

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

					1		2	3					
					8:00am-New Years Day Parade 10:00am-Snack Cart 11:00am-Music Therapy. (BC) 2:00pm-Snack cart. 3:00pm-Pool noodle and balloon bop.	9:30am-Chair exercise with music (AC) 10:00am-Snack cart. 11:00am-Music sing along (BC) 2:00pm-Snack cart. 3:00pm-Dart board game. (BC)	9:30am-Music and conversation. 10:30am-Seated morning stretch. 11:30am-Aqua painting. 2:00pm-Color pages. 3:00pm-Movies and relaxing in the TV rooms.						
					New Year's Day								
9:30am-Coffee and conversation. 10:00am-Spiritual music and meditation. 11:30pm-Football in the TV room. 2:00pm-Ball toss in the dining room. 3:00pm-Movies in the TV room.	4	9:30am-Chair exercise with music. (BC) 10:00am-Snack cart. 10:30am-Therapy dog visit with Ava. 11:00am-Music therapy. (BC) 2:00pm-Snack cart. 3:00pm-Left, Right, Center game. (AC)	5	9:30am-Chair exercise with music. (AC) 10:00am-Snack cart. 11:00am-Music therapy. 1:00pm-Resident Council. (BC) 2:00pm-Fresh popcorn. 3:00pm-Movies in the TV room.	6	9:30am-Chair exercise with music. (BC) 10:00am-Snack cart. 11:00am-Music therapy. (AC) 1:00pm-Hairdresser will be here. 2:00pm-Snack cart. 3:00pm-Trivia Fun (AC)	7	9:30am-Chair exercise with music. (AC) 10:00am-Snack cart. 11:00am-Music therapy. 2:00pm-Snack cart. 3:00pm-Puzzles in the dining room.	8	9:30am-Chaie exercise with music. (BC) 10:00am-Snack cart. 11:00am-Music therapy. (BC) 2:00pm-Frozen treat Friday. 3:00pm-Trivia Fun. (AC)	9	9:30am-Coffee and conversation. 10:30am-Coloring in the dining room. 11:30am-Residents choice. 2:00pm-Puzzles in the dining room. 3:00pm-Ball toss in the dining room.	10
9:30am-Coffee and conversation. 10:00am-Sunday football in the TV room. 11:30am-Relax and read a good book. 2:00pm-Listening to music in the dining room. 3:00pm-Movies in the TV room.	11	9:30am-Chair exercise with music. (BC) 10:00am-Snack cart. 10:30am-Therapy dog visit with Ava. 11:00am-Music therapy (AC) 2:00pm-Snack cart. 3:00pm-Dart board game. (AC)	12	9:30am-Chair exercise with music. (AC) 10:00am-Snack cart. 11:00am-Music therapy. (BC) 2:00pm-Snack cart. 3:00pm-Snowball toss. (AC)	13	9:30amOne on one visit. 10:00am-Snack cart. 11:00am-Music therapy (AC) 2:00pm-Fresh popcorn. 3:00pm-Weather permitting, A stroll in the courtyard to get some fresh air.	14	9:30am-Chair exercise and music. (BC) 10:00am-Snack cart. 11:00am-Music therapy. (BC) 2:00pm-Snack cart. 3:00pm- Small canvas painting. (AC)	15	9:30am-Chair exercise. (AC) 10:00am-Snack cart. 11:00am-Music therapy. (AC) 2:00pm-Frozen treat Friday. 3:00pm-Music and balloon toss.	16	9:30am-Coffee and conversation. 10:30am-Morning chair exercise. 11:30am-Aqua painting in the dining room. 2:00pm-Animal videos in the TV room. 3:00pm-Puzzles in the dining room.	17
9:30am-Coffee and conversation. 10:00am-Football game in the TV room. 11:30am-Residents choice. 2:00pm-Dart board game in the dining room. 3:00pm-Movies in the TV room.	18	9:30am-Chair exercise with music. (BC) 10:00am-Snack cart. 10:30-Therapy dog visit. 11:00am-Music therapy. (BC) 2:00pm-Snack cart. 3:00pm-Solo cup and pool noodle fun. (AC)	19	9:30am-Chair exercise and music. (AC) 10:00am-Snack cart. 11:00am-Music therapy (RC) 2:00pm-Snack cart. 3:00pm-Trivia Fun! (BC)	20	9:30am-Chair exercise and music. (BC) 10:00am-Snack cart. 11:00am-Music therapy. (BC) 2:00pm-Fresh popcorn. 3:00pm-Movie time in the TV rooms.	21	9:30am-Chair exercise. 10:00am-Snack cart. 11:00am-Music therapy. (AC) 2:00pm-Friends and Family event, Mocktails and Music, with entertainer Mark Zetterberg in the Baker cottage. 3:00pm-Residents choice.	22	9:30am-Chair exercise and music. (BC) 10:00am-Snack cart. 11:00am-Music therapy. (BC) 2:00pm-Celebrating January birthdays with birthday cake. 3:00pm-Some trivia fun in the dining rooms.	23	9:30am-Coffee and conversation. 10:00am-Coloring in the dining room. 11:00am-Puzzles in the dining room. 2:00pm-Ball toss in the dining room. 3:00pm-Western movies in the TV room.	24
9:30am-Coffee and conversation. 10:30am-Football in the TV room. 11:30-Spiritual Music and conversation. 2:00pm-Residents choice. 3:00pm-Movies in the TV room.	25	9:30am-Chair exercise with music. 10:00am-Snack cart. 10:30am-Therapy dog visit with Ava. 11:00am-Music therapy. 2:00pm-Snack cart. 3:00pm-Stories and poems (AC)	26	9:30am-Chair exercise. (AC) 10:00am-Snack cart. 11:00am-Music therapy. (AC) 1:00pm-Hairdresser will be here. 3:00pm-Snack cart.	27	9:30am-Chair exercise. (BC) 10:00am-Snack cart. 11:00am-Music therapy. (AC) 2:00pm-Dan Hausler, entertainer will be in Baker cottage. 3:00pm-Snack cart.	28	9:30am-Chair exercise and music. (AC) 10:00am-Snack cart. 11:00am-Music therapy. (BC) 2:00pm-Fresh popcorn. 3:00pm-Movies in the TV room.	29	9:30am-Chair exercise and music. (BC) 10:00am-Snackcart. 11:00am-Music therapy. (AC) 2:00pm-Snack cart. 3:00pm-Snowballs and Solo cup toss game. (BC)	30	9:30am-Coffee and conversation. 10:00am-Aqua painting. 11:30am-Residents choice. 2:00pm-Puzzles in the dining room. 3:00pm-Balloon bop in the dining room.	31