

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Location Key: ACT - Activity Room, BIS - Bistro, DIN - Dining Room, LIB - Library, LOB - Handout in Lobby, MC - MC Floor #, TH - Theater.

** - Resident lead Activity, RR - Requires Reservation (Sign-up sheets are in the Lobby.)

	<h1>January 2026</h1>		<p>11:00 Silver Sneakers** - GYM 11:00 Van Runs - RR 2:00 Coloring Social Hour - ACT 3:00 Chair Stretching** - GYM 4:00 Jigsaw Puzzles - ACT 5:30 Games with Carol** - ACT</p> <p>New Year's Day</p>	<p>11:00 Traveling Library - ACT 11:00 Yoga** - GYM 1:30 SHARE Support Group** - TH 3:00 - 4:00 Happy Hour & Trivia - BIS 4:00 Reading (15 Things You Might Not Know About Georgia) - LOB 4:30 Coloring Social Hour - ACT 6:00 PEACH Categories Quiz - LOB</p> 	<p>11:00 Chair Zumba** - GYM 1:00 Poetry Writing - ACT 2:00 Movie Matinee (Barbie) - TH 3:00 Chair Stretching** - GYM 4:00 Coloring Social Hour - ACT 6:00 Jigsaw Puzzles - ACT</p> <p>Victor Borge Day</p>
<p>10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 1:00 Church of the Nazarene Service - MC 1st Floor 2:00 Sparkles Dime Bingo** - ACT 4:00 Tai Chi** - GYM 6:00 Jigsaw Puzzles - ACT</p> <p>Mars Exploration Day</p>	<p>4</p> <p>11:00 Silver Sneakers** - GYM 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 3:00 Chair Stretching** - GYM 4:00 Reading (History of Burger King) - LOB 6:00 Water Coloring - ACT</p> <p>Burger King Trademark Day</p>	<p>5</p> <p>11:00 Power of Parkinson's** - GYM 1:00 Coloring Social Hour - ACT 2:00 Patty's Dime Bingo** - ACT 3:30 St. Vincent de Paul Communion Service (Room Visits) 4:00 Jigsaw Puzzles - ACT 6:00 Board Games - ACT</p> <p>Happy Birthday, New Mexico</p>	<p>6</p> <p>10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 2:00 Movie Matinee (The Dark Knight) - TH 3:00 Spanish with Sue W** - ACT 3:30 - 4:30 Live Music with Carson! - DIN 6:00 Coloring Social Hour - ACT</p> <p>Butterfly McQueen Day</p>	<p>7</p> <p>11:00 Silver Sneakers** - GYM 11:00 Van Runs - RR 2:00 Coloring Social Hour - ACT 3:00 Chair Stretching** - GYM 4:00 Elvis Name That Tune Word Match - LOB 5:30 Games with Carol** - ACT</p> <p>Elvis Lives Day</p>	<p>8</p> <p>11:00 Yoga** - GYM 1:30 SHARE Support Group** - TH 3:00 - 4:00 Happy Hour & Hangman - BIS 4:00 Reading (Peach Bowl History) - LOB 4:30 Coloring Social Hour - ACT 6:00 Board Games - ACT</p> <p>Peach Bowl</p>
<p>10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 2:00 Sparkles Dime Bingo** - ACT 4:00 Tai Chi** - GYM 4:30 Coloring Social Hour - ACT 6:00 The Golden Globes Word Fit Puzzle - LOB</p> <p>Golden Globe Awards Night</p>	<p>11</p> <p>11:00 Silver Sneakers** - GYM 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 3:00 Chair Stretching** - GYM 4:00 Hot Tea Word Search Puzzle - LOB 6:00 Reading (History of Tea) - LOB</p> <p>Hot Tea Day</p>	<p>12</p> <p>11:00 Power of Parkinson's** - GYM 1:00 Coloring Social Hour - ACT 2:00 Patty's Dime Bingo** - ACT 3:00 - 4:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 4:00 Jigsaw Puzzles - ACT 6:00 Board Games - ACT</p> <p>Korean American Day</p>	<p>13</p> <p>10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:15 Resident Council Meeting - TH 3:00 Spanish with Sue W** - ACT 4:00 Birdhouse Painting - ACT 6:00 Spice of Life Word Search - LOB</p> <p>Spice of Life Day</p>	<p>14</p> <p>11:00 Silver Sneakers** - GYM 11:00 Van Runs - RR 2:00 Town Hall Meeting - ACT 3:00 Chair Stretching** - GYM 4:00 MLK Day Word Search - LOB 5:30 Games with Carol** - ACT</p> <p>Humanitarian Day</p>	<p>15</p> <p>11:00 Yoga** - GYM 11:30 Drum Fitness with Diane** - ACT 1:30 SHARE Support Group** - TH 3:00 - 4:00 Happy Hour & Name That Tune - BIS 4:30 Coloring Social Hour - ACT 6:00 A-Mazing Quinoa Maze - LOB</p> <p>National Quinoa Day</p>
