



January 2026

"Approach the new year with the resolve to find the opportunities hidden in each new day"

~Michael Josephson



SUN	MON	TUE	WED	THU	FRI	SAT
<u>Birthdays</u> Ruth 1/1 Elaine 1/6 Valene 1/9 Rosetta 1/10 B. 1/29 Marcia 1/30				1 Happy New Year 10:30 Music with Bob Theis L1 1:30 Mukilteo Library Visit 3:00 MMC Family Feud L2 4:30 Coloring Hour Eve. Teatime & Trivia L2	2 9:45 Seniors in Motion L2 10:45 Sensory 1-1's 1:30 Scrabble 3:00 Ping-Pong L2 4:30 Jigsaw Puzzle Group Eve. Bingo L1	3 9:45 Seniors in Motion L2 10:45 Words in a Word 1:30 UNO Card Game 3:00 Name that Sound! 4:30 Finish the Sentence Eve. Popcorn & A Classic Film
4 9:45 Seniors in Motion L2 10:45 Just Add Water Painting 1:30 Noodles & Balloons 3:00 Salad Bar L1 4:30 Hangman in the Living Room Eve. Pick An Era Singalong L1	5 9:45 Seniors in Motion L2 10:45 Bean Bag Toss L1 1:00 Don & Symcoe (Therapy Dog) 3:00 Bingo L2 (1 hour) 4:30 Manicures Eve. Yahtzee Dice Game L2	6 9:45 Seniors in Motion L2 10:45 Bowling L1 1:30 Dominoes 3:00 Coffee & Fun Facts 4:30 Mix, Match & Build	7 9:45 Seniors in Motion L2 10:45 Ring Toss L1 1:30 Balloon Painting 3:00 Where in the World... 4:30 Joggin' Your Noggin'	8 9:45 Seniors in Motion L2 10:45 Words That Start With... 1:30 Mukilteo Library 3:00 MMC Family Feud L2 4:30 Coloring Hour Eve. Teatime & Reading Aloud L1	9 9:45 Seniors in Motion L2 10:45 Sensory 1-1's 1:30 Scrabble 3:00 Ping-Pong L2 4:30 Jigsaw Puzzle Group Eve. Bingo L1	10 9:45 Seniors in Motion L2 10:45 Words in a Word 1:30 Flying Heritage Museum 4:30 Finish the Sentence Eve. Popcorn & A Classic Film
11 9:45 Seniors in Motion L2 10:45 Just Add Water Painting 1:30 Noodles & Balloons 3:00 Sandwich Bar L1 4:30 Hangman in the Living Room Eve. Pick An Era Singalong L1	12 9:45 Seniors in Motion L2 10:45 Bean Bag Toss L1 1:00 Don & Symcoe (Therapy Dog) 3:00 Bingo L2 (1 hour) 4:30 Manicures Eve. Yahtzee Dice Game L2	13 9:45 Seniors in Motion L2 10:45 Bowling L1 1:30 Music with Uncle Doug L2 3:00 Resident Council L1 4:30 Mix, Match & Build	14 9:45 Seniors in Motion L2 10:45 Ring Toss L1 1:30 Painting with Produce 3:00 Where in the World... 4:30 Joggin' Your Noggin'	15 9:45 Seniors in Motion L2 10:45 Words That Start With... 1:30 Mukilteo Library 3:00 Winter in Paris Social Eve. Teatime & Trivia L2	16 9:45 Seniors in Motion L2 10:45 Sensory 1-1's 1:30 Scrabble 3:00 Ping-Pong L2 4:30 Jigsaw Puzzle Group Eve. Bingo L1	17 9:45 Seniors in Motion L2 10:45 Words in a Word 1:30 UNO Card Game 3:00 Birthday Social L1 4:30 Finish the Sentence Eve. Popcorn & A Classic Film
18  9:45 Seniors in Motion L2 10:45 Just Add Water Painting 1:30 Noodles & Balloons 3:00 Chili Bar L1 4:30 Hangman in the Living Room Eve. Pick An Era Singalong L1	19 Martin Luther King Jr. Day 9:45 Seniors in Motion L2 10:45 Bean Bag Toss L1 1:00 Don & Symcoe (Therapy Dog) 3:00 Bingo L2 (1 hour) 4:30 Manicures Eve. Yahtzee Dice Game L2	20 9:45 Seniors in Motion L2 10:45 Bowling L1 1:30 Dominoes 3:00 Coffee & Reading Aloud 4:30 Mix, Match & Build	21 9:45 Seniors in Motion L2 10:45 Ring Toss L1 1:30 Finger Painting (gloves on) 3:00 Where in the World... 4:30 Joggin' Your Noggin'	22 9:45 Seniors in Motion L2 10:45 Words That Start With... 1:30 Cabaret Singer L2 3:00 MMC Family Feud L2 4:30 Coloring Hour Eve. Teatime & Reding Aloud L1	23 9:45 Seniors in Motion L2 10:45 Sensory 1-1's 1:30 Scrabble 3:00 Ping-Pong L2 4:30 Jigsaw Puzzle Group Eve. Bingo L1	24 9:45 Seniors in Motion L2 10:45 Words in a Word 1:30 Northwest Veterans Museum 4:30 Finish the Sentence Eve. Popcorn & A Classic Film
25 9:45 Seniors in Motion L2 10:45 Just Add Water Painting 1:30 Noodles & Balloons 3:00 Ice Cream Bar L1 4:30 Hangman in the Living Room Eve. Pick An Era Singalong L1	26 9:45 Seniors in Motion L2 10:45 Bean Bag Toss L1 1:00 Don & Symcoe (Therapy Dog) 3:00 Bingo L2 (1 hour) 4:30 Manicures Eve. Yahtzee Dice Game L2	27 9:45 Seniors in Motion L2 10:45 Bowling L1 1:30 Dominoes 3:00 Coffee & "Dad Jokes" 4:30 Mix, Match & Build	28 9:45 Seniors in Motion L2 10:45 Ring Toss L1 1:30 Fork Painting 3:00 Where in the World... 4:30 Joggin' Your Noggin'	29 10:30 Music with Jeff L1 1:30 Mukilteo Library 3:00 MMC Family Feud L2 4:30 Coloring Hour Eve. Teatime & Trivia L2	30 9:45 Seniors in Motion L2 10:45 Sensory 1-1's 1:30 Scrabble 3:00 Ping-Pong L2 4:30 Jigsaw Puzzle Group Eve. Bingo L1	31 9:45 Seniors in Motion L2 10:45 Words in a Word 1:30 UNO Card Game 3:00 Name that Sound! 4:30 Finish the Sentence Eve. Popcorn & A Classic Film