

March 2026 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>9:30 🌟 Morning TV News [ActRm] 1</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 🔍 Buzzing Brain - Dr. Seuss History [ActRm]</p> <p>11:00 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:30 🌟 Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>3:00 🏀 Portland Trail Blazers @ Hawks [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Dr. Seuss' Birthday</p> <p>Matt Off 2</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>11:00 🍪 Girl Scout Cookie Booth 11AM - 1PM [1FP]</p> <p>11:00 🌟 Monday affirmations with Josh</p> <p>1:00 🐾 Pet therapy with Judd & Bowen [ActRm]</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 3</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>2:30 🚌 Bus on Appointment</p> <p>3:00 🎮 Bingo [DR]</p> <p>3:00 🎤 Food Forum with Ruddy [DR]</p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 4</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Pearson Air Museum [B]</p> <p>10:30 🔍 Buzzing Brian - History of the Leprechaun</p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>5:00 🏀 Portland Trail Blazers @ Grizzlies [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 5</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>1:00 🚌 Shopping Outing - Bimart [SUS]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Denim Day for Dementia</p> <p>National Oreo Cookie Day 6</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Hollywood Library [B]</p> <p>11:00 ☕ Oreo Cookie Tasting & Current Events Social [DR]</p> <p>2:00 🎯 Room to Room check ins [RtR]</p> <p>4:00 🎮 Happy Hour [DR]</p> <p>5:00 🏀 Portland Trail Blazers @ Rockets [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] 7</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>2:00 🎬 Afternoon Movie The Barbie Movie [4LR]</p> <p>2:30 🎮 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>		
<p>Daylight Saving Time Begins 8</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:30 🌟 Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:00 🏀 Portland Trail Blazers VS. Pacers [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Matt Off 9</p> <p>National Barbie Day - Wear Pink</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>11:00 🌟 Monday affirmations with Josh</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 10</p> <p>10:00 🚌 Bus on Appointment</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>2:00 🍳 Cooking with Chef [DH]</p> <p>3:00 🎮 Bingo [DR]</p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p> <p>7:00 🏀 Portland Trail Blazers VS. Hornets [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 11</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>2:00 🚌 Bus on Appointment</p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:00 🗣️ Activity Calendar Brainstorming Day [ActRm]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Kate C. Birthday 12</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:00 🚌 Bus on Appointment</p> <p>2:45 🎮 Bingo [DR]</p> <p>4:00 🗳️ Resident Council Meeting [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 13</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 🚌 Shopping Outing - Fred Meyers [SUS]</p> <p>11:00 ☕ Current Events Social [DR]</p> <p>1:20 🚌 Bus on Appointment</p> <p>2:00 🎯 Room to Room check ins [RtR]</p> <p>4:00 🎮 St. Patty's Day Happy Hour [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p> <p>7:00 🏀 Portland Trail Blazers VS. Jazz [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] 14</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>12:00 🎵 Elena with Cello [DR]</p> <p>2:00 🎬 Afternoon Movie - Sense and Sensibility [4LR]</p> <p>2:30 🎮 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>		
