Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: ACT - Activity Room BIS - Bistro DIN - Dining Room LIB - Library LOB - Lobby MC - Memory Care Floor# TH - Theater ** - Resident lead Activity RR - Requires Reservation Sign-up sheets are in the Lobby.	1 11:00 Silver Sneakers** - GYM 1:00 Mind & Mingle (Mistletoe and Holly Mining puzzles) - ACT 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 4:00 History Highlights (Mistletoe Day) - LOB 5:00 Learning Circle (The Biology of Mistletoe) - LOB 6:00 The Puzzle Table - ACT Mistletoe Day	2 11:00 Power of Parkinson's** - GYM 1:00 Learning Circle (Holiday Color Trends) - LOB 2:00 Patty's Dime Bingo** - ACT 3:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 4:00 Arts & Crafts (Paint a Christmas Tree) - ACT 5:00 History Highlights (The Colors of Christmas) - LOB 6:00 Tabletop Games - ACT Show Off Your Holiday Colors Day	3 10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:30 Walking Club** - LOB 2:00 Movie Matinee (Grease) - TH **4:00 Live Music with Cameron! - BIS** 5:00 History Highlights (Illinois) - LOB 6:00 Mind & Mingle (Chicago Whitesox Word Search Puzzle) - LOB Happy Birthday, Land of Lincoln	4 10:00 Guided Meditation** - GYM 11:00 Van Runs - RR 11:00 Silver Sneakers** - GYM 3:00 Coffee & Cookie Social - BIS 4:00 Coloring Social Hour - ACT 5:30 Games with Carol** - ACT 6:00 Mind & Mingle (Everyone Loves Cookies) - LOB Cookie Day	5 **11:00 Traveling Library - ACT** 11:00 Yoga** - GYM 1:30 SHARE Support Group** - TH **3:00 Happy Hour &Trivia - BIS** 5:00 Arts & Crafts (Nature Sketching) - ACT 6:00 Learning Circle (Coral Reef Conservation) - LOB	6 10:30 The Garden Gathering** - LOB 11:00 Christmas Decorating - LOB 1:00 Chair Zumba** - GYM 2:00 Movie Matinee (Clambake) - TH 4:00 History Highlights (Everglades National Park) - LOB 5:00 Mind & Mingle (Everglades Mining) - LOB 6:00 Learning Circle (American Alligator) - LOB Everglades National Park Day
7 10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 1:00 Church of the Nazarene Service - MC 1st Floor 3:00 The Puzzle Table - ACT 4:00 Listening Hour (Christmas Tree Songs) - BIS 5:00 Mind & Mingle (Christmas Tree Songs Quiz) - LOB 6:00 History Highlights (Christmas Tree Traditions) - LOB Christmas Tree Week Begins	8 11:00 Silver Sneakers** - GYM 1:00 Learning Circle (Buddhism) - LOB 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 4:00 Arts & Crafts (Nature Sketching) - ACT 5:00 Coloring Social Hour (Buddhist Mandalas) - ACT 6:00 The Puzzle Table - ACT Bodhi Day	9 11:00 Power of Parkinson's** - GYM 1:00 Coloring Social Hour - ACT 2:00 Patty's Dime Bingo** - ACT 3:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 5:00 Mind & Mingle (CARDS Categories puzzle) - LOB 6:00 History Highlights (History of the Christmas Card) - LOB Christmas Card Day	10 Meeting Reminder! 10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:30 Walking Club** - LOB **1:15 Resident Council Meeting - TH** 4:00 Listening Hour(Winter Music) - BIS 5:00 Mind & Mingle (Playingin the Snow Puzzle) -LOB 6:00 Tabletop Games - ACT Winter Wonderland Wednesday	11 10:00 Guided Meditation** - GYM 11:00 Van Runs - RR 11:00 Silver Sneakers** - GYM 1:00 Coloring Social Hour - ACT 3:00 Learning Circle (Animals Found in the Mountain) - LOB 4:00 Mind & Mingle (Mountain Hike Word Search Puzzle) - LOB 5:00 Arts & Crafts (Nature Sketching) - ACT 6:00 Tabletop Games - ACT International Mountain Day	12 **10:00 Holiday Market - ACT** 11:00 Yoga** - GYM 11:30 Drum Fitness with Diane** - ACT 1:30 SHARE Support Group** - TH **3:00 Happy Hour & Live Music with Terry! - DIN** 5:00 History Highlights (Dr. Joel Roberts Poinsett) - LOB 6:00 Learning Circle (The "Christmas Eve Flower") - LOB National Poinsettia Day	13 10:30 The Garden Gathering** - LOB 11:00 Card Creations Social - ACT 1:00 Chair Zumba** - GYM 2:00 Movie Matinee (The Pink Panther) - TH **3:00 Outing to the Federal Way Chorale - RR** 5:00 Mind & Mingle (A-Mazing Hot Cocoa & Matching Hot Cocoas) - LOB 6:00 History Highlights (The History of Hot Chocolate) - LOB Cocoa Day
