

# January 2026

## Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>HAWTHORNE GARDENS</b> Senior Living Community</p>	 <p>Theme of the Month <b>Happy New Year</b> Celebrate the moments, welcome the new beginnings.</p>		<p><b>Resident Birthdays</b></p> <p>Bernard W. 1/2 Patricia H. 1/4 Phyllis K. 1/6 Esther C. 1/9 Lynn B. 1/17</p>	<p><b>New Year's Day</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Outing - Goodwill Shopping (6th &amp; Mill) [SU\$] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 11:00 🌸 Writing New Years Resolutions [DR] 1:30 🎶 Sing-a-longs [ActRm] 3:00 🎰 Bingo [DR] 6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>1</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Outing - Ladd Circle Walk (Dress Warm) [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Current Events Social [DR] 11:00 🎯 Helping Hands - Sewing Fabric Hearts [ActRm] 2:00 🎪 Room to Room check ins [RtR] 4:00 🎶 Happy Hour [DR] 5:00 🎯 Portland Trail Blazers @ New Orleans 6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>2</p> <p>9:15 🌱 Watering All the Plants [Outdoors] 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎯 Sip and Paint [ActRm] 2:00 🎪 Afternoon Movie - 12 Angry Men [4LR] 2:30 🎲 Card/Board Games [DR] 5:00 🎯 Portland Trail Blazers @ San Antonio 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>
<p><b>Pat H. Birthday</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 10:45 🎪 Coffee &amp; Tea Social hour [DR] 1:30 🎶 Sing-a-longs [ActRm] 2:30 ★ Church Service [ActRm] 3:00 🎰 Bingo [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>4</p> <p><b>Matt Off</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Monday affirmations with Josh 1:00 🎪 Pet therapy with Judd &amp; Bowen [ActRm] 2:15 🎶 Music of your Choice [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers vs Utah</p>	<p>5</p> <p><b>Phyllis K. Birthday</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Outing - Fred Meyer Shopping (39th &amp; Hawthorne) [SU\$] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Bus on Appointment 3:00 🎪 Food Forum with Ruddy [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>6</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Scenic Drive - Washington Park [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Bus on Appointment 2:00 🎪 Hallway Bowling [LIB] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers vs Houston</p>	<p>7</p> <p><b>Elvis's Birthday</b></p> <p>9:30 🎪 Bus on Appointment 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Soup Social 2:00 🎪 Hallway Bowling [LIB] 11:00 🎪 Buzzing Brian - Oregon Wine History [4LR] 1:30 🎶 Sing-a-longs [ActRm] 3:00 🎰 Bingo [DR] 3:45 🎪 Activity Calendar Brainstorming Day [DR] 4:00 🎪 Resident Council Meeting [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>8</p> <p><b>Esther C. Birthday</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Bus on Appointment 11:00 🎪 Current Events Social [DR] 11:00 🎯 Helping Hands - Sewing Fabric Hearts [ActRm] 1:30 🎪 Bus on Appointment 2:00 🎪 Room to Room check ins [RtR] 4:00 🎶 Happy Hour [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers vs Houston</p>	<p>9</p> <p>9:15 🌱 Watering All the Plants [Outdoors] 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎯 Sip and Paint [ActRm] 12:00 🎶 Elena with Cello [DR] 2:00 🎪 Afternoon Movie - Breakfast at Tiffany's [4LR] 2:30 🎲 Card/Board Games [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>
<p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 10:45 🎪 Coffee &amp; Tea Social hour [DR] 1:30 🎶 Sing-a-longs [ActRm] 2:30 ★ Church Service [ActRm] 3:00 🎰 Bingo [DR] 3:00 🎯 Portland Trail Blazers vs New York 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>11</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Scenic Drive [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Monday affirmations with Josh 2:00 🎪 Baby Shower for Armanie [DR] 2:15 🎶 Music of your Choice [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>12</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Craft Warehouse Shopping (Gresham) [SU\$] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Baby Shower for Armanie [DR] 2:00 🎪 Cooking with Chef [DH] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 8:00 🎯 Portland Trail Blazers @ Golden State</p>	<p>13</p> <p><b>Manda Off</b></p> <p>9:30 🎪 Bus on Appointment 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Memory Care Crafting Corner [ACT] 10:30 🎯 Wii Bowling [ActRm] 2:00 ★ Neighborhood Walk [Dependent on Weather] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>14</p> <p><b>Manda Off</b></p> <p>9:30 🎪 Bus on Appointment 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Memory Care Crafting Corner [ACT] 2:00 ★ Neighborhood Walk [Dependent on