

# February 2026 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 🌟 Morning TV News [ActRm] <b>1</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Coffee &amp; Tea Social hour [DR]</p> <p>1:30 📄 Writing Valentin Cards to Other Communities [ActRm]</p> <p>2:30 ✨ Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Groundhog Day Mimzy Off</b> <b>2</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Scenic Drive [B]</b></p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🗣️ Monday affirmations with Josh</p> <p>1:00 🐾 Pet therapy with Judd &amp; Bowen [ActRm]</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Peter H. Birthday</b> <b>3</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Scenic Drive [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>3:00 🗣️ <b>Food Forum with Ruddy [DR]</b></p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Manda Off</b> <b>4</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Scenic Drive [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🍲 <b>Soup Social</b></p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Manda Off</b> <b>5</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:00 🎨 Valentine's Day Craft [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Matt Off</b> <b>6</b></p> <p><b>National Wear Red Day</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Current Events Social [DR]</p> <p>2:00 🚪 Room to Room check ins [RtR]</p> <p>2:00 🔍 Winter Olympics Opening Ceremony [ActRm]</p> <p>4:00 🎮 Happy Hour [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] <b>7</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>2:00 🎬 Afternoon Movie [4LR]</p> <p>2:30 🎲 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>
<p>9:30 🌟 Morning TV News [ActRm] <b>8</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Coffee &amp; Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs Love Songs [ActRm]</p> <p>2:30 ✨ Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>3:30 🎮 Super Bowl [4LR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Matt Off</b> <b>9</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🗣️ Monday affirmations with Josh</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Carol W. Birthday</b> <b>10</b></p> <p><b>Matt Off</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>2:00 🍲 <b>Cooking with Chef [DH]</b></p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>7:15 🚗 Bus on Appointment</b> <b>11</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🍲 <b>Soup Social</b></p> <p>2:00 🎯 Olympics Ice Skating [ActRm]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🚗 <b>Bus on Appointment [B]</b> <b>12</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>1:00 🚗 <b>Shopping Outing - Bimart [43rd &amp; Woodstock] [SUS]</b></p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:00 🏠 Open House 2:00-4:00PM [DR]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] <b>13</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Albina Library [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Current Events Social [DR]</p> <p>11:00 📄 Handing out Valentin cards to your Neighbor</p> <p>12:45 🚗 <b>Bus on Appointment</b></p> <p>2:00 🚪 Room to Room check ins [RtR]</p> <p>2:45 🗣️ <b>Activity Calendar Brainstorming Day [DR]</b></p> <p>3:00 🗣️ <b>Resident Council Meeting [DR]</b></p> <p>4:00 🎮 Happy Hour [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] <b>14</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>12:00 🎵 <b>Elena with Cello [DR]</b></p> <p>2:00 🎬 Afternoon Movie [4LR]</p> <p>2:30 🎲 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>
<p>9:30 🌟 Morning TV News [ActRm] <b>15</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Coffee &amp; Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:30 ✨ Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Matt Off</b> <b>16</b></p> <p><b>Matt Off</b></p> <p><b>Presidents' Day</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🗣️ Monday affirmations with Josh</p> <p>1:00 🐾 Pet therapy with Judd &amp; Bowen [ActRm]</p> <p>2:00 🎨 Pearl's Baby Shower! [DR]</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>First Day of Ramadan</b> <b>17</b></p> <p><b>Lunar New Year</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Scenic Drive [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>12:00 🎵 <b>Live Music with Phil Hall, Accordionist [DR]</b></p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Ash Wednesday</b> <b>18</b></p> <p><b>Frank F. Birthday</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Scenic Drive [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🍲 <b>Soup Social</b></p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:00 🚗 <b>Bus on Appointment</b></p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>8:30 🎮 Winter Olympics [1FP] <b>19</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>1:00 🚗 <b>Shopping Outing - Dollar Tree [36th &amp; Powell] [SUS]</b></p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] <b>20</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🚗 <b>Bus on Appointment</b></p> <p>11:00 ☕ Current Events Social [DR]</p> <p>2:00 🚪 Room to Room check ins [RtR]</p> <p>4:00 🎮 Happy Hour [DR]</p> <p>4:15 🎵 <b>Live Music We Remember [DR]</b></p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] <b>21</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>2:00 🎬 Afternoon Movie [4LR]</p> <p>2:30 🎲 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>
<p><b>Tom K. Birthday</b> <b>22</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Coffee &amp; Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:30 ✨ Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎮 Winter Olympics Closing Ceremony [1FP]</p>	<p><b>9:30 🚗 Bus on Appointment [SeeMimzy]</b> <b>23</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🗣️ Monday affirmations with Josh</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] <b>24</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Scenic Drive [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>12:30 🎵 <b>Song Memories Live Music with Noel and Dana [DR]</b></p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] <b>25</b></p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:00 🚗 <b>Outing - Holgate Library [B]</b></p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🍲 <b>Soup Social</b></p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🚗 <b>Bus on Appointment</b> <b>26</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>1:00 🚗 <b>Shopping Outing - Village Merchants [SUS]</b></p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>5:30 🗣️ <b>Family Council Meeting [ActRm]</b></p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p><b>Matt Off</b> <b>27</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 ☕ Current Events Social [DR]</p> <p>2:00 🚪 Room to Room check ins [RtR]</p> <p>4:00 🎮 Happy Hour [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] <b>28</b></p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ➡ Morning Seated Stretching [ActRm]</p> <p>10:30 🎮 Wii Bowling [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>2:00 🎬 Afternoon Movie [4LR]</p> <p>2:30 🎲 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>



**Resident Birthdays**

Peter H.	2/3
Carol W.	2/10
Frank F.	2/18
Tom K.	2/22