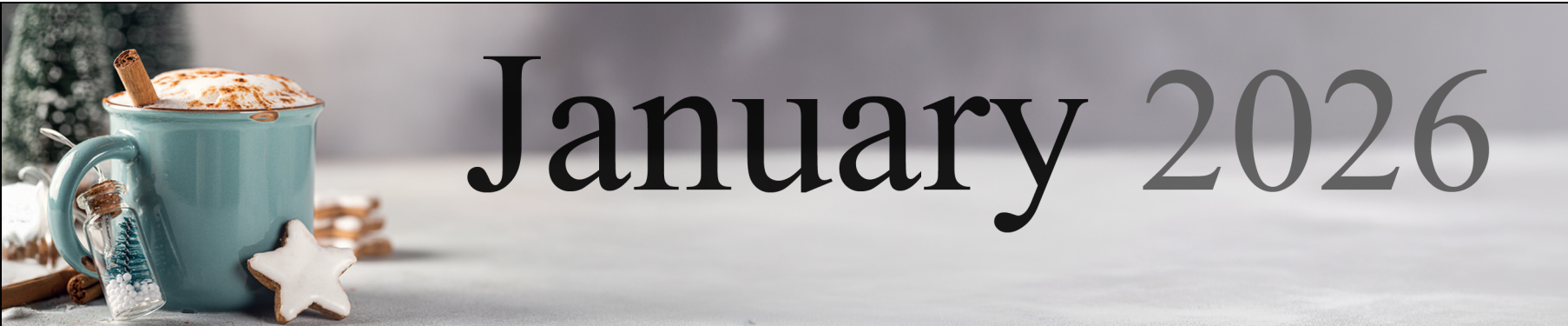


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2026				9:30 Current Events (B) 10:15 Walking Group (L) 11:00 What's new in 2026? (MR) 1:30 Group Games (AR) 2:30 Table Games (AR) 6:00 Movie & Popcorn (MR) 1 	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:30 Walking Group (L) 2:30 Happy Hour: Cabaret! 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 2	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Lunch Outing - Mukilteo Speedway Cafe \$\$ (L) 2:00 Table Games (AR) 2:30 Arts & Crafts (AR) 5:00 Seahawks vs 49ers (MR) 3
9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (AR) 1:30 Table Games (AR) 2:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 4	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:30 Walking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 5	9:30 Coffee & Current Events (B) 10:00 Evergreen Middle School Choir! (DR) 1:15 Catholic Communion (TVL) 1:30 Resident-Led Bible Fellowship (TVL) 1:15 Table Games (AR) 2:30 Armchair Travel (MR) 3:30 Calendar Chat w/Marica (MR) 6:30 Therapy Dog - Ruben! (MR) 6	9:30 Coffee & Current Events (B) 10:00 Grocery Shopping: Trader Joe's \$\$ (L) 1:30 Chef Chat w/Anthony (MR) 2:30 Happy Hour: Joe Carolus! (DR) 3:45 Word Puzzles (B) 6:00 Movie & Popcorn (MR) 7	9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 Where am I? (MR) 1:15 Table Games! (AR) 2:30 Hand Spa & Manicures (AR) 6:30 Therapy Dog - Ruben! (MR) 8	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Table Games (AR) 2:30 Happy Hour! Cabaret! 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 9	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:00 Flying Heritage & Combat Armor Museum 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 10
9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (AR) 1:30 Table Games (AR) 2:30 Penny Bingo! (AR) 5:00 Golden Globes Awards (MR) 11	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:30 Walking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 12	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia (MR) 1:15 Catholic Communion 1:30 Resident-Led Bible Fellowship (TVL) 1:30 Art Appreciation Group (MR) 2:30 Arts & Crafts: Northern Lights Painting (AR) 6:30 Therapy Dog - Ruben! (MR) 13	9:30 Coffee & Current Events (B) 10:00 Grocery Shopping: QFC \$\$ (L) 1:30 Walking Group (L) 2:30 Happy Hour: Steve Mason! 3:45 Word Puzzles (B) 6:00 Movie & Popcorn (MR) 14	9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 Who am I? (MR) 11:45 Birthday Celebration! (DR) 1:30 Book Club (MR) 2:30 Table Games (AR) 6:30 Therapy Dog - Ruben! (MR) 15	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:30 Walking Group (L) 2:30 Happy Hour: Janie Kelley! 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 16	9:30 Coffee & Current Events (B) 10:00 Macy's Shopping \$\$ (L) 1:30 Table Games (AR) 2:30 Arts & Crafts (AR) 6:00 Movie & Popcorn (MR) 17
9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (AR) 1:30 Table Games (AR) 2:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 18	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 MLK Trivia! (MR) 1:30 MLK Group Chat (MR) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 19 ★ Martin Luther King Jr. Day ★ ★ ★	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia (MR) 1:15 Catholic Communion 1:30 Resident-Led Bible Fellowship (TVL) 1:30 Table Games (AR) 3:00 Star of the Month! (MR) 6:30 Therapy Dog - Ruben! (MR) 20	9:30 Coffee & Current Events (B) 10:00 Grocery Shopping: Fred Meyer \$\$ (L) 1:30 Walking Group (L) 2:30 Happy Hour: Performance TBD 3:30 Town Hall with Smitty 6:00 Movie & Popcorn (MR) 21	9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 What am I? (MR) 1:15 Table Games! (AR) 2:30 Hand Spa & Manicures (AR) 6:30 Therapy Dog - Ruben! (MR) 22	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:30 Walking Group (L) 2:30 Happy Hour! Performance TBD 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 23	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Jim Dotson's Memorial Service (L) 6:00 Movie & Popcorn (MR) 24
9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (AR) 1:30 Table Games (AR) 2:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 25	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:30 Walking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) 26	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia (MR) 1:15 Catholic Communion 1:30 Resident-Led Bible Fellowship (TVL) 1:30 Table Games 2:30 Penny Bingo! 3:30 Arts & Crafts 6:30 Therapy Dog - Ruben! (MR) 27	9:30 Coffee & Current Events (B) 10:00 Grocery Shopping: Safeway \$\$ (L) 1:30 Walking Group (L) 2:30 Happy Hour: Performance TBD 3:45 Word Puzzles (B) 6:00 Movie & Popcorn (MR) 28	9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 Who am I? (MR) 1:15 Table Games! (AR) 2:30 Hand Spa & Manicures (AR) 6:30 Therapy Dog - Ruben! (MR) 29	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:30 Walking Group (L) 1:30 Happy Hour: Belly Dancing by Bella Jovan 3:00 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 30	9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! 1:15 Penny Bingo! (AR) 2:30 Table Games (AR) 3:30 Arts & Crafts (AR) 6:00 Movie & Popcorn (MR) 31

All programming is subject to change. Please check daily schedule for most accurate information.
AR = Activities Room, B = Bistro, DR = Dining Room, MR = Media Room, TVL = TV Lounge, L = Lobby \$\$ = Bring Money