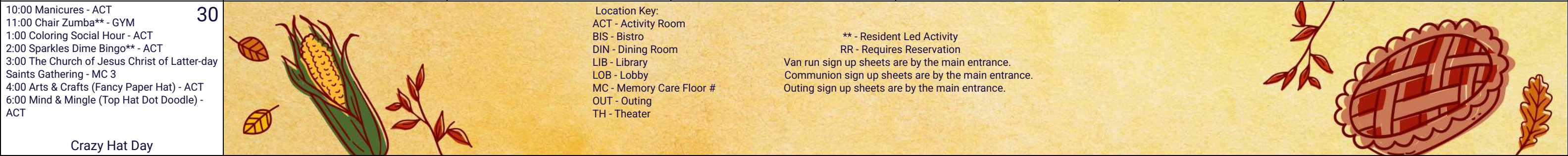


| Sunday                                                                                                                                                                                                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                      | Saturday                                                                                                                                                                                                                                                                                                                                                                         |
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|                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             | 10:30 The Garden Gathering** - LOB<br>11:00 Coloring Social Hour (Mexican Skulls) - ACT<br>1:00 Chair Zumba** - GYM<br>2:00 Movie Matinee (Coco) - TH<br>4:00 Mind & Mingle (Dia de los Muertos Trivia) - ACT<br>5:00 Learning Circle (the importance of marigold flowers in Dia de los Muertos)<br>6:00 Wii Game Night - TH<br>Day of the Dead in Mexico                        |
| 10:00 Manicures - ACT<br>11:00 Guided Meditation** - GYM<br>1:30 Church of the Nazarene Service - MC1<br>2:00 Sparkles Dime Bingo** - ACT<br>3:00 The Church of Jesus Christ of Latter-day Saints Gathering - MC 3<br>4:00 Arts & Crafts (Tissue Paper Sunsets) - ACT<br>6:00 Mind & Mingle (Fall Time Detective) - ACT<br>"Fall Back" Day                                             | 11:00 Silver Sneakers** - GYM<br>11:30 Mind & Mingle (Sandwich Day) - ACT<br>1:30 Hand & Foot** - LIB<br>2:30 Chair Zumba** - GYM<br>4:00 Card Game (Slamwich) - ACT<br>5:00 Learning Circle (John Montagu, 4th Earl of Sandwich)<br>6:00 The Puzzle Table - ACT<br>Sandwich Day                                                                                                                                                                                                                                                                                                                                                                                                             | 11:00 Power of Parkinson's** -GYM<br>2:00 Patty's Dime Bingo** - ACT<br>3:00 Wine Tasting - BIS<br>3:30 St. Vincent de Paul Communion Service (Room Visits)<br>5:00 Candy Watercolor Art - ACT<br>6:00 Mind & Mingle (Candy Trivia) - ACT<br>-KeMet Beauty will be in the Salon (RR)<br>Candy Day                                     | 10:00 Manicures - ACT<br>11:00 Chair Yoga** - GYM<br><b>1:00 Movie Outing at Cinemark Century (Back to the Future: 40th Anniversary) - bus leaves at 12pm, RR</b><br>1:30 Walking Club** - LOB<br>2:00 Movie Matinee (Ruthless: Monopoly's Secret History) Documentary - TH<br>4:00 Live Music with Terry - DIN<br>6:00 Wii Game Night - TH<br>Monopoly Day                                                | 10:00 Guided Meditation** - GYM<br>11:00 Van Runs - RR<br>11:00 Silver Sneakers** - GYM<br>3:00 Cooking & Companionship (crunchy stuffed mini pepper snacks) - ACT<br>4:00 Karaoke - ACT<br>5:30 Games with Carol** - ACT<br>6:00 Learning Circle (Famous Male Chefs) - ACT<br>Men Make Dinner Day | 11:00 <b>Traveling Library - ACT</b><br>11:00 Yoga** - GYM<br>1:30 SHARE Support Group** - TH<br>3:00 Happy Hour & Trivia - BIS<br>5:00 Mind & Mingle ("Seven" and "Eleven" Trivia Puzzles - ACT<br>6:00 The Puzzle Table - ACT<br>7-11 Day                                                 | 10:30 The Garden Gathering** - LOB<br>11:00 Card Creations Social - ACT<br>1:00 Chair Zumba** - GYM<br>2:00 Movie Matinee (Indiana Jones) - TH<br>4:00 Mind & Mingle (Soap Opera Trivia) - ACT<br>5:00 Mind & Mingle (Soap Opera Crossword) - ACT<br>6:00 Wii Game Night - TH<br>"Day of Our Lives Day"                                                                          |
