

# NOVEMBER 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**2** Daylight Saving time Ends

9:45 Seniors in Motion Fitness: L2  
10:45 2<sup>nd</sup> Floor Manicures  
1:30 The Cottage Bakery  
3:00 Sunday Worship TV  
4:00 Freestyle Painting  
Eve. 1<sup>st</sup> Floor Manicures



**9**

9:45 Seniors in Motion Fitness: L2  
10:45 2<sup>nd</sup> Floor Manicures  
1:30 Safeway for Flowers  
3:00 Sunday Worship TV  
4:00 Freestyle Painting  
Eve. 1<sup>st</sup> Floor Manicures

**16** National Fast Food Day

9:45 Seniors in Motion Fitness: L2  
10:45 2<sup>nd</sup> Floor Manicures  
1:30 McDonalds  
3:00 Sunday Worship TV  
4:00 Freestyle Painting  
Eve. 1<sup>st</sup> Floor Manicures

**23**

9:45 Seniors in Motion Fitness: L2  
10:45 2<sup>nd</sup> Floor Manicures  
1:30 QFC for Flowers  
3:00 Sunday Worship TV  
4:00 Freestyle Painting  
Eve. 1<sup>st</sup> Floor Manicures

**30**

9:45 Seniors in Motion Fitness: L2  
10:45 2<sup>nd</sup> Floor Manicures  
1:30 Henry's Donuts  
3:00 Sunday Worship TV  
4:00 Freestyle Painting  
Eve. 1<sup>st</sup> Floor Manicures

**3**

9:45 Seniors in Motion Fitness: L2  
10:45 "Stir Masters": Coconut Curry Soup  
1:00 Love on a Leash Therapy Dog(s)  
2:30 Soup Sample Social & Trivia L2  
4:00 Living Room Reading Aloud  
Eve. Hulu Movie: We Bought a Zoo

**10**

9:45 Seniors in Motion Fitness: L2  
10:45 "Stir Masters": Zuppa Soup  
1:00 Love on a Leash Therapy Dog(s)  
2:30 Soup Sample Social & Trivia L2  
4:00 Living Room Reading Aloud  
Eve. Hulu Movie: Secretariat

**17**

9:45 Seniors in Motion Fitness: L2  
10:45 "Stir Masters": Corn Chowder Soup  
1:00 Love on a Leash Therapy Dog(s)  
2:30 Soup Sample Social & Trivia L2  
4:00 Living Room Reading Aloud  
Eve. Hulu Movie: The Rookie

**24**

9:45 Seniors in Motion Fitness: L2  
10:45 "Stir Masters": Hearty Vegetable Soup  
1:00 Love on a Leash Therapy Dog(s)  
2:30 Soup Sample Social & Trivia L2  
4:00 Living Room Reading Aloud  
Eve. Hulu Movie: A Man Called Otto

**4** National Candy Day

9:45 Seniors in Motion Fitness: L2  
10:45 Hair Styling with Jackolin  
**1:30 Music with Jeffrey L1**  
3:00 Yahtzee Dice Game L2  
4:00 Living Room Trivia L2

**11** Veteran's Day

9:45 Seniors in Motion Fitness: L2  
10:45 Hair Styling with Jackolin  
**1:30 Military Care Packages (to send out)**  
3:00 Yahtzee Dice Game L2  
4:00 Living Room Trivia L2

**18**

9:45 Seniors in Motion Fitness: L2  
10:45 Hair Styling with Jackolin  
**1:30 Museum of Flight**  
3:00 Yahtzee Dice Game L2  
4:00 Living Room Trivia L2

**25**

9:45 Seniors in Motion Fitness: L2  
10:45 Hair Styling with Jackolin  
**1:30 Food Bank/Animal Shelter Delivery**  
3:00 Yahtzee Dice Game L2  
4:00 Living Room Trivia L2

**5**

9:45 Seniors in Motion Fitness: L2  
10:30 Disney Plus: "Animals Up Close"  
1:30 Coffee Clutch & Chat L2  
2:30 Bible Study L2/ DECA Club to deliver cards and Say "Hello"  
3:30 Fall Craft: Acorns for Decorations L1

**12**

9:45 Seniors in Motion Fitness: L2  
10:30 Disney Plus: "Animals Up Close"  
**1:30 Military Care Packages (to send out)**  
2:30 Bible Study L2  
3:30 Fall Craft: Calico Turkeys L1

