


January 2026
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div></div>	<div></div>	<div><h3>Resident Birthdays</h3><div><div>Bernard W.</div><div>Patricia H.</div><div>Phyllis K.</div><div>Esther C.</div><div>Lynn B.</div></div><div><div>1/2</div><div>1/4</div><div>1/6</div><div>1/9</div><div>1/17</div></div></div>	<div><h3>New Year's Day</h3><div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Goodwill Shopping (6th & Mill) [SU\$]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 📖 Writing New Years Resolutions [DR]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>3:00 🎲 Bingo [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Ladd Circle Walk (Dress Warm) [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 📖 Current Events Social [DR]</div><div>11:00 🧶 Helping Hands - Sewing Fabric Hearts [ActRm]</div><div>2:00 🦋 Room to Room check ins [RtR]</div><div>4:00 🎉 Happy Hour [DR]</div><div>5:00 🏆 Portland Trail Blazers @ New Orleans</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:15 🌱 Watering All the Plants [Outdoors]</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🧶 Sip and Paint [ActRm]</div><div>2:00 🎬 Afternoon Movie - 12 Angry Men [4LR]</div><div>2:30 🎲 Card/Board Games [DR]</div><div>5:00 🏆 Portland Trail Blazers @ San Antonio</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>
<div>Pat H. Birthday<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>10:45 📖 Coffee & Tea Social hour [DR]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>2:30 ⭐ Church Service [ActRm]</div><div>3:00 🎮 Bingo [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div>Matt Off<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🌟 Monday affirmations with Josh</div><div>1:00 🌸 Pet therapy with Judd & Bowen [ActRm]</div><div>2:15 🎵 Music of your Choice [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Utah</div></div></div>	<div>Phyllis K. Birthday<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Fred Meyer Shopping (39th & Hawthorne) [SU\$]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>1:30 🎭 Bus on Appointment</div><div>3:00 🗣️ Food Forum with Ruddy [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Scenic Drive - Washington Park [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🍲 Soup Social</div><div>2:00 🎮 Hallway Bowling [LIB]</div><div>3:30 🔍 Peter's Music History Hour [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Houston</div></div>	<div>Elvis's Birthday<div><div>9:30 🎭 Bus on Appointment</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🔍 Buzzing Brian - Oregon Wine History [4LR]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>3:00 🎲 Bingo [DR]</div><div>3:45 🗣️ Activity Calendar Brainstorming Day [DR]</div><div>4:00 🗣️ Resident Council Meeting [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div>Esther C. Birthday<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 📖 Current Events Social [DR]</div><div>11:00 🧶 Helping Hands - Sewing Fabric Hearts [ActRm]</div><div>1:30 🎭 Bus on Appointment</div><div>2:00 🦋 Room to Room check ins [RtR]</div><div>4:00 🎉 Happy Hour [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Houston</div></div></div>	<div><div>9:15 🌱 Watering All the Plants [Outdoors]</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🧶 Sip and Paint [ActRm]</div><div>12:00 🎵 Elena with Cello [DR]</div><div>2:00 🎬 Afternoon Movie - Breakfast at Tiffany's [4LR]</div><div>2:30 🎲 Card/Board Games [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>
<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>10:45 📖 Coffee & Tea Social hour [DR]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>2:30 ⭐ Church Service [ActRm]</div><div>3:00 🎮 Bingo [DR]</div><div>3:00 🏆 Portland Trail Blazers vs New York</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Scenic Drive [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🌟 Monday affirmations with Josh</div><div>2:00 🦋 Baby Shower for Armanie [DR]</div><div>2:15 🎵 Music of your Choice [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Craft Warehouse Shopping (Gresham) [SU\$]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>2:30 🍲 Cooking with Chef [DH]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>8:00 🏆 Portland Trail Blazers @ Golden State</div></div>	<div>Manda Off<div><div>9:30 🎭 Bus on Appointment</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🌟 Memory Care Crafting Corner [ACT]</div><div>2:00 ⭐ Neighborhood Walk [Dependent on Weather]</div><div>3:30 🔍 Peter's Music History Hour [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div>Manda Off<div><div>9:30 🎭 Bus on Appointment</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>2:00 ⭐ Neighborhood Walk [Dependent on Weather]</div><div>2:30 🌟 Memory Care Beading Bonanza [ACT]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Atlanta</div></div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Lloyd Center to Watch Ice Skaters [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>2:30 🦋 Memory Care Sing-A-Longs [LR]</div><div>4:15 🎵 Live Music We Remember [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:15 🌱 Watering All the Plants [Outdoors]</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>2:00 🎬 Afternoon Movie [4LR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Los Angeles</div></div>
