

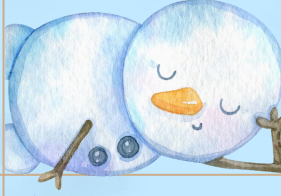


# January 2026

“Approach the new year with the resolve to find the opportunities hidden in each new day”

~Michael Josephson



| SUN   | MON   | TUE  | WED   | THU  | FRI  | SAT  |
|---|---|--|---|--|--|--|
| <u>Birthdays</u><br>Ruth 1/1<br>Elaine 1/6<br>Valene 1/9<br>Rosetta1/10<br>B. 1/29<br>Marcia 1/30   |   |   |   | <b>1</b> <b>Happy New Year</b><br><b>10:30 Music with Bob Theis L1</b><br>1:30 Mukilteo Library Visit<br>3:00 MMC Family Feud L2<br>4:30 Coloring Hour<br>Eve. Teatime & Trivia L2           | <b>2</b><br>9:45 Seniors in Motion L2<br>10:45 Sensory 1-1's<br>1:30 Scrabble<br>3:00 Ping-Pong L2<br>4:30 Jigsaw Puzzle Group<br>Eve. Bingo L1  | <b>3</b><br>9:45 Seniors in Motion L2<br>10:45 Words in a Word<br>1:30 UNO Card Game<br>3:00 Name that Sound!<br>4:30 Finish the Sentence<br>Eve. Popcorn & A Classic Film           |
| <b>4</b><br>9:45 Seniors in Motion L2<br>10:45 Just Add Water Painting<br>1:30 Noodles & Balloons<br>3:00 Salad Bar L1<br>4:30 Hangman in the Living Room<br>Eve. Pick An Era Singalong L1      | <b>5</b><br>9:45 Seniors in Motion L2<br>10:45 Bean Bag Toss L1<br><b>1:00 Don &amp; Symcoe (Therapy Dog)</b><br>3:00 Bingo L2 (1 hour)<br>4:30 Manicures<br>Eve. Yahtzee Dice Game L2                                    | <b>6</b><br>9:45 Seniors in Motion L2<br>10:45 Bowling L1<br>1:30 Dominoes<br>3:00 Coffee & Fun Facts<br>4:30 Mix, Match & Build                                 | <b>7</b><br>9:45 Seniors in Motion L2<br>10:45 Ring Toss L1<br>1:30 Balloon Painting<br>3:00 Where in the World...<br>4:30 Joggin' Your Noggin'             | <b>8</b><br>9:45 Seniors in Motion L2<br>10:45 Words That Start With...<br>1:30 Mukilteo Library<br>3:00 MMC Family Feud L2<br>4:30 Coloring Hour<br>Eve. Teatime & Reading Aloud L1         | <b>9</b><br>9:45 Seniors in Motion L2<br>10:45 Sensory 1-1's<br>1:30 Scrabble<br>3:00 Ping-Pong L2<br>4:30 Jigsaw Puzzle Group<br>Eve. Bingo L1  | <b>10</b><br>9:45 Seniors in Motion L2<br>10:45 Words in a Word<br><b>1:30 Flying Heritage Museum</b><br>4:30 Finish the Sentence<br>Eve. Popcorn & A Classic Film                   |
| <b>11</b><br>9:45 Seniors in Motion L2<br>10:45 Just Add Water Painting<br>1:30 Noodles & Balloons<br>3:00 Sandwich Bar L1<br>4:30 Hangman in the Living Room<br>Eve. Pick An Era Singalong L1  | <b>12</b><br>9:45 Seniors in Motion L2<br>10:45 Bean Bag Toss L1<br><b>1:00 Don &amp; Symcoe (Therapy Dog)</b><br>3:00 Bingo L2 (1 hour)<br>4:30 Manicures<br>Eve. Yahtzee Dice Game L2                                   | <b>13</b><br>9:45 Seniors in Motion L2<br>10:45 Bowling L1<br><b>1:30 Music with Uncle Doug L2</b><br><b>3:00 Resident Council L1</b><br>4:30 Mix, Match & Build | <b>14</b><br>9:45 Seniors in Motion L2<br>10:45 Ring Toss L1<br>1:30 Painting with Produce<br>3:00 Where in the World...<br>4:30 Joggin' Your Noggin'       | <b>15</b><br>9:45 Seniors in Motion L2<br>10:45 Words That Start With...