<p>10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 1:00 Church of the Nazarene Service - MC 1st Floor 2:00 Sparkles Dime Bingo** - ACT 4:00 Tai Chi** - GYM 6:00 Gourmet Coffee Word Search - LOB</p> <p>Gourmet Coffee Day</p>	<p>18</p> <p>11:00 Silver Sneakers** - GYM 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 3:00 Food Committee Meeting - TH 4:00 MLK Day Jumble - LOB 6:00 Coloring Social Hour - ACT</p> <p>Martin Luther King Jr. Day</p>	<p>19</p> <p>11:00 Power of Parkinson's** - GYM 1:00 Coloring Social Hour - ACT 2:00 Patty's Dime Bingo** - ACT 3:30 St. Vincent de Paul Communion Service (Room Visits) 4:00 Jigsaw Puzzles - ACT 6:00 January Zodiac Word Search Puzzle - LOB</p> <p>Aquarius, The Water Carrier</p>	<p>20</p> <p>10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 2:00 Movie Matinee (A Walk to Remember) - TH 3:00 Spanish with Sue W** - ACT 4:00 Poke-in Art - ACT 6:00 Coloring Social Hour - ACT</p> <p>Lollipop Day</p>	<p>21</p> <p>11:00 Silver Sneakers** - GYM 11:00 Van Runs - RR 2:00 Coloring Social Hour - ACT 3:00 Chair Stretching** - GYM 4:00 Utah Word Search Puzzle - LOB 5:30 Games with Carol** - ACT</p> <p>Sundance Day</p>	<p>22</p> <p>11:00 Yoga** - GYM 1:30 SHARE Support Group** - TH 3:00 - 4:00 Happy Hour & Live Music with Terry! - DIN 4:00 Reading (History of Handwriting) - LOB 4:30 Jigsaw Puzzles - ACT 6:00 Coloring Social Hour - ACT</p> <p>National Handwriting Day</p>
<p>10:00 Manicures - ACT 11:00 Guided Meditation** - GYM 2:00 Sparkles Dime Bingo** - ACT 4:00 Tai Chi** - GYM 4:30 Coloring Social Hour - ACT 6:00 Burns Night Word Search - LOB</p> <p>Burns Night</p>	<p>25</p> <p>11:00 Silver Sneakers** - GYM 1:30 Hand & Foot** - LIB 2:00 Poker** - ACT 3:00 Chair Stretching** - GYM 4:00 Reading (Bessie Coleman) - LOB 4:30 Aviation Word Match - LOB 6:00 Coloring Social Hour - ACT</p> <p>Incredible Aviator Day</p>	<p>26</p> <p>11:00 Power of Parkinson's** - GYM 1:00 Coloring Social Hour - ACT 2:00 Patty's Dime Bingo** - ACT 3:00 - 4:00 Wine Tasting - BIS 3:30 St. Vincent de Paul Communion Service (Room Visits) 4:00 Jigsaw Puzzles - ACT 6:00 Board Games - ACT</p> <p>Tea and Trivia Tuesday</p>	<p>27</p> <p>10:00 Manicures - ACT 11:00 Chair Yoga** - GYM 1:00 Gathering with Pastor Rick - LIB 2:00 Movie Matinee (A Dog's Way Home) - TH 3:00 Spanish with Sue W** - ACT 4:00 Felt Succulents Craft - ACT 6:00 Coloring Social Hour - ACT</p> <p>Photobombing Day</p>	<p>28</p> <p>11:00 Silver Sneakers** - GYM 11:00 Van Runs - RR 2:00 Coloring Social Hour - ACT 3:00 Chair Stretching** - GYM 4:00 Junk Drawer Detective Puzzle - LOB 5:30 Games with Carol** - ACT</p> <p>Puzzle Day</p>	<p>29</p> <p>11:00 Yoga** - GYM 1:30 SHARE Support Group** - TH 3:00 - 4:00 Birthday Party & Happy Hour - BIS 4:00 Bowling Party Detective Puzzle - LOB 4:30 Jigsaw Puzzles - ACT 6:00 Board Games - ACT</p> <p>Spare Day</p>
<p>Assisted Living and Independent Living Calendar (Calendar may be subject to change.)</p>					