

March 2023

Activities are subject to change. Any Activity with an * (asterisk) requires sign up

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:15 SAIL Exercise 10:30 Bingo 1:00 Outing: Blue Steele Coffee Company* 3:30 Cranium Crunches	2 9:00 Happy Nails* 1:15 SAIL Exercise 2:30 Rummikub	3 9:15 SAIL Exercise 11:00 Prayer and Praise with Patty 1:00 Fiddle Music with Holland Mueller 2:15 Bingo 6:00 Movie and Popcorn Happy Birthday Cele Anderson	4 9:30 Exercise 1:00 Electric Guitar with Enzo Piazza 2:00 St. Patrick's Day Craft—Activity Room
5 10:00 Coffee Social, Current Events, Trivia 1:00 Church at King's Manor 2:00 High Tea- "Tales of Ireland"	6 National Oreo Cookie Day 9:00 Catholic Communion 10:00 Safeway* 1:00 Naomi Morgan Entertainment Sings 2:30 SAIL Exercise 3:30 Oreo Tasting Happy Birthday Anna Louise Palfenier	7 9:00 Catholic Mass 10:30 Devotional 1:15 SAIL Exercise 2:30 Bible Study with Marie	8 9:15 SAIL Exercise 10:30 Bingo 1:00 Book Club Meeting—Library 2:30 Arts and Crafts: Easter Craft*	9 9:00 Happy Nails* 1:15 SAIL Exercise 2:30 Ceramics with Rose*	10 9:15 SAIL Exercise 10:15 Library Pick-Up/Drop-Off 10:30 Bingo 1:00 Piano Music with Ben Brown 2:30 Card Making with Geraldine* 6:00 Movie and Popcorn	11 9:30 Exercise 1:00 An "Irish Craft" 2:30 "Riverdance" The Show
12 Daylight Saving Time Begins 10:00 Coffee Social 1:00 Fiddle Music with Holland Mueller 2:15 St. Patrick's Day Social Happy Birthday Missy Gumataotao	13 9:00 Catholic Communion 9:30 Fred Meyer* 1:00 Electric Guitar with Enzo Piazza 2:30 SAIL Exercise	14 Potato Chip Day 9:15 Devotional 10:30 SAIL Exercise 1:00 Potato Chip Tasting 2:30 Bible Study with Marie	15 9:15 SAIL Exercise 10:30 Harry and Meghan Part 3: The Duke and Duchess of Sussex Documentary 11:30 Lunch Outing— Poodle Dog Restaurant* 3:30 Heads Up!	16 9:00 Happy Nails* 1:15 SAIL Exercise 3:00 Baking: Italian Wedding Cookies	17 St. Patrick's Day 9:15 SAIL Exercise 10:30 Bingo 1:00 Guitar and Banjo Music with Hank Blumenthal 2:30 St. Patrick's Day Social 6:00 Movie and Popcorn	18 9:30 Exercise 1:00 Piano Music with Ben Brown 2:30 Luck of the Irish—Ice Cream Dessert
19 10:00 Coffee Social, Current Events, Trivia 1:00 Church at King's Manor 2:00 Accordion Music with Lyle Schaefer Happy Birthday Brent Acord	20 Spring Equinox 9:00 Catholic Communion 10:00 Dollar Tree* 1:00 Piano Music with Carson Lilley 2:30 SAIL Exercise	21 9:15 Devotional 10:45 Wheel of Fortune 1:15 SAIL Exercise 2:30 Bible Study with Marie	22 9:15 SAIL Exercise 10:30 Bingo 1:00 Outing: Grannie's Attic* 3:30 Cereals of the '60s Happy Birthday Shelley Axling	23 9:00 Happy Nails* 12:00 Take Out Thursday—Giorgio's Greek Cafe* 1:30 SAIL Exercise 3:00 Armchair Travel: Spain	24 9:15 SAIL Exercise 10:30 Bingo 1:00 Piano and Guitar Music with Cameron Keller 2:15 Rummikub 6:00 Movie and Popcorn	25 9:30 Exercise 1:00-3:00 Sheri's Foreign Exchange Students Visit at King's Manor
26 10:00 Church and Coffee Social 1:00 Pub Trivia 2:30 Familia Christian Band Performs	27 9:00 Catholic Communion 10:00 Big Lots* 1:00 Arthur Keast's Variety Show with 1930-1960's Oldies, Opera and Violin 2:30 SAIL Exercise	28 9:15 Devotional 10:30 Legacy Sharing 1:15 SAIL Exercise 2:30 Jeopardy	29 Coca-Cola Day 9:15 SAIL Exercise 10:30 Bingo 1:00 Coca-Cola Discussion and Tasting 3:00 Buzzwords	30 9:00 Happy Nails* 1:15 SAIL Exercise 2:30 Lifelong Learning: The History of the Postal Service	31 9:15 SAIL Exercise 10:30 Bingo 1:00 Violin Music with John Bartley 2:30 Arts and Crafts: Spring Craft with Rose* 6:00 Movie and Popcorn	