| 10:00 Manicures - ACT<br>11:00 Chair Zumba** - GYM<br>1:00 Coloring Social Hour - ACT<br>2:00 Sparkles Dime Bingo** - ACT<br>3:00 The Church of Jesus Christ of Latter-day Saints Gathering - MC 3<br>4:00 Arts & Crafts (Circle Art) - ACT<br>6:00 Learning Circle (Funny Venn Diagrams) - ACT<br>Draw a Perfect Circle Day                                                           | 11:00 Silver Sneakers** - GYM<br>11:30 "Military" themed brain games (puzzles, crosswords, etc.) - ACT<br>1:30 Hand & Foot** - LIB<br>2:30 Chair Zumba** - GYM<br>5:00 Read & Connect (Stories of Valor) - ACT<br>6:00 Arts & Crafts (Marine Seal design) - ACT<br>Marine Corps Anniversary                                                                                                                                                                                                                                                                                                                                                                                                  | 11:00 Power of Parkinson's** - GYM<br>2:00 Patty's Dime Bingo** - ACT<br>3:00 Wine Tasting - BIS<br>3:30 St. Vincent de Paul Communion Service (Room Visits)<br>5:00 Arts & Crafts (Veterans Day) - ACT<br>6:00 Patriotic Music Playlist - ACT<br> | 10:00 Manicures - ACT<br>11:00 Chair Yoga** - GYM<br><b>1:15 Resident Council Meeting - TH</b><br>4:00 Book Club (Chicken Soup for the Golden Soul)<br>5:00 Discussion (Good Advice for Bad Days) - ACT<br>6:00 Wii Game Night - TH<br>Chicken Soup for the Soul Day                                                                                                                                       | 10:00 Guided Meditation** - GYM<br>11:00 Van Runs - RR<br>11:00 Silver Sneakers** - GYM<br>3:00 Cooking & Companionship (Kindness candy) - ACT<br>4:00 Karaoke - ACT<br>5:00 Coloring Social Hour (Kindness) - ACT<br>5:30 Games with Carol** - ACT<br>World Kindness Day                          | 11:00 Yoga** - GYM<br>11:30 Mind & Mingle ("Pickle" themed) - ACT<br>1:30 SHARE Support Group** - TH<br>3:00 Happy Hour & Name That Tune - BIS<br>5:00 Mind & Mingle (Crispy Pickles puzzle) - ACT<br>6:00 The Puzzle Table - ACT<br>Pickle Day                                             | 10:30 The Garden Gathering** - LOB<br>11:00 Baking & Bonding (Bundt cakes) - ACT<br>1:00 Chair Zumba** - GYM<br>2:00 Movie Matinee - TH<br>4:00 Thankful Signs Activity - ACT<br>6:00 Learning Circle (Who invented the Bundt pan?) - ACT<br>Bundt Day                                                                                                                           |
| 10:00 Manicures - ACT<br>11:00 Tai Chi** - GYM<br>1:00 Church of the Nazarene Service - MC1<br>2:00 Sparkles Dime Bingo** - ACT<br>3:00 The Church of Jesus Christ of Latter-day Saints Gathering - MC 3<br>4:00 Arts & Crafts (Paper Airplanes) - ACT<br>5:00 Learning Circle (Famous Aviators) - ACT<br>6:00 Mind & Mingle (Matching Airplanes puzzle) - ACT<br>Aviation History Day | 11:00 Silver Sneakers** - GYM<br>11:30 "Hiking" themed puzzles - ACT<br>1:30 Hand & Foot** - LIB<br>2:30 Chair Zumba** - GYM<br>3:00 Mind * Mingle (Mixed-Up Mountains and Hiking) - ACT<br>4:00 Virtual Hike through Bryce Canyon - ACT<br>6:00 Learning Circle (Mindful Hiking) - ACT<br>Take a Hike Day                                                                                                                                                                                                                                                                                                                                                                                   | 11:00 Power of Parkinson's** -Gym<br>2:00 Patty's Dime Bingo** - ACT<br><b>3:00 Wine Tasting &amp; Medicare Booth - BIS</b><br>3:30 St. Vincent de Paul Communion Service (Room Visits)<br>5:00 LEGO Games - ACT<br>6:00 Movie Time (LEGO) - TH<br>-KeMet Beauty will be in the Salon (RR)<br>Building with Bricks Day                | 10:00 Manicures - ACT<br>11:00 Chair Yoga** - GYM<br>1:30 Walking Club** - LOB<br>2:00 Movie Matinee (Bye Bye Birdie) - TH<br><b>2:00 Outing to the Commons Mall - bus leaves at 1:30pm, RR</b><br>4:00 Book Club ("The Auroras of Autumn" by Wallace S.)<br>5:00 Coloring Social Hour (Hardcover Books) - ACT<br>6:00 Mind & Mingle (Hooked on Books Junk Drawer Detective) - ACT<br>National Book Awards | 10:00 Guided Meditation** - GYM<br>11:00 Van Runs - RR<br>11:00 Silver Sneakers** - GYM<br><b>2:00 Town Hall Meeting - TH</b><br>4:00 "Peanut Butter" themed brain games - ACT<br>5:30 Games with Carol** - ACT<br>Peanut Butter Fudge Day                                                         | 11:00 Yoga** - GYM<br>1:30 SHARE Support Group** - TH<br>3:00 Happy Hour & Finish the Song Lyric - BIS<br>5:00 Read & Connect (Jayden's Green Thumb) - ACT<br>6:00 Virtual Tour (The Great Smoky Mountains National Park) - ACT<br>Happy Birthday, Tar Heel State                           | 10:30 The Garden Gathering** - LOB<br>11:00 Card Creations Social - ACT<br><b>12:00 Restaurant Outing (Black Bear Diner) - bus leaves at 11:30am, RR</b><br>1:00 Chair Zumba** - GYM<br>2:00 Movie Matinee (Toy Story) - TH<br>4:00 Learning Circle (Toys: Then and Now) - ACT<br>5:00 Coloring Social Hour - ACT<br>6:00 Wii Game Night - TH<br>"You've Got a Friend in Me" Day |