<br>1:30 Mukilteo Library<br><b>3:00 Winter in Paris Social</b><br>Eve. Teatime & Trivia L2                          | <b>16</b><br>9:45 Seniors in Motion L2<br>10:45 Sensory 1-1's<br>1:30 Scrabble<br>3:00 Ping-Pong L2<br>4:30 Jigsaw Puzzle Group<br>Eve. Bingo L1 | <b>17</b><br>9:45 Seniors in Motion L2<br>10:45 Words in a Word<br>1:30 UNO Card Game<br><b>3:00 Birthday Social L1</b><br>4:30 Finish the Sentence<br>Eve. Popcorn & A Classic Film |
| <b>18</b><br>9:45 Seniors in Motion L2<br>10:45 Just Add Water Painting<br>1:30 Noodles & Balloons<br>3:00 Chili Bar L1<br>4:30 Hangman in the Living Room<br>Eve. Pick An Era Singalong L1     | <b>19</b> <b>Martin Luther King Jr. Day</b><br>9:45 Seniors in Motion L2<br>10:45 Bean Bag Toss L1<br><b>1:00 Don &amp; Symcoe (Therapy Dog)</b><br>3:00 Bingo L2 (1 hour)<br>4:30 Manicures<br>Eve. Yahtzee Dice Game L2 | <b>20</b><br>9:45 Seniors in Motion L2<br>10:45 Bowling L1<br>1:30 Dominoes<br>3:00 Coffee & Reading Aloud<br>4:30 Mix, Match & Build                            | <b>21</b><br>9:45 Seniors in Motion L2<br>10:45 Ring Toss L1<br>1:30 Finger Painting (gloves on)<br>3:00 Where in the World...<br>4:30 Joggin' Your Noggin' | <b>22</b><br>9:45 Seniors in Motion L2<br>10:45 Words That Start With...<br><b>1:30 Cabaret Singer L2</b><br>3:00 MMC Family Feud L2<br>4:30 Coloring Hour<br>Eve. Teatime & Reding Aloud L1 | <b>23</b><br>9:45 Seniors in Motion L2<br>10:45 Sensory 1-1's<br>1:30 Scrabble<br>3:00 Ping-Pong L2<br>4:30 Jigsaw Puzzle Group<br>Eve. Bingo L1 | <b>24</b><br>9:45 Seniors in Motion L2<br>10:45 Words in a Word<br><b>1:30 Northwest Veterans Museum</b><br>4:30 Finish the Sentence<br>Eve. Popcorn & A Classic Film                |
| <b>25</b><br>9:45 Seniors in Motion L2<br>10:45 Just Add Water Painting<br>1:30 Noodles & Balloons<br>3:00 Ice Cream Bar L1<br>4:30 Hangman in the Living Room<br>Eve. Pick An Era Singalong L1 | <b>26</b><br>9:45 Seniors in Motion L2<br>10:45 Bean Bag Toss L1<br><b>1:00 Don &amp; Symcoe (Therapy Dog)</b><br>3:00 Bingo L2 (1 hour)<br>4:30 Manicures<br>Eve. Yahtzee Dice Game L2                                   | <b>27</b><br>9:45 Seniors in Motion L2<br>10:45 Bowling L1<br>1:30 Dominoes<br>3:00 Coffee & “Dad Jokes”<br>4:30 Mix, Match & Build                              | <b>28</b><br>9:45 Seniors in Motion L2<br>10:45 Ring Toss L1<br>1:30 Fork Painting<br>3:00 Where in the World...<br>4:30 Joggin' Your Noggin'               | <b>29</b><br><b>10:30 Music with Jeff L1</b><br>1:30 Mukilteo Library<br>3:00 MMC Family Feud L2<br>4:30 Coloring Hour<br>Eve. Teatime & Trivia L2   | <b>30</b><br>9:45 Seniors in Motion L2<br>10:45 Sensory 1-1's<br>1:30 Scrabble<br>3:00 Ping-Pong L2<br>4:30 Jigsaw Puzzle Group<br>Eve. Bingo L1 | <b>31</b><br>9:45 Seniors in Motion L2<br>10:45 Words in a Word<br>1:30 UNO Card Game<br>3:00 Name that Sound!<br>4:30 Finish the Sentence<br>Eve. Popcorn & A Classic Film          |