Weather] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>15</p> <p><b>Manda Off</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Lloyd Center to Watch Ice Skaters [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 1:30 🎶 Sing-a-longs [ActRm] 2:00 ★ Neighborhood Walk [Dependent on Weather] 2:30 🎪 Memory Care Sing-A-Longs [LR] 4:15 🎶 Live Music We Remember [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers vs Atlanta</p>	<p>16</p> <p><b>Manda Off</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Lloyd Center to Watch Ice Skaters [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 1:30 🎶 Sing-a-longs [ActRm] 2:00 ★ Neighborhood Walk [Dependent on Weather] 2:30 🎪 Memory Care Beading Bonanza [ACT] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers vs Atlanta</p>
<p><b>Manda Off</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 10:45 🎪 Coffee &amp; Tea Social hour [DR] 1:30 🎶 Sing-a-longs [ActRm] 2:30 ★ Church Service [ActRm] 6:00 🎯 Portland Trail Blazers @ Sacramento 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>18</p> <p><b>Martin Luther King, Jr. Day</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Clackamas Town Center Walk [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Monday affirmations with Josh 1:00 🎪 Pet therapy with Judd &amp; Bowen [ActRm] 2:15 🎶 Music of your Choice [ActRm] 4:30 🎪 Katie's Corner [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>19</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Scenic Drive - I-84 Gorge Drive [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Live Music with Phil Hall, Accordionist [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>20</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Scenic Drive - Washington Park [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Soup Social 2:00 🎪 Hallway Bowling [LIB] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>21</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Bamboo Garden Walk (Dress Warm) [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Soup Social 2:00 🎪 Hallway Bowling [LIB] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>22</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Gresham Main City Park Walk [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Current Events Social [DR] 11:00 🎯 Helping Hands - Sewing Fabric Hearts [ActRm] 2:00 🎪 Room to Room check ins [RtR] 4:00 🎶 Happy Hour [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers vs Miami</p>	<p>23</p> <p>9:15 🌱 Watering All the Plants [Outdoors] 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎯 Sip and Paint [ActRm] 2:00 🎪 Afternoon Movie - A Good Year [1FP] 3:00 🎪 Winter Wine Tasting [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>
<p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 10:45 🎪 Coffee &amp; Tea Social hour [DR] 1:30 🎶 Sing-a-longs [ActRm] 2:30 ★ Church Service [ActRm] 6:00 🎯 Portland Trail Blazers @ Sacramento 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>25</p> <p>9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 10:45 🎪 Coffee &amp; Tea Social hour [DR] 1:30 🎶 Sing-a-longs [ActRm] 2:30 ★ Church Service [ActRm] 3:00 🎰 Bingo [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>26</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Powell's Books Shopping (37th &amp; Hawthorne) [SU\$] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Monday affirmations with Josh 2:15 🎶 Music of your Choice [ActRm] 5:00 🎯 Portland Trail Blazers @ Boston [SU\$] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>27</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Scenic Drive - Marine Drive [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Soup Social 2:00 🎪 Hallway Bowling [LIB] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>28</p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Nadaka Park Walk (Dress Warm) [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Soup Social 2:00 🎪 Hallway Bowling [LIB] 3:30 🎪 Peter's Music History Hour [ActRm] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>	<p>29</p> <p><b>Mimzy Off</b></p> <p>9:30 ⚡ Morning TV News [ActRm] 9:30 🚗 Oouting - Colonel Summers Park Walk (Dress Warm) [SU] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎪 Current Events Social [DR] 11:00 🎯 Helping Hands - Sewing Fabric Hearts [ActRm] 2:00 🎪 Room to Room check ins [RtR] 4:00 🎶 Happy Hour [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP] 7:00 🎯 Portland Trail Blazers @ New York</p>	<p>30</p> <p>9:15 🌱 Watering All the Plants [Outdoors] 9:30 ⚡ Morning TV News [ActRm] 10:00 🔺 Morning Seated Stretching [ActRm] 10:30 🎯 Wii Bowling [ActRm] 11:00 🎯 Sip and Paint [ActRm] 2:00 🎪 Afternoon Movie - Gone with the Wind [4LR] 2:30 🎲 Card/Board Games [DR] 6:30 🎪 After Dinner Movie - Residents choice [1FP]</p>