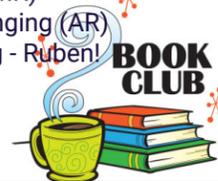


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
World Compliment Day 1 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR)	2 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Table Games (AR) 3:30 Penny Bingo! (MR) 6:00 Movie & Popcorn (MR)	3 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Catholic Communion (TVL) 1:30 Resident Led Bible Fellowship (TVL) 1:30 Seniors for Tech Workshop (MR) 3:00 Calendar Chat w/Marica (MR) 6:30 Therapy Dog - Ruben (MR) Happy Birthday Rose L!	4 9:30 Coffee & Current Events (B) 10:15 Grocery Shopping: QFC \$\$ (L) 1:30 Menu Chat w/Anthony (MR) 2:30 Happy Hour: Joe Carolus (DR) 3:30 Word Puzzles (B) 6:00 Movie & Popcorn (MR) Happy Birthday! Ron W, Nel D, & Renny G!	5 9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 Who am I? (MR) 1:15 Smitty Social (AR) 2:30 Arts & Crafts: St. Patrick's Day Gnomes! (AR) 6:30 Therapy Dog - Ruben! (MR) 	6 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Walking Group (L) 2:30 Happy Hour: Cabaret! (DR) 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	7 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Marshall's Shopping \$\$ (L) 3:30 Arts & Crafts: Watercolors (AR) 6:00 Movie & Popcorn (MR)
Daylight Savings Begins 8 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR) Happy Birthday Marilyn M! 	9 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Table Games (AR) 3:30 Penny Bingo! (MR) 6:00 Movie & Popcorn (MR)	10 9:30 Coffee & Current Events (B) 10:15 Children's Choir (DR) 11:00 Trivia! (MR) 1:15 Catholic Communion (TVL) 1:30 Resident Led Bible Fellowship (TVL) 1:30 Table Games (AR) 2:30 Arts & Crafts: Shamrock Garland (AR) 6:30 Therapy Dog - Ruben (MR) 	11 9:30 Coffee & Current Events (B) 10:15 Grocery Shopping: Fred Meyer \$\$ (L) 1:30 Table Games (AR) 2:30 Happy Hour: Jaeden Luke (DR) 3:30 Word Puzzles (B) 6:00 Movie & Popcorn (MR)	12 9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 What am I? (MR) 1:30 Men's Social Group (AR) 1:30 Book Club (MR) 3:00 Flower Arranging (AR) 6:30 Therapy Dog - Ruben! (MR) 	13 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Walking Group (L) 2:30 Happy Hour: Alisha Aufai! (DR) 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	14 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Schack Art Center Outing (L) 3:30 Arts & Crafts: Oil Pastels (AR) 6:00 Movie & Popcorn (MR)
Red Carpet Day 15 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Penny Bingo! (AR) 4:00 Academy Awards (MR) 	16 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Table Games (AR) 3:30 Penny Bingo! (MR) 6:00 Movie & Popcorn (MR)	Wear Green! 17 9:00 NYC St. Patrick's Day Parade (MR) 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Truth or Blarney (MR) 1:30 Tales of the Irish (MR) 2:30 Table Games (AR) 6:00 Movie & Popcorn (MR) St. Patrick's Day	18 9:30 Coffee & Current Events (B) 10:15 Grocery Shopping: Winco \$\$ (L) 1:30 Group Games (MR) 2:30 Happy Hour: Joe Carolus (DR) 3:45 Town Hall w/Smitty (DR) 6:00 Movie & Popcorn (MR) 	19 9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 Who am I? (MR) 11:00 Birthday Lunch 1:15 Smitty Social (AR) 2:30 Hand Massages & Manicures (AR) 6:30 Therapy Dog - Ruben! (MR) 	Spring Begins! 20 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Walking Group (L) 2:30 Birthday Social: Cabaret! (DR) 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 	21 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Table Games (AR) 3:00 Friends & Family Penguin Party (MR)
22 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR)	23 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Table Games (AR) 3:30 Penny Bingo! (MR) 6:00 Movie & Popcorn (MR) Happy Birthday Paul !	24 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Catholic Communion (TVL) 1:30 Resident Led Bible Fellowship (TVL) 1:30 Table Games (AR) 3:30 Group Games (MR) 6:30 Therapy Dog - Ruben (MR)	25 9:30 Coffee & Current Events (B) 10:15 Grocery Shopping: Safeway \$\$ (L) 1:30 Walking Group (L) 2:30 Happy Hour: Bryan Knight (DR) 3:30 Word Puzzles (B) 6:00 Movie & Popcorn (MR)	26 9:30 Current Events w/Mike Gold (B) 10:15 Exercise & Smoothies (MR) 11:00 What am I? (MR) 1:30 Book Club (MR) 3:00 Flower Arranging (AR) 6:30 Therapy Dog - Ruben! (MR) 7:10 Mariners vs Guardians (MR) 	27 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Walking Group (L) 2:30 Happy Hour: TBD (DR) 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	28 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Lunch Outing: China City \$\$ (L) 2:30 Arts & Crafts: Watercolors (AR) 6:40 Mariners vs Guardians (MR) 
29 9:00 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15pm Washington Wind Symphony "Footprints of the Masters" (L) 6:00 Evening Movie	30 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Table Games (AR) 3:30 Penny Bingo! (MR) 6:40 Mariners vs Yankees (MR) 	31 9:30 Coffee & Current Events (B) 10:15 Exercise & Smoothies (MR) 11:00 Trivia! (MR) 1:15 Catholic Communion (TVL) 1:30 Resident Led Bible Fellowship (TVL) 1:30 Table Games (AR) 3:30 Group Games (MR) 6:30 Therapy Dog - Ruben (MR) Happy Birthday Pat M!	<h1>MARCH 2026</h1>			

All programming is subject to change. Please check daily schedule for most accurate information. **Items in bold - please RSVP at front desk.**
 AR = Activities Room, B = Bistro, DR = Dining Room, MR = Media Room, TVL = TV Lounge, L = Lobby \$\$ = Bring Money