14 10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 1:00 History Highlights (Hanukkah) - LOB 3:00 Learning Circle (Mensch on a Bench) - LOB 4:00 Coloring Social Hour (Hanukkah) - ACT 5:00 Mind & Mingle (Hanukkah Puzzles) - LOB 6:00 Tabletop Games - ACT Happy Hanukkah	15 Meeting Reminder! 11:00 Silver Sneakers** - GYM 1:00 Mind & Mingle (The Grinch Stole the Lyrics!) - LOB 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT **3:00 Food Committee Meeting - TH** 4:00 Coloring Social Hour - ACT 5:00 The Puzzle Table - ACT 6:00 Tabletop Games - ACT A Grinch Day	16 11:00 Power of Parkinson's** - GYM 1:00 Coloring Social Hour - ACT 2:00 Patty's Dime Bingo** - ACT 3:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 5:00 Learning Circle (Beethoven) - LOB 6:00 Mind & Mingle (Classical Music Word Match) - LOB Play Ludwig Day	17 10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:30 Walking Club** - LOB 1:00 Arts & Crafts (Draw Your Own Airplane) - ACT 3:00 Mind & Mingle (Airplane Photo Quiz) - LOB 4:00 History Highlights (Wright Brothers Aircraft) - LOB 5:00 Coloring Social Hour - ACT 6:00 The Puzzle Table - ACT Wright Brothers Day	18 Meeting Reminder! 10:00 Guided Meditation** - GYM 11:00 Van Runs - RR 11:00 Silver Sneakers** - GYM **2:00 Town Hall Meeting - ACT** 4:00 Tabletop Games - ACT 5:00 Coloring Social Hour - ACT 6:00 The Puzzle Table - ACT Baking Cookies Day	19 11:00 Yoga** - GYM 1:00 Coloring Social Hour - ACT 1:30 SHARE Support Group** - TH **3:00 Happy Hour & Hangman - BIS** 5:00 History Highlights (History of Christmas Sweaters) - LOB 6:00 Mind & Mingle (Matching Ugly Christmas Sweaters) - LOB Ugly Sweater Day	20 **11:00 Christmas Carols with the Girl Scouts - ACT** **1:00 Outing to Centerstage Theater (Red Riding Hood: A Holiday Panto) - RR** 2:00 Movie Matinee (Home Alone)- TH 4:00 Mind & Mingle (*It's a Wonderful Life* Trivia) - LOB 5:00 Learning Circle (7 Enduring Lessons) - LOB 6:00 The Puzzle Table - ACT "It's a Wonderful Life" Anniversary
21 10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 1:00 Church of the Nazarene Service - MC 1st Floor 3:00 History Highlights (James Naismith) - LOB 4:00 Mind & Mingle (Basketball Riddle Jumble) - LOB 5:00 Coloring Social Hour - ACT 6:00 Tabletop Games - ACT Happy Birthday, Basketball	22 11:00 Silver Sneakers** - GYM 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 4:00 Mind & Mingle (December Zodiac Word Search) - LOB 5:00 Coloring Social Hour (Zodiac Signs) - ACT 6:00 History Highlights (The History of Astrology and the Zodiac) - LOB 6:00 Learning Circle (Famous Capricorns) - LOB Capricorn, The Goat Day	23 11:00 Power of Parkinson's** - GYM 1:00 Arts & Crafts (Candy Cane Elf) - ACT 2:00 Patty's Dime Bingo** - ACT 3:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 5:00 Coloring Social Hour - ACT 6:00 Mind & Mingle (Candy Cane Word Search) - LOB Creative Candy Cane Day	24 10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:00 Gathering with Pastor Rick - LIB 1:30 Walking Club** - LOB **3:30 Christmas Party & Birthday Celebration with Carson! - DIN** 5:00 Mind & Mingle (Festive Eggnog Puzzle) - LOB 6:00 History Highlights (The History of Eggnog) - LOB Christmas Eve/Eggnog Day	25 10:00 Guided Meditation** - GYM 11:00 Cocoa & Christmas Cookie Social - BIS 1:00 Listening Hour (Christmas Music) - BIS 2:00 Movie Matinee (Jingle All the Way) - TH 4:00 Mind & Mingle (Funny Christmas Party Quote) - LOB 5:00 Christmas Dinner - DIN 6:00 Coloring Social Hour - ACT Merry Christmas	26 11:00 Yoga** - GYM 1:00 Mind & Mingle (Kwanzaa Puzzles) - LOB 1:30 SHARE Support Group** - TH **3:00 Happy Hour & Karaoke - BIS** 5:00 Learning Circle (Learning About Kwanzaa) - LOB 6:00 Coloring Social Hour - ACT Kwanzaa Begins	27 10:30 The Garden Gathering** - LOB 1:00 Chair Zumba** - GYM 2:00 Movie Matinee (Indiana Jones and the Kingdom of the Crystal Skull) - TH 4:00 Mind & Mingle (Cutting Snowflakes Puzzle) - LOB 5:00 Coloring Social Hour - ACT 6:00 The Puzzle Table - ACT Cut Out a Snowflake Day
28 10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 1:00 History Highlights (Chocolate History) - LOB 3:00 Learning Circle (Seven Proven Health Benefits of Dark Chocolate) - LOB 4:00 The Puzzle Table - ACT 5:00 Coloring Social Hour - ACT 6:00 Tabletop Games - ACT Chocolate Candy Day	29 11:00 Silver Sneakers** - GYM 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 4:00 Mind & Mingle (Texas Firsts & Famous Texans Word Puzzles) - LOB 5:00 Arts & Crafts (Nature Sketching) - ACT 6:00 Learning Circle (Texas) - LOB Lone Star State Day	30 11:00 Power of Parkinson's** - GYM 1:00 Learning Circle (Tiger Woods) - LOB 2:00 Patty's Dime Bingo** - ACT 3:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 5:00 Mind & Mingle (Golf Trivia) - LOB 6:00 The Puzzle Table - ACT Tiger Woods' Birthday	31 10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:30 Walking Club** - LOB 1:00 Coloring Social Hour - ACT **3:00 New Year's Eve Party! - BIS** 5:00 Mind & Mingle (New Year's Day Puzzles) - LOB 6:00 Learning Circle (What's New in 2026?) - LOB New Year's Eve	December 2025		

Assisted Living and Independent Living Calendar (Calendar may be subject to change.)