**19**

9:45 Seniors in Motion Fitness: L2  
10:30 Disney Plus: "Animals Up Close"  
1:30 Coffee Clutch & Chat L2  
2:30 Bible Study L2  
3:30 Fall Craft: Suncatcher Leaves

**26**

9:45 Seniors in Motion Fitness: L2  
10:30 Disney Plus: "Animals Up Close"  
1:30 Coffee Clutch & Chat L2  
2:30 Bible Study L2  
3:30 Fall Craft: Terracotta Christmas Trees

**6**

**10:30 Music with Bob Theis L1**  
1:00 Mukilteo Library Visit  
3:30 Afternoon Stretch L2  
4:00 Living Room Words in a Word L1  
Eve. Memory Joggers Trivia L2

**13**

9:45 Seniors in Motion Fitness: L2  
10:45 Mukilteo Library Visit  
**1:30 Military Care Packages (to send out)**  
**3-4 pm 1<sup>st</sup> Floor Dining Room**  
**Thankful Social & Music by the Cabaret**  
Eve. Memory Joggers Trivia L2

**20**

(L.E. & Dining: Dining Room Prep)  
**Family Thanksgiving Lunches**  
**L2 @ 11:30-L1 @ 12:30**  
3:30 Mukilteo Library Visit  
4:00 Living Room Words in a Word L1  
Eve. Memory Joggers Trivia L2

**27**

Thanksgiving Day

9:45 Seniors in Motion Fitness: L2  
10:45 Living Room Words in a Word L1  
**1:30 Thanksgiving Day**  
**Cider & Snack Social**  
3:00 Memory Joggers Trivia L2

**7**

10:45 Seniors in Motion Fitness: L2  
11:30 Fall Coloring Hour L1  
1:30 Bingo with Joe L2 (1 Hour)  
3:30 Get Your Walk On: Hall Walks  
4:30 "War" Card Game L1  
Eve. Noodles & Balloons L2

**14**

10:45 Seniors in Motion Fitness: L2  
11:30 Fall Coloring Hour L1  
1:30 Bingo with Joe L2 (1 Hour)  
3:30 Get Your Walk On: Hall Walks  
4:30 "War" Card Game L1  
Eve. Noodles & Balloons L2

**21**

10:45 Seniors in Motion Fitness: L2  
11:30 Fall Coloring Hour L1  
1:30 Bingo with Joe L2 (1 Hour)  
3:30 Get Your Walk On: Hall Walks  
4:30 "War" Card Game L1  
Eve. Noodles & Balloons L2

**28**

10:45 Seniors in Motion Fitness: L2  
11:30 Fall Coloring Hour L1  
1:30 Bingo with Joe L2 (1 Hour)  
3:30 Get Your Walk On: Hall Walks  
4:30 "War" Card Game L1  
Eve. Noodles & Balloons L2

**Resident Birthdays!**

Meg S. 11/8  
Jennie D. 11/18  
Barb C. 11/28

**1**

10:45 Seniors in Motion Fitness: L2  
11:45 Living Room Ball Bounce Circle L1  
3:30 Dominoes: L2 Library  
4:30 Trivia Time L1  
Eve. Nat. Geo: Earth Moods

**8**

10:45 Seniors in Motion Fitness: L2  
11:45 Living Room Ball Bounce Circle L1  
3:30 Dominoes: L2 Library  
4:30 Trivia Time L1  
Eve. Nat. Geo: Earth Moods

**15**

10:45 Seniors in Motion Fitness: L2  
11:45 Living Room Ball Bounce Circle L1  
3:30 Dominoes: L2 Library  
4:30 Trivia Time L1  
Eve. Nat. Geo: Earth Moods

**22**

10:45 Seniors in Motion Fitness: L2  
11:45 Living Room Ball Bounce Circle L1  
3:30 Dominoes: L2 Library  
4:30 Trivia Time L1  
Eve. Nat. Geo: Earth Moods

**29**

10:45 Seniors in Motion Fitness: L2  
11:45 Living Room Ball Bounce Circle L1  
3:30 Dominoes: L2 Library  
4:30 Trivia Time L1  
Eve. Nat. Geo: Earth Moods

Grateful,  
Thankful and Blessed