| 10:00 Manicures - ACT<br>11:00 Guided Meditation** - GYM<br>1:00 Mind & Mingle (Survey Says: Family Feud) - ACT<br>2:00 Sparkles Dime Bingo** - ACT<br>3:00 The Church of Jesus Christ of Latter-day Saints Gathering - MC 3<br>4:00 Arts & Crafts (We are Family Centerpieces) - ACT<br>6:00 Mind & Mingle (Family Reunion Mining puzzle) - ACT<br>Family Week Begins                 | 11:00 Silver Sneakers** - GYM<br><b>10:00 - 2:00 Joyce Boutique - ACT</b><br>11:30 Group Crossword (Texas Firsts) - ACT<br>1:30 Hand & Foot** - LIB<br>2:30 Chair Zumba** - GYM<br>5:00 Learning Circle (The Texas Ranger Story) - ACT<br>6:00 Texas Travelogue - ACT<br>Texas Rangers Day                                                                                                                                                                                                                                                                                                                                                                                                   | 11:00 Power of Parkinson's** - GYM<br>2:00 Patty's Dime Bingo** - ACT<br>3:00 Wine Tasting - BIS<br>3:30 St. Vincent de Paul Communion Service (Room Visits)<br>5:00 Mind & Mingle (Musical Baseball) - ACT<br>6:00 Coloring Social Hour - ACT<br>Happy Birth Anniversary, Joe DiMaggio                                               | 10:00 Manicures - ACT<br>11:00 Chair Yoga** - GYM<br>1:00 Gathering with Pastor Rick - LIB<br>1:30 Walking Club** - LOB<br>2:00 Movie Matinee (Casablanca) - TH<br><b>3:30 Live Music with Carson - ACT</b><br>5:00 Virtual Tour (Morocco) - ACT<br>6:00 Mind & Mingle (Casablanca Secret Quote puzzle) - ACT<br>Casablanca's Anniversary                                                                  | 10:00 Guided Meditation** - GYM<br>11:00 Silver Sneakers** - GYM<br><b>3:00 Friendsgiving Party! - MC 2</b><br>5:30 Games with Carol** - ACT<br>                                                              | 11:00 Yoga** - GYM<br>11:30 Mind & Mingle (Country Music Stars word search) - ACT<br>1:30 SHARE Support Group** - TH<br><b>3:00 Happy Hour &amp; Birthday Celebration - BIS</b><br>5:00 Classic Grand Ole Oprey Performances - ACT<br>6:00 The Puzzle Table - ACT<br>Grand Ole Oprey's Bday | 10:30 The Garden Gathering** - LOB<br>11:00 Baking & Bonding (banana muffins) - ACT<br>1:00 Chair Zumba** - GYM<br>2:00 Movie Matinee (Footloose) - TH<br>4:00 Learning Circle (Square Dancing) - ACT<br>6:00 Seated Square Dancing - GYM<br>Square Dance Day                                                                                                                    |
| 10:00 Manicures - ACT<br>11:00 Chair Zumba** - GYM<br>1:00 Coloring Social Hour - ACT<br>2:00 Sparkles Dime Bingo** - ACT<br>3:00 The Church of Jesus Christ of Latter-day Saints Gathering - MC 3<br>4:00 Arts & Crafts (Fancy Paper Hat) - ACT<br>6:00 Mind & Mingle (Top Hat Dot Doodle) - ACT<br>Crazy Hat Day                                                                     |  <div>           Location Key:<br/>           ACT - Activity Room<br/>           BIS - Bistro<br/>           DIN - Dining Room<br/>           LIB - Library<br/>           LOB - Lobby<br/>           MC - Memory Care Floor #<br/>           OUT - Outing<br/>           TH - Theater         </div> <div>           ** - Resident Led Activity<br/>           RR - Requires Reservation<br/>           Van run sign up sheets are by the main entrance.<br/>           Communion sign up sheets are by the main entrance.<br/>           Outing sign up sheets are by the main entrance.         </div> |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                  |