<p>9:30 🌟 Morning TV News [ActRm] 15</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:30 🌟 Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>3:00 🏀 Portland Trail Blazers @ 76ers [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Matt Off 16</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 🎭 High School Band Performance</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>11:00 🌟 Monday affirmations with Josh</p> <p>1:00 🐾 Pet therapy with Judd & Bowen [ActRm]</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>4:30 🏀 Portland Trail Blazers @ Nets [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>St. Patrick's Day 17</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Scenic Drive [SU]</p> <p>12:00 🎵 Live Music with Phil Hall, Accordionist [DR]</p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Ramadan Ends 18</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:45 🚌 Bus on Appointment</p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>4:30 🏀 Portland Trail Blazers @ Pacers [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 19</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>11:30 🔍 Buzzing Brian - History of Mr. Rodgers [ActRm]</p> <p>1:00 🚌 Shopping Outing - Goodwill [SUS]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Mr. Rogers' Birthday 20</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Oregon Park Walk [SU]</p> <p>11:00 ☕ Current Events Social [DR]</p> <p>1:20 🚌 Bus on Appointment</p> <p>2:00 🎯 Room to Room check ins [RtR]</p> <p>4:00 🎮 Spring Equinox Happy Hour [DR]</p> <p>4:15 🎵 Live Music We Remember [DR]</p> <p>5:00 🏀 Portland Trail Blazers @ Timberwolves [1FP]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] 21</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>2:00 🎬 Afternoon Movie - A Beautiful Day in the Neighborhood [4LR]</p> <p>2:30 🎮 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>		
<p>9:30 🌟 Morning TV News [ActRm] 22</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:00 🏀 Portland Trail Blazers @ Nuggets [1FP]</p> <p>2:30 🌟 Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Carol B. Birthday 23</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Scenic Drive [SU]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>11:00 🌟 Monday affirmations with Josh</p> <p>1:20 🚌 Bus on Appointment</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p> <p>7:00 🏀 Portland Trail Blazers VS. Nets [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 24</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Scenic Drive [SU]</p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 25</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Lone Fir Cemetery Walk [SU]</p> <p>2:00 🎯 Hallway Bowling [LIB]</p> <p>3:30 🔍 Peter's Music History Hour [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p> <p>7:00 🏀 Portland Trail Blazers VS. Bucks [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 26</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [DR]</p> <p>1:00 🚌 Shopping Outing - Craft Warehouse [SUS]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>5:30 🗳️ Family Council Meeting [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>Matt Off 27</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 ☕ Current Events Social [DR]</p> <p>2:00 🎯 Room to Room check ins [RtR]</p> <p>4:00 🎮 Happy Hour [DR]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p> <p>7:00 🏀 Portland Trail Blazers VS. Mavericks [1FP]</p>	<p>9:15 🌱 Watering All the Plants [Outdoors] 28</p> <p>9:30 🌟 Morning TV News [ActRm]</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 🎨 Sip and Paint [ActRm]</p> <p>2:00 🎬 Afternoon Movie - Much Ado About Nothing [4LR]</p> <p>2:30 🎮 Card/Board Games [GAME]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>		
<p>9:30 🌟 Morning TV News [ActRm] 29</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>11:00 ☕ Coffee & Tea Social hour [DR]</p> <p>1:30 🎵 Sing-a-longs [ActRm]</p> <p>2:30 🌟 Church Service [ActRm]</p> <p>3:00 🎮 Bingo [DR]</p> <p>3:00 🏀 Portland Trail Blazers VS. Wizards</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 30</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Scenic Drive [SU]</p> <p>10:30 ❤️ Neighborhood Walk [Dependent on Weather] [L]</p> <p>11:00 🌟 Monday affirmations with Josh</p> <p>1:00 🐾 Pet therapy with Judd & Bowen [ActRm]</p> <p>2:15 🎵 Music of your Choice [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p>	<p>9:30 🌟 Morning TV News [ActRm] 31</p> <p>10:00 ↔ Morning Seated Stretching [ActRm]</p> <p>10:00 🚌 Outing - Scenic Drive [SU]</p> <p>12:30 🎵 Song Memories Live Music with Noel and Dana [DR]</p> <p>1:20 🚌 Bus on Appointment</p> <p>3:00 🎵 Sing along with the Caregivers [ActRm]</p> <p>6:30 🎬 After Dinner Movie - Residents choice [1FP]</p> <p>8:00 🏀 Portland Trail Blazers @ Clippers [1FP]</p>	<p>HAWTHORNE GARDENS Senior Living Community</p> <p>Resident Birthdays</p> <p>Beverly T. 3/1 Win H. 3/4 Kate C. 3/12 Carol B. 3/23 Richard E. 3/29</p>					<p>SPRING IS IN THE AIR</p> 