

# March 2023



SUN MON TUE WED TH FRI SAT

SUN	MON	TUE	WED	TH	FRI	SAT
Happy	St. Patrick's	Day	1 8a News Read H3 10a Sit&beFit H3 11a Sensory Painting H2 2p Music Therapy H1 3p: Puzzles H2 4pWhite Board Games H3 5p Dinner and a Movie H1	2 8a Morning Greet All 10 Coffee & Chat All 11a Jenga H3 2p Sit&beFit H2 330-415p bible study ALL	3 8a Morning walk about H1 Hair Salon Open 2p Bingo H2 3p Anton All 6p Western Movie Night H3	4 8a Morning walk about H2 10a Sit&beFit H1 2p Simon SaysH3 4p Balloon Volleyball H1 5p Dinner & a Show(Netflix)H2
5 10a Sunday Morning Stretches All 5p Dinner & a Show (Netflix) H1	6 10a Coffee & Chat ALL 3p Game of Choice H3 5p Dinner & a Show-(Netflix) H2	7 8a 1on1 with residents H3 10a St. Patty's Day Craft H2 11a St. Patty's craft H3 2p St. Pattys Crafts H3 3p Chef Demo St. Patrick's Day treats ALL 5p Trivia Tuesday H1	8 8a morning meet and greet All. 10a Coffee & Chat All 2p Paint&Sip H3 3p Sit and be Fit H1 4p Simon Says H2	9 8a Morning Chat All 10a Puzzles H1 11a Nails All 2p Balloon Volleyball H3 330 Bible Study All 430p Thursday Dancing H3	10 8a Morning Walk H3 Hair Salon Open 10a JJ Dion All 2p Uno H1 3p Puzzles All 4p Happy Hour All	11 8a Morning News ALL 10a Sit&beFit H3. 2p Sit & be Fit H2 3pBalloon Volleyball H2 4p St. Pattys Craft H1 5p Dinner & a Show-(Netflix)H3
12 10a Sunday Morning Stretches All 3p afternoon movie and snacks H3 5p Dinner & a Show-(Netflix) H2	13 10a Music Therapy H3 2p Conversation Dice H3 5p Dinner & a Show-(Netflix)H1	14 8a morning read. 10a Trivia Tuesday H3 11a Stretches H1 2p Sit and Be Fit H3 3p St. Patty's Crafts H2	15 8a Morning coffee and chat H3 10a Music Therapy H2 2p Memory H3 3p Anton All 5p Jamming with Dinner H1	16 8a morning music H2 10a Coffee & Chat H3 11a Bowling H2 2p Bingo H3 330p bible study All 4p Hot Cocoa Social All	17 Happy St. Patrick's Day 8a Prep for lunch Hair Salon Open 12p Family Lunch ALL 2p Meditation All 3pColoring H2 4p evening Stretches H3	18 8a Morning News All 10a Music Therapy H2 2p Walmart Trip All 3p Coloring H1 4pConversation Dice H2 5p Dinner & a Show-(Netflix)H3
a19 10a Sunday Morning Stretches All 5p Dinner & a Show(Netflix) H2	20 10a Coffee & Chat All 2p Puzzles H2 5p Dinner & a Show(Netflix)H1	21 8a Morning chat All 10a Nails All 11a Preparing for Spring All 2pPouring Hot Cocoa H1 3p Chef Chat & Resident council with Refreshments All 4p Trivia Tuesday All	22 8a Morning sit and be fit H2 10aSensory Painting 12:45 JJ Dion All 2p Balloon Volleyball H1 3pBingo H3 6p Western Movie Night H2	23 8a Morning 1on1 chat H3 10aMeditation H1 11a Sit and Be fit H1 2p Coloring H2 330p Bible Study All	24 8a Morning Stretches H3 Hair Salon Open 2p Sit&beFit H2 3p Nails All 4p Giant JengaH3	25 8a Morning Chat H1 10a Sit&beFit H1 2p Simon Says H2 3p Library Trip All 5p Dinner& a Show-(Netflix)H3
26 10a Sunday Morning Stretches ALL 5p Dinner & a Show(Netflix) H1	27 8a Breakfast and morning news ALL 10a Nails ALL 5p Dinner & a Show-(Netflix)H2	28 8a Morning Chat 1on1 with a resident H2 10a Music Therapy H1 11a Sit & Be Fit H3 2p Paint&Sip H3 3p Trivia Tuesday H1 4p Movie night with Snacks H2	29 8a Morning walk about H1 10a Morning Stretches H2 11am 1on1 w/ residents 1p Afternoon walk H3 2pm Yahtzee H1 3p Afternoon Music H2 4p evening show All	30 8a Morning Chat H3 10aMeditation H2 11a Cards H3 2p Coloring H1 330p Bible study All	31 8a Morning chat H2 10a Meditation H1 11a morning walk about H3 2p Jenga H1 3p Art Craft of choice H2 4p Music Time All	<u>March Birthdays</u> Germaine 3/6 Peter 3/10 Bev 3/18 Dominic 3/21 Trips and outdoor activities are weather Dependent and can be canceled at any time