

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025						9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn 1
9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 1:30 Penny Bingo! 2:30 Table Games 3:30 Arts & Crafts 5:20 Seahawks vs Commanders 2 Daylight Saving Time Ends	9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Arts & Crafts 6:00 Movie & Popcorn 3	9:15 QFC Shopping 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion & Fellowship 1:30 Music Therapy w/Claire! 2:00 Home Goods Outing 2:30 Group Games 3:30 Penny Bingo! 6:00 Therapy Dog - Ruben! 4	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: Joe Carolus! 3:45 Penny Bingo! 6:00 Movie & Popcorn! 5	9:30 Current Events w/Mike Gold 10:15 Yoga & Smoothies 11:00 Who am I? 1:15 Penny Bingo 2:30 Hand & Nail Spa 6:30 Therapy Dog - Ruben! 6	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Star of the Month! 6:00 Movie & Popcorn! 7	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn 8
9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 1:05 Seahawks vs Cardinals 2:00 Mukilteo Community Orchestra 6:00 Movie & Popcorn 9	9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Arts & Crafts 6:00 Movie & Popcorn 10	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Decorations of Courage Chat 1:15 Catholic Communion 1:30 Resident-Led Bible Fellowship 1:30 Stars and Stripes Cabaret! 2:45 Table Games 3:30 Penny Bingo! 6:00 Therapy Dog - Ruben! 11 Veterans Day	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 12:30 Kohl's Shopping 1:30 Table Games 2:30 Happy Hour: Steve Mason! 3:45 Penny Bingo! 6:00 Movie & Popcorn! 12	9:30 Current Events w/Mike Gold 10:15 Yoga & Smoothies 11:00 What am I? 1:30 Book Club 2:30 Table Games 3:30 Penny Bingo! 6:30 Therapy Dog - Ruben! 13	9:00 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Flower Arrangements 6:00 Movie & Popcorn! 14	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn 15
9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 1:05 Seahawks vs Rams 2:30 Penny Bingo! 3:30 Arts & Crafts 6:00 Movie & Popcorn 16	9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Arts & Crafts 6:00 Movie & Popcorn 17	9:15 Safeway Shopping 9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Resident-Led Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Group Games 3:30 Penny Bingo! 6:00 Therapy Dog - Ruben! 18	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: Cabaret! 3:30 Resident Town Hall with Smitty 6:00 Movie & Popcorn! 19	9:30 Current Events w/Mike Gold 10:15 Yoga & Smoothies 11:00 What am I? 11:45 November Birthday Celebration! 1:30 Trivia! 3:00 Hand & Nail Spa! 6:30 Therapy Dog - Ruben! 20	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Who am I? 6:00 Movie & Popcorn! 21	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn 22
9:30 News & Views 10:00 Seahawks vs Titans 10:15 Exercise & Smoothies 11:00 Group Games 1:30 Therapy Dog - Ruby! 2:30 Penny Bingo! 3:30 Arts & Crafts 6:00 Movie & Popcorn 23	9:30 News & Views 10:15 Walking Club & Smoothies 11:00 Trivia! 1:30 Music Therapy w/Kaylee 2:30 Group Games 3:30 Arts & Crafts 6:00 Movie & Popcorn 24	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:15 Catholic Communion 1:30 Resident-Led Bible Fellowship 1:30 Music Therapy w/Claire! 2:30 Thanksgiving History and Chat 3:30 Penny Bingo! 6:00 Therapy Dog - Ruben! 25	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Table Games 2:30 Happy Hour: Uncle Doug! 3:45 Penny Bingo! 6:00 Movie & Popcorn! 26	8:30 Macy's Thanksgiving Parade! 9:30 News & Views 10:15 Walking & Smoothies 11:00 Turkey Day Trivia 1:30 Thanksgiving Puzzles 2:30 Holiday Movie 6:00 Movie & Popcorn 27 Thanksgiving Day	9:00 News & Views 10:15 Yoga & Smoothies 11:00 Trivia! 1:30 Penny Bingo! 2:30 Group Games 3:30 Flower Arrangements 6:00 Movie & Popcorn! 28	9:30 News & Views 10:15 Yoga & Smoothies 11:00 Word Games 1:30 Group Games 2:30 Table Games 3:30 Penny Bingo! 6:00 Movie & Popcorn 29
9:30 News & Views 10:15 Exercise & Smoothies 11:00 Group Games 1:05 Seahawks vs Vikings 2:30 Penny Bingo! 3:30 Arts & Crafts 6:00 Movie & Popcorn 30						

*activities subject to change