DECEMBER 2025

SUNDAY **FRIDAY** SATURDAY **MONDAY TUESDAY** WEDNESDAY **THURSDAY** 9:45 Seniors in Motion Fitness: L2 10:30 Music with Bob Theis L1 9:45 Seniors in Motion Fitness: L2 10:45 Hair Styling 10:30 Mix, Match & Build 10:45 Gentle Hand Massages 10:45 Mukilteo Library 10:45 Living Room Ball Bounce Circle 1:30 Standing Chair Fitness L1 1:30 Reminisce Magazines & Coffee 2:00 Decorating Christmas Trees 1:30 Range of Motion 1-1"s 1:30 Bingo with Joe L2 (1 Hour) 3:30 Snowflakes & Rudolph Spritzers 3:00 Yahtzee Dice Game 3:30 Afternoon Stretch L2 2:30 Bible Study L2 4:30 Trivia Time 3:30 Steady Steps: Hall Walks 4:00 Living Room Reading Aloud 4:00 Nat Geo: National Parks USA 3:30 Christmas Card Making 3:30 Writing Letters to Santa 4:30 Music & Watercolor Painting with Friends, for our Neighbors 4:30 Scattergories Eve. Peppermint Tea & Visit Eve. Living room Holiday Words in a Word Eve. Hand Instruments & Singalong L2 Eve. Bingo! L1 12 9:45 Seniors in Motion Fitness: L2 10:00 Cub Scouts to Sing Carols L1 9:45 Seniors in Motion Fitness: L2 10:45 Mukilteo Library 10:45 Gentle Hand Massages 10:45 Hair Styling 10:45 Living Room Ball Bounce Circle 10:30 Mix, Match & Build 1:30 Standing Chair Fitness L1 1:30 Range of Motion 1-1"s 2-3 Winter Festival 3:30 Snowflakes & Grinch juice 1:30 Craft: Cork Reindeer 1:30 Bingo with Joe L2 (1 Hour) 1:00 Don & Symcoe, Therapy Dog Visit 3:00 No Bake Dessert Making for Eve. 2:30 Bible Study L2 3:30 Steady Steps: Hall Walks 3:00 Yahtzee Dice Game 4:30 Trivia Time 3:30 Dominoes "Buck Eyes" 3:30 Eganoa & Short Bread Cookies 4:00 Living Room Reading Aloud 4:30 Music & Watercolor Painting **Holly Jolly Social** 4:00 Christmas Light Drive 4:30 Scattergories Eve. Peppermint Tea & Visit & Music by the Cabaret Eve. Hand Instruments & Singalong L2 Eve. Bingo! L1 Eve. Living Room Holiday Words in a Word Eve. "Home Alone" & No Bake Dessert Spirit Week 15-19th 15 Team Santa or Team Grinch 20 16 Wear Your Ugly Sweater **Winter Wonderland Christmas Pajamas Christmas Pageant** 9:45 Seniors in Motion Fitness: L2 9:45 Seniors in Motion Fitness: L2 9:45 Seniors in Motion Fitness: L2 **Family Christmas Special Lunches** 9:45 Seniors in Motion Fitness: L2 9:45 Seniors in Motion Fitness: L2 9:45 Seniors in Motion Fitness: L2 10:45 Coloring & Chat 10:45 Gentle Hand Massages 10:30 Mix, Match & Build L2 @ 11:30 - L1 @ 12:30 10:45 Mukilteo Library 10:45 Living Room Ball Bounce Circle 10:45 Hair Styling 1:30 Range of Motion 1-1"s 3:30 Snowflakes & Christmas Punch 1:30 Craft: Pinecone Trees 1:30 Reminisce Magazines & Coffee 1:30 Bingo with Joe L2 (1 Hour) 1:30 Music with Uncle Doug L2 2:30 Bible Study L2 3:00 No Bake Dessert Making for Eve. 3:30 Steady Steps: Hall Walks 4:30 Trivia Time 3:00 "Miracle On 34th Street" "Watergate Salad" 3:30 Reindeer Games L1 Dining 3:30 Yahtzee! 4:30 Music & Watercolor Painting & Peppermint Brownies 4:00 Christmas Light Drive 4:30 Scattergories Eve. Peppermint Tea & Visit 1:30–3:30 **Staff** Party Eve. Bingo! L1 Eve. Hand Instruments & Singalong L2 Eve. Living Room Holiday Words in a Word L1 Activity Room Eve. "Santa Claus" & No Bake Dessert 24 26 9:45 Seniors in Motion Fitness: L2 10:45 Living Room Ball Bounce Circle 10:45 Hair Styling 10:30 Mix. Match & Build 10:45 Manicures 10:45 Mukilteo Library 10:45 Coloring & Chat 10:45 Gentle Hand Massages 1:30 Standing Chair Fitness L1 1:30 Craft: Clothes Pin Reindeer 1:00 Don & Symcoe, Therapy Dog Visit 1:30 Singing Christmas Carols 1:30 Bingo with Joe L2 (1 Hour) 3:30 Snowflakes & Sparkling Cider 1:30 Range of Motion 1-1"s 2:30 Bible Study L2 3:30 Steady Steps: Hall Walks 4:30 Trivia Time 3:00 No Bake Dessert Making for Eve. 3:00 Yahtzee Dice Game 4:30 Music & Watercolor Painting "Banana Icebox Cake" 3:30 Hot Cocoa Bar L2 4:00 Living Room Reading Aloud 3:30 Dominoes 2:30 Christmas Cookies, Cocoa & Eve. Peppermint Tea & Visit "A Christmas Story" 4:00 Christmas Light Drive 4:30 Scattergories Eve. Bingo! L1 Eve. Hand Instruments & Singalong L2 Eve. "Noelle" & No Bake Dessert

9:45 Seniors in Motion Fitness: L2 10:45 Coloring & Chat 1:30 Craft: Bead Snowflakes 3:00 No Bake Dessert Making for Eve. "Potato Chip Bars"

4:00 Christmas Light Drive

Eve. "Frozen" & No Bake Dessert

9:45 Seniors in Motion Fitness: L2 10:45 Gentle Hand Massages 1:30 Reminisce Magazines & Coffee

3:30 New Year Decor Prep.

Eve. Bingo! L1

30

9:45 Seniors in Motion Fitness: L2 10:45 Hair Styling 1:30 Standing Chair Fitness L1 3:00 Yahtzee Dice Game 4:00 Living Room Reading Aloud

9:45 Seniors in Motion Fitness: L2 10:30 Mix, Match & Build 1:30 Music with Jeffrey L1 2:30 Bible Study L2

3:30 New Year's Social L1

Resident Birthdays

Ricki M. 12/3 Ellinor A. 12/4 Mark R. 12/15