:30 Therapy Dog - Ruben!	3 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: Joe Carolus! 3:45 Penny Bingo! 6:00 Movie & Popcorn	4 9:30 Current Events w/ Mike 10:15 Yoga & Smoothies 11:00 Who am I? 1:30 Book Club 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn	5 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Flower Arrangements 6:00 Movie & Popcorn	6 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Evening Movie
	Labor Day					
7 9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 1:05 Seahawks vs 49s 1:30 Lighthouse Festival Outing! 3:30 Art Workshop 6:00 Movie & Popcorn	8 9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Art Workshop 6:00 Movie & Popcorn	9 9:15 Fred Meyer Grocery Shopping 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Table Games 3:30 Penny Bingo! 6:30 Therapy Dog - Ruben!	10 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: Steve Mason! 3:30 Chef Chat w/Race! 6:00 Movie & Popcorn	Vitals Day! 11 9:30 Current Events w/ Mike 10:15 Yoga & Smoothies 11:00 Who am I? 1:30 Trivia! 2:00 All Staff Meeting 3:00 Nail Spa 6:00 Movie & Popcorn	12 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Flower Arrangements 6:00 Movie & Popcorn	13 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Evening Movie
Grandparents Day						
14 9:30 News & Views 10:00 Seahawks vs Steelers 10:15 Exercise & Smoothies 11:00 Group Games 1:10 Mariners vs Angels 1:30 Penny Bingo! 2:30 Table Games 3:30 Art Workshop 6:00 Movie & Popcorn	15 9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Art Workshop 6:00 Movie & Popcorn	16 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Table Games 3:30 Penny Bingo! 6:30 Therapy Dog - Ruben!	17 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: TBD! 3:45 Penny Bingo! 6:00 Movie & Popcorn	18 9:30 Current Events w/ Mike 10:15 Yoga & Smoothies 11:00 Who am I? 11:45 Birthday Celebration! 1:30 Book Club 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn	19 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Flower Arrangements 6:00 Movie & Popcorn	20 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Evening Movie
						Oktoberfest Begins
21 9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 11:10 Mariners vs Astros 1:30 Therapy Dog - Ruby! 2:30 Penny Bingo! 3:30 Art Workshop 6:00 Movie & Popcorn	22 9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Art Workshop 6:00 Movie & Popcorn	23 9:15 Safeway Grocery Shopping 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Table Games 3:30 Penny Bingo! 6:30 Therapy Dog - Ruben!	24 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: Kristin Fletcher! 3:45 Penny Bingo! 6:00 Movie & Popcorn	25 9:30 Current Events w/ Mike 10:15 Yoga & Smoothies 11:00 Who am I? 1:30 Penny Bingo! 2:30 Nail Spa 6:00 Movie & Popcorn	26 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Flower Arrangements 6:00 Movie & Popcorn	27 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Evening Movie
	Autumn Begins					
28 9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 12:10 Mariners vs Dodgers 1:30 Penny Bingo! 2:30 Table Games 3:30 Art Workshop 6:00 Movie & Popcorn	29 9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Art Workshop 6:00 Movie & Popcorn	30 9:45 Casino Outing 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Table Games 3:30 Penny Bingo! 6:30 Therapy Dog - Ruben!				

*activities subject to change.