



FEBRUARY 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Meeting Places

- 2 F 2nd Floor
- ACT Activity Room
- Art Arts & Craft Room
- bis Bistro
- CR Card Room
- Cin Cinema
- Din Dining Room
- FL Front Lobby
- Gar Garden Room
- Gym Gym
- Lo Lounge

01	02	03	04	05	06	07
9:00 Church ACT 10:00 Morning Exercise ACT 10:30 Fun and Games ACT 11:30 Lunch & Music Din 1:30 Nail Spa 2 F 3:00 Adult Coloring w/ Staff ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Exercise & Meditation ACT 11:30 Lunch & Music Din 2:00 Nail Spa ACT 3:00 Chair Dancing to 50's Music ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Reminisce with Me ACT 11:30 Lunch & Music Din 1:30 Yard Games ACT 3:00 Arts & Crafts ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Short Stories ACT 11:30 Lunch & Music Din 1:30 Bowling ACT 3:00 Happy Hour w/ John Adams ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Picture This! ACT 11:30 Lunch & Music Din 1:30 Board Games ACT 3:00 Let's Take a Trip Down Memory Lane... ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 9:00 Scenic Drive ACT 10:00 Morning Exercise ACT 11:30 Lunch & Music Din 1:30 Book Club ACT 3:00 Nail Spa ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Singing & Dancing to the Oldies ACT 11:30 Lunch & Music Din 1:00 Bake with Me ACT 2:00 Afternoon Social ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT
08	09	10	11	12	13	14
9:00 Church ACT 10:00 Morning Exercise ACT 10:30 Fun and Games ACT 11:30 Lunch & Music Din 1:30 Nail Spa 2 F 3:00 Adult Coloring w/ Staff ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Exercise & Meditation ACT 10:30 Parkinson's Support Group Cin 11:30 Lunch & Music Din 2:00 Nail Spa ACT 3:00 Chair Dancing to 50's Music ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Reminisce with Me ACT 11:30 Lunch & Music Din 1:00 Live Music: Sweet Mary ACT 3:00 Arts & Crafts ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Short Stories ACT 11:30 Lunch & Music Din 1:30 Bowling ACT 3:00 Happy Hour w/ John Adams ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Picture This! ACT 11:30 Lunch & Music Din 1:30 Board Games ACT 3:00 Let's Take a Trip Down Memory Lane... ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 9:00 Scenic Drive ACT 10:00 Morning Exercise ACT 11:30 Lunch & Music Din 1:30 Book Club ACT 3:00 Nail Spa ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	Valentine's Day 9:00 Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Singing & Dancing to the Oldies ACT 11:30 Lunch & Music Din 1:00 Bake with Me ACT 2:00 Afternoon Social ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT
15	16	17	18	19	20	21
9:00 Church ACT 10:00 Morning Exercise ACT 10:30 Fun and Games ACT 11:30 Lunch & Music Din 1:30 Nail Spa 2 F 3:00 Adult Coloring w/ Staff ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	President's Day 9:00 Morning Chat & Daily Newspaper ACT 10:00 Exercise & Meditation ACT 11:30 Lunch & Music Din 2:00 Nail Spa ACT 3:00 Chair Dancing to 50's Music ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Reminisce with Me ACT 11:30 Lunch & Music Din 1:00 Live Music: W/Kevin ACT 3:00 Arts & Crafts ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Short Stories ACT 11:30 Lunch & Music Din 1:30 Bowling ACT 1:30 Town Hall Cin 3:00 Happy Hour w/ John Adams ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Picture This! ACT 11:30 Lunch & Music Din 1:30 Board Games ACT 3:00 Let's Take a Trip Down Memory Lane... ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 9:00 Scenic Drive ACT 10:00 Morning Exercise ACT 11:30 Lunch & Music Din 1:30 Book Club ACT 3:00 Nail Spa ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Singing & Dancing to the Oldies ACT 11:30 Lunch & Music Din 1:00 Bake with Me ACT 2:00 Afternoon Social ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT
22	23	24	25	26	27	28
9:00 Church ACT 10:00 Morning Exercise ACT 10:30 Fun and Games ACT 11:30 Lunch & Music Din 1:30 Nail Spa 2 F 3:00 Adult Coloring w/ Staff ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Exercise & Meditation ACT 11:30 Lunch & Music Din 2:00 Nail Spa ACT 3:00 Chair Dancing to 50's Music ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Reminisce with Me ACT 11:30 Lunch & Music Din 1:00 Live Music: W/Nicole ACT 3:00 Arts & Crafts ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Short Stories ACT 11:30 Lunch & Music Din 1:30 Bowling ACT 3:00 Happy Hour w/ John Adams ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 10:00 Morning Exercise ACT 10:30 Picture This! ACT 11:30 Lunch & Music Din 1:30 Board Games ACT 3:00 Let's Take a Trip Down Memory Lane... ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Morning Chat & Daily Newspaper ACT 9:00 Scenic Drive ACT 10:00 Morning Exercise ACT 11:30 Lunch & Music Din 1:30 Book Club ACT 3:00 Nail Spa ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT	9:00 Coffee Chat ACT 10:00 Morning Exercise ACT 10:30 Singing & Dancing to the Oldies ACT 11:30 Lunch & Music Din 1:00 Bake with Me ACT 2:00 Afternoon Social ACT 4:30 Dinner & Music Din 7:30 Classic Movie Time ACT