

SEPTEMBER 2023

CELEBRATING
NATIONAL ASSISTED
LIVING WEEK



SUNDAY



MONDAY

BUS OUTINGS TWICE A WEEK
EVERY
TUESDAY AND THURSDAY!
**DRESS UP FOR NATIONAL
ASSISTED LIVING WEEK
REFLECTION DAYS!**

TUESDAY



WEDNESDAY

**GUEST SPEAKER KENT MORGAN
FEATURING
"JOHNNY APPLESEED"**

**SEPTEMBER BIRTHDAYS
BETSY, BOB, CAROL, & DONNA**

THURSDAY



FRIDAY

1
10:00 Balloon Shenanigans
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Arts & Crafts
2:30 Lemonade Social
3:30 Outdoor Activities

SATURDAY

2
10:00 Parachute Party
10:30 Stretches & Hydration
11:15 Poetry Reading
1:30 Bracelet Making
3:00 Movie Matinee

3 Happy Birthday Betsy!
10:00 Sunday Morning Hymns
10:30 Bible Trivia
11:15 Church Service Live Stream
1:30 Sing Along w/ Brad
2:30 B-I-N-G-O!

4
10:00 Balloon Bonanza
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Afternoon Stretches
2:30 Sing Along w/ Brad
3:30 B-I-N-G-O!

5
10:00 Balloon Toss
10:30 Exercise & Hydration
11:15 **Resident Council**
2:00 Jeopardy w/ Horizon Network
3:00 Out for Treats
4:00 Bucket Ball

6
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Folk Songs & Sing Alongs
2:30 **Ice Cream Social**
3:30 B-I-N-G-O!

7
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
2:00 **Bus Outing to Horse Arena**
3:00 Putt Putt Golf
3:30 Sing Along w/ Brad

8 Happy Birthday Bob!
10:00 Balloon Shenanigans
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Arts & Crafts
1:30 Italian Soda Social
3:30 B-I-N-G-O!

9
10:00 Walking Warm Up
10:30 Stretches & Hydration
11:15 Poetry Reading
1:30 Arts & Crafts
3:00 Movie Matinee

**10 National Assisted Living Week
Grandparents Day!**
10:00 Sunday Morning Hymns
10:30 **Words of Wisdom**
11:15 Church Service Live Stream
1:30 Sing Along w/ Brad
2:30 B-I-N-G-O!

**11 National Assisted Living Week
Spring Reflection**
10:00 Balloon Bonanza
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 **Pumpkin Planting**
2:30 Sing Along w/ Brad
3:30 B-I-N-G-O!

**12 National Assisted Living Week
Winter Reflection**
10:00 **Blanket Making**
10:30 Exercise & Hydration
11:15 Sing Along
2:00 Jeopardy w/ Horizon Network
3:00 Out for Treats
4:00 Bean Bag Toss

**13 National Assisted Living Week
Summer Reflection**
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Folk Songs & Sing Alongs
2:00 **Summer Sunset Party**
3:30 B-I-N-G-O!

**14 National Assisted Living Week
Fall Reflection**
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
2:00 Scenic Bus Outing
3:30 **Happy Hour, Treats & Live Music**

**15 National Assisted Living Week
Decades Reflection
Happy Birthday Carol B!**
10:00 Balloon Shenanigans
10:30 Stretches & Hydration
11:00 **Decades Reminiscing**
1:30 Arts & Crafts
2:30 **Lemonade Social & Reflections**
3:30 Games & Trivia

**16 National Assisted Living Week
Staff Appreciation**
10:00 Parachute Party
10:30 Stretches & Hydration
11:15 Poetry Reading
1:30 **Appreciation Bags**
3:00 Movie Matinee

17
10:00 Sunday Morning Hymns
10:30 Bible Trivia
11:15 Church Service Live Stream
1:30 Sing Along w/ Brad
2:30 B-I-N-G-O!

18
10:00 Balloon Bonanza
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Afternoon Stretches
2:30 Sing Along w/ Brad
3:30 B-I-N-G-O!

19 Butterscotch Pudding Day
10:00 Balloon Toss
10:30 Exercise & Hydration
11:15 Sing Aong
2:00 Jeopardy w/ Horizon Network
3:00 Out for Treats
4:00 Bucket Ball

20
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Folk Songs & Sing Alongs
2:30 **Birthday Party Social**
3:30 B-I-N-G-O!

21
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
2:00 **Guest Speaker : Kent Morgan
"Johnny Appleseed"**
3:00 Scenic Bus Outing
4:00 Putt Putt Golf

22
10:00 Balloon Shenanigans
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Arts & Crafts
1:30 Italian Soda Social
3:30 B-I-N-G-O!

23 First Day of Fall!
10:00 Walking Warm Up
10:30 Stretches & Hydration
11:15 Poetry Reading
1:30 Arts & Crafts
3:00 Movie Matinee

24
10:00 Sunday Morning Hymns
10:30 Bible Trivia
11:15 Church Service Live Stream
1:30 Sing Along w/ Brad
2:30 B-I-N-G-O!

25
10:00 Balloon Bonanza
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Afternoon Stretches
2:30 Sing Along w/ Brad
3:30 B-I-N-G-O!

26 Happy Birthday Donna!
10:00 Balloon Toss
10:30 Exercise & Hydration
11:15 Sing Along
2:00 Jeopardy w/ Horizon Network
3:00 Out for Treats
4:00 Bean Bag Toss

27
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Folk Songs & Sing Alongs
2:30 **Afternoon Tea Hour**
3:30 B-I-N-G-O!

28
10:00 Walking Club
10:30 Exercise & Hydration
11:15 The Daily Chronicle
2:00 Scenic Bus Outing
3:00 Bean Bag Toss
3:30 **Happy Hour w/ Live Music**

29
10:00 Balloon Shenanigans
10:30 Exercise & Hydration
11:15 The Daily Chronicle
1:30 Arts & Crafts
2:30 Lemonade Social
3:30 Games & Trivia

30
10:00 Parachute Party
10:30 Stretches & Hydration
11:15 Poetry Reading
1:30 Bean Bag Toss
3:00 Movie Matinee