

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Happy National Assisted Living Week! Sept. 10th-16th Spirt Week Celebration!

<p>9:30 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 11:00 Little Sequoia Store 1 :30 Let's Stretch 2:00 Fall Ornaments 3:00 Grace Church 3:15 Clay Jewelry Dish 5:30 Music in the Bistro</p>	<p>8:45 Shopping Trip 9:30 Water Courtyard Plants 10:00 Exercise 10:45 Monday Manicures 1:00 Learning About Labor Day 1:30 Scenic Drive 2:00 BINGO! 3:15 "What's My Job" Trivia 5:30 Music in the Bistro <small>Labor Day</small></p>	<p>8:45 Water Courtyard Plants 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:00-2:30 Trip to the Library 3:00 Western Music: Joe Lawn 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:30 Little Sequoia Store 2:00 BINGO! 5:30 Music in the Bistro 6:00 Fireside reading w/ Lark</p>	<p>8:45 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 1:30 Bean Bag toss in the Courtyard 2:30 Cooking Club: Pigs in a Blanket 3:15 Pet Visit with Sitka 5:30 Music in the Bistro</p>	<p>8:45 Water Courtyard Plants 10:00 Chair Yoga with Deniece 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour: Daiquiris with refreshments</p>	<p>10:00 Coffee & News 1:15 Movie Matinee: Pony Express Rider 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Watercolor painting (Game Room) Open Games (Activity Room) Brain Buster (Front Desk)</p>
<p>Sports day! 9:30 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 11:00 Little Sequoia Store 1 :30 Let's Stretch 2:00 History of Grandparents Day 3:00 Grace Church 3:15 Reminisce with Shirley 5:30 Music in the Bistro <small>Grandparents Day</small></p>	<p>Crazy Hat Day 8:45 Shopping Trip 9:30 Water Courtyard Plants 10:00 Exercise 10:45 Monday Manicures 1:30 Scenic Drive 2:00 BINGO! 3:15 Flower Arranging 5:30 Music in the Bistro</p>	<p>Grandparents' celebration day 8:45 Water Courtyard Plants 10:00 Pianist: Dominique Duncan 11:00 Personal Visits 4:30- 6pm Grandparents Day Family Night</p>	<p>Hawaiian or Tourist Day 10:00 Catholic Services (Library) 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:00 BINGO! 3:45 Little Sequoia Store 5:30 Music in the Bistro 6:00 Fireside reading w/ Lark</p>	<p>Animal Day 8:45 Water Courtyard Plants 9:30 Movie Matinee: <i>Paradise Canyon Ft. John Wayne</i> 10:00- 3pm Trip to Wolf Haven 3:30 Trivia 5:30 Music in the Bistro</p>	<p>Pajama or Crazy Sock Day 8:45 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour: Pina Colodas with refreshments <small>Rosh Hashanah Begins</small></p>	<p>10:00 Coffee & News 1:00 Show and Tell: Best of the Northwest 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Watercolor painting (Game Room) Open Games (Activity Room) Brain Buster (Front Desk) <small>Oktoberfest Begins</small></p>
<p>9:30 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 11:00 Little Sequoia Store 1 :30 Let's Stretch 2:00 Yahtzee 3:00 Grace Church 3:15 Clay Bead Making 5:30 Music in the Bistro</p>	<p>8:45 Shopping Trip 9:30 Water Courtyard Plants 10:00 Exercise 10:45 Monday Manicures 1:30 Chef Chat with Rich 1:30 Scenic Drive 2:00 BINGO! 3:15 Beading with Shirley 5:30 Music in the Bistro</p>	<p>8:45 Water Courtyard Plan 10:45 Movie Matinee: <i>Texas Terror Ft. John Wayne</i> 11-2:00 Picnic Lunch in the Park 3:30 Before Dinner Leisurely walk outside with Brianna! 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:00 BINGO! 3:45 Little Sequoia Store 5:30 Music in the Bistro 6:00 Fireside reading w/ Lark</p>	<p>8:45 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 1:30 Ladder ball in the Courtyard 2:00 Cooking Club: Cookies 3:15 Pet Visit with Sitka 5:30 Music in the Bistro</p>	<p>8:45 Water Courtyard Plants 10:00 Chair Yoga with Deniece 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour: Margaritas with refreshments</p>	<p>10:00 Coffee & News 1:15 Movie Matinee: <i>Adventure Island ft. Rory Calhoun</i> 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Watercolor painting (Game Room) Open Games (Activity Room) Brain Buster (Front Desk) <small>Autumn Begins</small></p>
<p>9:30 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 11:00 Little Sequoia Store 1 :30 Let's Stretch 2:00 Left, Right, Center 3:00 Grace Church 3:15 Create a Lap Blanket 5:30 Music in the Bistro <small>Yom Kippur Begins</small></p>	<p>8:45 Shopping Trip 9:30 Water Courtyard Plants 10:00 Exercise 10:45 Monday Manicures 1:00 Trivia 1:30 Scenic Drive 2:00 BINGO! 3:15 Finish Tie Lap Blankets 5:30 Music in the Bistro</p>	<p>8:45 Water Courtyard Plant 10:00 Exercise 10:30 Coffee and News 11:00 Personal Visits 1:00-3:00 Trip to the Library 3:30 Before Dinner Leisurely walk outside with Brianna! 5:30 Music in the Bistro</p>	<p>10:00 Catholic Services (Library) 10:00 Exercise 10:30 Coffee and News 11:00 Little Sequoia Store 1:00 BINGO! 5:30 Music in the Bistro 6:00 Fireside reading w/ Lark</p>	<p>8:45 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 1:30 Safety Talk with Brad 2:00 Cooking Club: Rice Crispy treats 3:15 Pet Visit with Sitka 5:30 Music in the Bistro</p>	<p>8:45 Water Courtyard Plants 10:00 Exercise 10:30 Coffee & News 1:00 Bible Study with Stephen 2:00 BINGO! 3:15 Happy Hour: White Russians with refreshments <small>Sukkot Begins</small></p>	<p>10:00 Coffee & News 1:15 Movie Matinee: <i>The Little Princess Ft. Shirley Temple</i> 3:00 Pokeno with Holly & Heather <u>All Day/Resident Led</u> Watercolor painting (Game Room) Open Games (Activity Room) Brain Buster (Front Desk)</p>