<div>Manda Off<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>10:45 📖 Coffee & Tea Social hour [DR]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>2:30 ⭐ Church Service [ActRm]</div><div>6:00 🏆 Portland Trail Blazers @ Sacramento</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div>Martin Luther King, Jr. Day<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Clackamas Town Center Walk [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🌟 Monday affirmations with Josh</div><div>1:00 🌸 Pet therapy with Judd & Bowen [ActRm]</div><div>2:15 🎵 Music of your Choice [ActRm]</div><div>4:30 🗣️ Katie's Corner [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Scenic Drive - I84 Gorge Drive [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>12:00 🎵 Live Music with Phil Hall, Accordionist [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Scenic Drive - Washington Park [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🍲 Soup Social</div><div>2:00 🎮 Hallway Bowling [LIB]</div><div>3:30 🔍 Peter's Music History Hour [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Bamboo Garden Walk (Dress Warm) [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>3:00 🎲 Bingo [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Miami</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Gresham Main City Park Walk [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 📖 Current Events Social [DR]</div><div>11:00 🧶 Helping Hands - Sewing Fabric Hearts [ActRm]</div><div>2:00 🦋 Room to Room check ins [RtR]</div><div>4:00 🎉 Happy Hour [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div><div>7:00 🏆 Portland Trail Blazers vs Toronto</div></div>	<div><div>9:15 🌱 Watering All the Plants [Outdoors]</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🧶 Sip and Paint [ActRm]</div><div>2:00 🎬 Afternoon Movie - A Good Year [1FP]</div><div>3:00 🍷 Winter Wine Tasting [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>
<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>10:45 📖 Coffee & Tea Social hour [DR]</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>2:30 ⭐ Church Service [ActRm]</div><div>3:00 🎮 Bingo [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🌟 Monday affirmations with Josh</div><div>2:15 🎵 Music of your Choice [ActRm]</div><div>5:00 🏆 Portland Trail Blazers @ Boston</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Powell's Books Shopping (37th & Hawthorne) [SU\$]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>12:30 🎵 Song Memories Live Music with Noel and Dana [DR]</div><div>4:00 🏆 Portland Trail Blazers @ Washington [SU\$]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Scenic Drive - Marine Drive [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🍲 Soup Social</div><div>2:00 🎮 Hallway Bowling [LIB]</div><div>3:30 🔍 Peter's Music History Hour [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Nadaka Park Walk (Dress Warm) [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>1:30 🎭 Bus on Appointment</div><div>1:30 🎵 Sing-a-longs [ActRm]</div><div>3:00 🎲 Bingo [DR]</div><div>5:30 🗣️ Family Council Meeting [ActRm]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>	<div>Mimzy Off<div><div>9:30 🌟 Morning TV News [ActRm]</div><div>9:30 🚗 Outing - Colonel Summers Park Walk (Dress Warm) [SU]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 📖 Current Events Social [DR]</div><div>11:00 🧶 Helping Hands - Sewing Fabric Hearts [ActRm]</div><div>2:00 🦋 Room to Room check ins [RtR]</div><div>4:00 🎉 Happy Hour [DR]</div><div>4:30 🏆 Portland Trail Blazers @ New York</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div></div>	<div><div>9:15 🌱 Watering All the Plants [Outdoors]</div><div>9:30 🌟 Morning TV News [ActRm]</div><div>10:00 ➡ Morning Seated Stretching [ActRm]</div><div>10:30 🎮 Wii Bowling [ActRm]</div><div>11:00 🧶 Sip and Paint [ActRm]</div><div>2:00 🎬 Afternoon Movie - Gone with the Wind [4LR]</div><div>2:30 🎲 Card/Board Games [DR]</div><div>6:30 🎬 After Dinner Movie - Residents choice [1FP]</div></div>